



IRONKIDS®

Event Instructions 2021
Saturday 25th September

INTRODUCTION

IRONKIDS will return to Bolton on Saturday 25th September 2021 as part of the one-off edition of IRONMAN 70.3 Bolton weekend. The event, which is the largest in the global IRONKIDS series, will see 3,500 young athletes run through the streets of Bolton Town Centre and lap around Bolton Town Hall, before finishing under the iconic IRONMAN finish gantry. The event is participation focused and purely recreational, and so there are no prizes for the winning athletes – every child who completes the race will receive a t-shirt and a finisher's medal.

These Event Instructions include all the information you need for Registration and for Race Day. Please take the time to read through to help you understand the event requirements and pre-plan for the event.

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BEFORE RACE DAY

ENTRIES

Race entries are non-transferable and non-refundable. There are no exceptions to this rule.

REGISTRATION

Before Race Day, you will need to go to IRONKIDS Registration to register your child and to collect their Race Pack. You should have received the child's start time via email. This email can be used as your confirmation email. If you have not received this email by Wednesday of race week, contact bolton70.3@ironman.com

IRONKIDS REGISTRATION ADDRESS

Bolton Town Hall, Victoria Square, Bolton, BL1 1RU

IRONKIDS REGISTRATION OPENING TIMES

Thursday 23 September 15:00 – 19:00

Friday 24 September 09:00 – 18:00

IRONKIDS Registration will not be open on Saturday 25 September (see Help Desk section below)

Please note, peak registration times are: Thursday 15:00 – 16:00 and 17:00 – 19:00; Friday 12:00 – 17:00. During these times, long queues are likely. In order to make the registration process as quick and convenient for you as possible, it is highly advisable that you avoid these peak registration times if you can.

YOU WILL NEED

To register for the race and to collect the Race Pack, you will need:

1. To know the child/children's name they were registered under
2. To show your confirmation email (on phone or print-out) on request.

Please note that:

- The child does not need to go to registration – Race Packs can be collected by any adult with the email confirmation
- You can register and collect Race Packs for multiple children

EVENT WAIVER

Event child must have a waiver signed by their parent/guardian in order to race. Under NO circumstance do we hand out the Registration Pack without a signed waiver. We will not be accepting printed/hard paper copies of the signed waiver. You should have signed the waiver electronically when you registered your child. You can read the waiver in advance online at www.ironman.com/im703-Bolton-register and there will be a printed copy for you to read at registration.

BEFORE RACE DAY

RACE PACK COLLECTION AND CONTENTS

1 X IRONKIDS T-shirt – this MUST be worn on Race Day for identification purposes (see T-shirt policy section)

1 X IRONKIDS Race BIB Number – please write the child's emergency contact details on the back before Race Day. This MUST be worn on Race Day, safety pinned to the front of the child's t-shirt

2 x IRONKIDS wristbands with the corresponding race number on. These are extremely important for safety and security reasons. The wristbands allow us to reunite the correct child with the correct guardian.

- 1 X wristband is for the child. The child will need to have this attached securely to their wrist to get entry to the start pens
- 1 X wristband is for the parent/guardian (MUST be age 18+) who will be collecting the child from the Exit pens at the end of their race. The parent/guardian will need to have this attached securely to their wrist to collect their child from the exit pens.
- Parents AND children running in the 500m distance must also both be wearing wristbands. This is so that we can reunite the correct child with the correct parents/guardian should they get split up during the race.

IRONKIDS T-SHIRT POLICY

You indicated the child's t-shirt size when you signed up to the race. This is the t-shirt size you will receive when you register. This policy is to ensure that every child gets the t-shirt size that they requested. NO EXCEPTIONS.

If after you have collected the t-shirt from Registration you realise that the size is wrong for your child, you will need to return to Registration at 18:00 on Friday 24th September for an exchange. You need to bring the original t-shirt with you so that you can swap it. T-shirt sizes will then be reallocated on a first-come, first-serve basis.

No size changes will be made at any other time.

RACE DAY

HOW TO GET THERE

Athletes and spectators will be making use of Town Centre car parks, and as a result, Bolton Town Centre is expected to be very busy on Saturday. Please ensure to give yourself plenty of time to arrive, park, and reach the start line ready for your child's start time.

RACE ADDRESS

Le Mans Crescent, Bolton, BL 1 1SA

Behind Bolton Town Hall (refer to the map at the back of these Event Instructions). This is the address for the Start Line and the Exit Pens. The Finish Line is in front of the Town Hall on Victoria Square.

