



# ACTS OF KINDNESS BUCKET LIST



- Visit a restaurant and pay for another table's meal. (You could also call a restaurant and pay for someone's to-go order.)
- Choose a family to babysit their kids for free.
- Send 3 text messages to friends you haven't heard from in awhile. Share an encouraging note, Bible verse, or prayer with them.
- Create homemade cards to give to the residents at a local nursing home.
- Bake cookies for a neighbor (or multiple neighbors!) and include a note of encouragement.
- Buy a dozen or two of flowers, then tie a note of thanks or Bible verse around each stem. Pick a local hospital or doctor's office to drop the flowers off as an encouragement to the nurses.
- Find a widow to serve at their home doing yardwork or outside chores (like washing their car).
- Tape a \$5 or \$10 bill on the gas tank for the next person that comes through.
- Grab a sticky note pad and leave encouraging notes on places like your classmates' lockers or on your siblings door or your parents' bathroom mirror throughout the day.
- Collect letters of appreciation from church members to give to a pastor or ministry leader.
- Share a video of kindness on social media about something that you've seen a friend do. Tag that friend and encourage them to "pass the kindness" to someone else by posting a story of kindness they've personally witnessed.
- Pay for the person in front of you at the drive-thru.
- Write a letter to your parents or grandparents sharing your favorite qualities about them.
- Buy a gift card to give to a random stranger at the grocery store.
- Volunteer to serve in the kids ministry at church twice this month. This could be on Sunday mornings or helping behind the scenes if your church is still meeting online-only.

## ADD YOUR OWN:

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When you've completed your bucket list, take a photo of it and share with us at [girls.ministry@lifeway.com](mailto:girls.ministry@lifeway.com) or tag us on Instagram @lifewaygirls.