



Securian Canada and Teladoc Health Canada work together to offer a mental health disability program aimed at helping Canadians return to wellness and work

TORONTO, ON – September 10, 2024 – [Teladoc Health Canada](#), part of Teladoc Health, Inc., the global leader in whole-person virtual care, is very pleased to announce it has entered into an agreement and valued partnership collaboration with Securian Canada – a leading provider of innovative, life-ready insurance solutions. Through their work together, members who are on disability leave may be eligible for comprehensive mental health services through Teladoc’s Mental Health Disability Management program (MHDM), which helps individuals return to health and work.

Securian Canada’s members who have made mental health disability claims and participate in the MHDM program will have access to independent assessments and therapy sessions to support their individual needs to augment their current care plan. With support from Teladoc Health’s team and, in collaboration with Securian Canada’s rehabilitation services support team, MHDM enables members to receive the mental health support they may need to achieve health recovery and prepare for their return to work.

“Offering clients our MHDM program shows the commitment that Securian Canada has to its customers’ mental health needs,” said Joanne Wiens, AVP, Client Success and Growth, Teladoc Health Canada. “This is a great new partnership alliance because, at Teladoc Health, we have a deep commitment to supporting Canadians’ mental health needs, as evidenced by our comprehensive offering of mental health programs, including our disability management program.”

“We know that when individuals are on disability leave, there is true value in providing robust mental health support to strengthen their overall well-being and health,” said Sharla Postic, Chief Administrative Officer, Securian Canada. “We always aim to create solutions that are accessible to everyone through life’s most difficult moments, and we will continue to show up to support our members in meaningful ways.”

About Teladoc Health Canada, Inc.

Teladoc Health Canada, Inc. (“**Teladoc Health Canada**”) is a Canadian company and an affiliate of Teladoc Health, Inc. (“**Teladoc Health**”) (NYSE: TDOC). Teladoc Health is the global leader in virtual care providing services in over 190 countries in the world.

Headquartered in Toronto, Teladoc Health Canada has over 20 years of experience in Canada, is integrated into healthcare systems coast to coast, and enables virtual care



services to millions of Canadians with a unique combination of technology and clinical capacity through its virtual care platforms.

About Securian Canada

We're here for all Canadians and their families — however they define family. Our practical, life-ready insurance and protection solutions are designed to help provide financial security, so that Canadians can spend more time making every moment count.

For over 65 years, we've been giving Canadians the confidence to face life's uncertainties. Today, Securian Canada brings together strong local roots and expertise, a North American footprint, and a global perspective — all while innovating at the speed the markets we serve expect.

Together with our U.S. parent company — Securian Financial — we offer insurance solutions and build them with genuine care, providing specialized experiences to those we serve.

For more information, please visit securiancanada.ca.

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