CAR PARKING

For town center parking there are plenty of public car parks. Free parking is available over the IRONMAN/ IRONKIDS weekend in Topp Way (BU 2DJ), Deane Road (BL3 SDX), Octagon (BU 1TN) multi-story car parks. Disabled parking is available at Cheadle Square (BU 1EZ).

PUBLIC TRANSPORT

There are regular bus services around Bolton, for up-to-date information please visit the Great Manchester Public Transport website: www.tfem.com

Bolton train station is situated 0.8 miles from the event site and is within easy walking distance. Alternatively, there is a taxi rank located just outside the station entrance

RACE DAY HELP DESK

Registration and Race Pack collection will not be open on Race Day. If you have any questions or issues on Race Day, please visit the Race Day Help Desk. Lost Race Pack items including wristbands and safety pins can also be sorted here. Please note that there will be no replacement items available at the Start Line – you will need to go to the Help Desk.

HELP DESK ADDRESS

Le Mans Crescent, Bolton, BL 1 1SA

Near the IRONKIDS Start Line, at the bottom of the steps to the Bolton Museum (refer to the map at the back of these Event Instructions).

HELP DESK OPENING TIMES

Saturday 25th September 2021 08:30 – 15:00

RACE DAY

EVENT DAY CHECKLIST

You will need to take with you on race day:

- Race BIB Number (safety pinned to the front of the child's IRONKIDS t-shirt)
- 2 X Wristbands (1 for the child and 1 for parent/guardian collecting them from the Exit Pens)
- Safety pins
- Running shoes, suitable for running on paved surfaces in Bolton Town Centre

It is highly recommended that you take:

- Wet weather clothing
- Hat
- Sun-screen
- Post event warm clothing
- Extra water

START TIMES

Start times will be confirmed closer to Race Day. Older children's start times will be scheduled first with younger children starting last.

At the beginning of Race Week, you will receive an email with your child's specific start time for their race. You should have received the athlete's individual start time by email (it is also noted on their race BIB).

Please remember that this is the time the child will start their race. Bolton Town Centre will be extremely busy on IRONKIDS Race Day. You should make sure to leave with plenty of time to travel, park and be ready at the start pens 10 minutes early. It will not be possible to race in any later wave than the one your child has been allocated.

PARENT ASSISTANCE

Nursery 1, Nursery 2, Reception and Year 1 (the 500m distance) children MUST be accompanied by a parent or guardian to run in the event. One parent or guardian per child (you cannot accompany multiple children in a single race under any circumstances. The parent/guardian MUST be age 18+.

Please note, Nursery 1, Nursey 2, Reception and Year 1 (the 500m distance) are the ONLY age groups permitted to run with a parent/guardian. For older year groups, parents will not be allowed to run with their child including running outside of the course along the barriers.

Our staff and volunteers are not able to supervise any children whilst their parent/guardian participates in the 500m race. You will need to make alternative arrangements.

RACE DAY

EXIT PENS AND CHILD COLLECTION

When they have crossed the Finish Line, the child will receive their medal and a bottle of water. Child will then be separated into boy/girl and directed into the appropriate girl/boy Exit Pen. The child will then wait within the secure Exit Pens, behind the finish area until a parent/guardian comes to collect them.

- The parent/guardian must be presents at the Exit Pens with a matching wristband to collect the child. Please be wearing the matching wristband and have this ready for inspection when you arrive at the Exit Pens
- The parent/guardian must be aged over 18+
- Please make sure to queue at the correct boy/girl Exit Pen gate for the child you are collecting
- Please be patient and don't push or shout as you are waiting to be reunited with your child, because this makes it more difficult for our Exit Pen staff to hear and locate the race numbers they are looking for
- Please be respectful of IRONKIDS staff, volunteers and other parents/guardians around you

The Exit Pens and wristband system enables us to safely and securely reunite the correct child with the correct parent/guardian. The process does take some time but is essential for the children's welfare. We thank you for your patience and understanding, in the interest of all children participating in the event.

MEDICAL & FIRST AID

Please ensure to write the medical details and emergency contact info for the child on the back of their race number. This is the first place the medical team will check should they require medical attention. The First Aid Point, should you need it, is located at the Finish Line.

STAFF AND VOLUNTEERS

Our IRONKIDS staff and volunteers are there to ensure your child has a safe and enjoyable race experience. Please respect our staff and volunteers, be patient and understanding that any request they are making of you is in the interest of the child involved. Please especially take this into consideration when waiting to use a Crossing Point or when collecting your child at the Exit Pens.

