



ATTENTION VALUED GUESTS

Foods prepared at QDOBA may contain or may have come in contact with* EGGS, DAIRY, WHEAT, SOY, PEANUTS, TREE NUTS, FISH, and SHELLFISH. Please request to speak to management if you have any questions or concerns.

From vegan to gluten-free to low-carb, Qdoba's ingredients and entrees align with many dietary preferences without sacrificing flavor

Nutrition Facts 2021*

X Contains Allergen		CONTAINS														DIETARY PREFERENCE				
Δ May contain the Allergen.	Ingredient Statement	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten	Vegan	Vegetarian	Gluten-Free	Keto-Friendly	Low Carb					
Apple Sauce, Natural	Apples, Water, Ascorbic Acid (Vitamin C)										X	X	X	X						
Bacon (Select Locations)	Smoked Cured with: water, salt, contains 2% or less of sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite and may contain dextrose, sodium diacetate. OR Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Dextrose, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Potassium Chloride, Apple Flavor (May Contain Water, Sugar, Dextrose, Natural Flavoring). OR Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite. May contain smoke flavoring																			
Black Beans	Black Beans, Red Onions, Cumin, Water, Lime Juice, Salt										X	X	X							
Brisket Birria	INGREDIENTS: BEEF, WATER, CONTAINS 2% OR LESS OF: SALT, FOOD STARCH, VINEGAR, YEAST EXTRACT, SUGAR, CITRUS EXTRACT, RUBBED WITH: WATER, SEASONINGS (TOMATO POWDER, FLAVORINGS, CHIPOTLE CHILI PEPPER, SMOKED PAPRIKA, SUGAR), APPLE CIDER VINEGAR.																			
Chile Corn Salsa	Corn and Pepper Blend (Corn, Poblano Peppers, Red Peppers), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt.																			
Chile Crema	CANOLA OIL, WATER, CHIPOTLE PUREE (Water, Distilled Vinegar, Chipotle Jalapeno, Tomato Paste, Salt, Dehydrated Red Chile Peppers, Onion Powder, Cumin, Oregano, Bay Leaves and Garlic Powder), DISTILLED VINEGAR, SALT, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: EGG YOLK, TOMATO PASTE, SUGAR, CULTURED DEXTROSE, XANTHAN GUM.				X						X	X	X							
Cholula® Hot & Sweet Chicken	Boneless Skinless Chicken Thighs Containing Up To 11.55% Solution Of Water, Seasoning (Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Dextrose, Spice, Grill Flavor (From Vegetable Oil) And Smoke Flavor), Disodium Inosinate And Disodium Guanylate, Soybean Oil, Sodium Phosphates., Cholula Hot Sauce Water, Peppers (Arbol And Piquin), Salt, Vinegar, Garlic Powder, Spices And Xanthan Gum, Honey, Sugar, Cornstarch.												X							
Chopped Cilantro	Cilantro										X	X	X	X						
Chorizo	Pork, Seasoning (Spices, Salt, Modified Corn Starch, Maltodextrin, Sugar, Sodium Phosphate, Dehydrated												X		X					
Cilantro Lime Rice	Rice, Cilantro, Salt, Lime Juice, Soybean Oil, Pan Release Spray (Canola Oil, Capric/Caprylic Triolcerides,										X	X	X							
Citrus Lime Vinaigrette	Water, Vegetable Oil (Soybean And/or Canola Oil), Distilled Vinegar, Sugar, Lime Juice Concentrate, Honey.										X	X	X							
Cookie, Chocolate Chunk*	Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Semi-Sweet Chocolate Chunks (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Extract, Salt, Milk), Palm Oil, Eggs, Contains 2% Or Less Of: Molasses, Butter (Cream [Milk], Lactic Acid), Baking Soda, Salt, Natural Flavors, Acetic Acid, Contains Wheat, Gluten, Soy, Egg, Milk. OR	X	X	X	X	Δ	Δ			X		X								
Cotija Cheese	Pasteurized Milk, Enzymes, Cultures, Salt, Free Flow Powder (Potato Starch, Corn Starch, Dextrose, Calcium Sulfate, Natamycin, Enzyme) Added to prevent caking. Contains Milk.			X								X	X	X	X					
Crispy Taco Shell**	White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and	Δ								Δ	X	X	Δ							
Crunchy Tortilla Shell	Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water,	X								X	X	X								
Double Chocolate Brownie	Brownie Base (Sugar, Enriched Bleached Wheat Flour (Bleached Wheat Flour, Ferrous Sulphate, Niacin,	X	X		X	Δ	Δ			X		X								
Eggs	Whole Eggs, 19.0% Water, Egg Whites, Contains less than 2% of the following: Salt, Xanthan Gum, Citric			X	X							X	X		X					
Fajita Veggies	Red Peppers, Green Peppers, Red Onions, Soybean Oil, Salt, Spice (Oregano)										X	X	X							
Flour Tortilla (5.5", 10", 12.5")	Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), contains 2% or less of: Vital Wheat Gluten, Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate, Comstarch), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). Contains: Wheat, Gluten. OR Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of: Vital Wheat Gluten, Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). Contains: Wheat, Gluten	X								X	X	X								

Steak Fajita Quesadilla
Street Style Chicken Tacos (3) Corn
Street Style Chicken Tacos (3) Flour
Street Style Pulled Pork Tacos (3) Corn
Street Style Pulled Pork Tacos (3) Flour

X		X						X							
X		X									X				
X		X						X							
X		X									X				X
X		X						X							