

ITALIAN SAUSAGE STIR-FRY



Serves:
4



Prep and CookTime:
10-15 mins



INGREDIENTS

500 g pkg MarcAngelo Sausages	1
500 g pkg frozen stir-fry style mixed vegetables	5
each soy sauce, hoisin sauce & water	30 mL
lightly toasted sesame seeds	15 mL
freshly cooked rice or pasta	1 L

COOKING INSTRUCTIONS

Cook sausages as directed on package; cut into thick slices. Return to fry pan with frozen vegetable mix, soy sauce, hoisin sauce and water. Cook and stir until vegetables are cooked through; sprinkle with sesame seeds. Serve with rice or noodles; serves 4 to 5.