Management of premenstrual disorders: ACOG clinical practice guideline no. 7.

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American College of Obstetricians and Gynecologists (ACOG)

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Overview

Guideline Objective

To provide recommendations for the management of premenstrual syndrome and premenstrual dysphoric disorder, collectively referred to as premenstrual disorders, based on assessment of the evidence regarding the safety and efficacy of available treatment options

Patient Population

Reproductive-aged adults and adolescents with premenstrual symptoms

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Guidance on treatment approaches, including pharmacologic agents (hormonal and nonhormonal), psychological counseling, complementary and alternative treatments, exercise and nutritional therapies, patient education and self-help strategies, and surgical management

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Appendix A: Search Strategy.
- Appendix B: PRISMA Diagram.
- Appendix C: Evidence Tables.
- Clinical Practice Guideline Methodology; 2021 Sep.

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

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