MORE INFORMATION

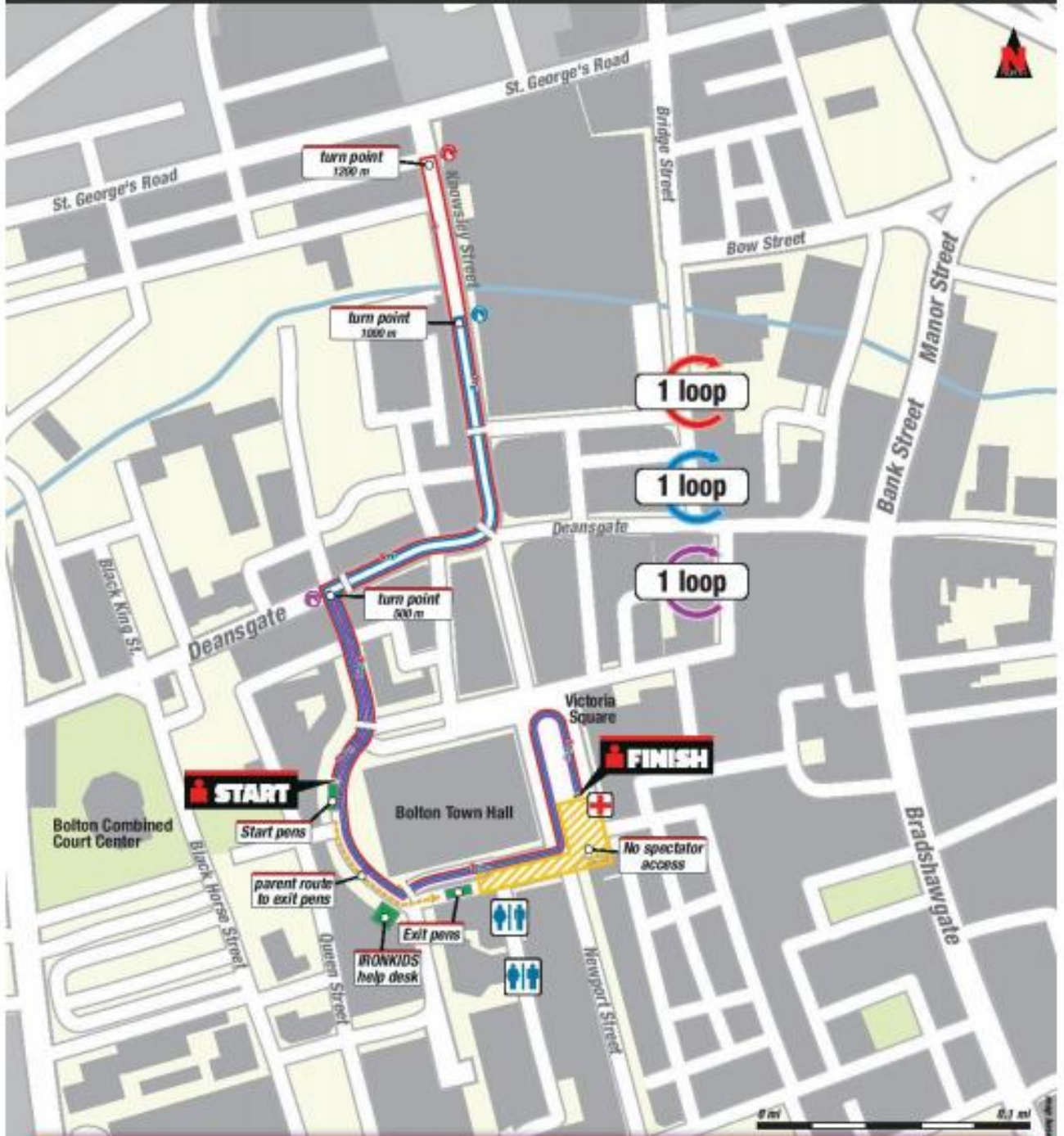
For further information, please visit www.ironman.com/im703-Bolton-register email bolton70.3@ironman.com or call +44(0)1235433560.

Thank you for taking the time to read this information and thank you to Bolton Council for their support of the event. We look forward to seeing you on Race Day!

MAPS

IRONKIDS

3 Different Distances



- First Aid
- Toilets
- Crossing Point



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subject to alterations