

European guidelines on peri-operative venous thromboembolism prophylaxis: first update. Chapter 3: day surgery and fast-track surgery.

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Jørgensen CC, Llau J, Jenny JY, Albaladejo P. European guidelines on peri-operative venous thromboembolism prophylaxis: first update. Chapter 3: day surgery and fast-track surgery. Eur J Anaesthesiol. 2024 Aug 1;41(8):577-581. [15 references] [PubMed](#)

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Overview

Guideline Objective

To provide recommendations on the prevention of venous thromboembolism (VTE) during day surgery or fast-track surgery

Patient Population

Patients undergoing day surgery or fast-track surgery

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Assessment of VTE risk
- Considerations for use of general measures of thromboprophylaxis (e.g., early mobilisation, optimal hydration) versus mechanical or pharmacological measures, based on patient risk
- Guidance on initiation and duration of pharmacological prophylaxis, including aspirin and low-molecular-weight heparin (LMWH)

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- [Appendix](#).
- [Introductory Chapter](#); 2024 Aug.
 - [Appendix 1. Methodology](#).
 - [Appendix 2. Affiliations of the Chairs of Each Section](#).
- [Editorial: Progress in the Prevention of Hospital-acquired Venous Thromboembolism](#); 2024 Aug.

- [Requirements for Development of ESAIC Guidelines](#); 2022 Sep.

Implementation Tools

- [Executive Summary](#); 2024 Aug.
- The [Original Guideline](#) includes the following:
 - Graphical Abstract (p. 581)

Patient Education

No patient education materials available.

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