



From vegan to gluten-free to low-carb, Qdoba's ingredients and entrees align with many dietary preferences without sacrificing flavor

INGREDIENTS	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Free	Keto-Friendly	Low Carb
Apple Sauce, Natural	X	X	X	X	
Bacon (Select Locations)					
Black Beans	X	X	X		
Chile Corn Salsa	X	X	X		
Chile Crema			X		
Cholula® Hot & Sweet Chicken			X		
Chopped Cilantro	X	X	X	X	
Chorizo			X		X
Cilantro Lime Rice	X	X	X		
Citrus Lime Vinaigrette	X	X	X		
Cookie, Chocolate Chunk*		X			
Cotija Cheese		X	X	X	X
Crispy Taco Shell**	X	X	Δ		
Crunchy Tortilla Shell	X	X			
Double Chocolate Brownie		X			
Eggs		X	X		X
Fajita Veggies	X	X	X		
Flour Tortilla (5.5", 10", 12.5")	X	X			
Grilled Adobo Chicken			X		X
Ground Beef					X
Grilled Steak			X		X
Habanero Salsa	X	X	X		X
Hand Crafted Guacamole	X	X	X	X	
Jalapeno Verde			X		
Mexican Cauliflower Mash		X	X		
Picante Ranch Dressing (CANADA)					
Picante Ranch Dressing (US)		X	X		
Pickled Jalapenos	X	X	X		X

Pickled Red Onion	X	X	X		X
Pico de Gallo	X	X	X	X	X
Pinto Beans	X	X	X		
Plant-Based Impossible™	X	X	X		
Pulled Pork (Canada)			X		X
Pulled Pork (US)			X		X
Queso Diablo		X	X		X
Ranch Dressing		X			
Roasted Tomato Salsa	X	X	X	X	X
Romaine Lettuce	X	X	X	X	X
Salsa Roja	X	X	X		X
Salsa Verde	X	X	X	X	X
Seasoned Brown Rice	X	X	X		
Seasoned Potatoes	X	X			
Shredded Cheese		X	X	X	
Soft Corn Tortillas	X	X	Δ		
Sour Cream		X	X	X	
Soybean Oil	X	X	X		
Smoked Brisket			X	X	X
3-(Three) Cheese Queso		X	X		
Tortilla Chips**	X	X	Δ		
Tortilla Strips**	X	X	Δ		
Whole Wheat Flour Tortillas	X	X			

INGREDIENTS	DIETARY PREFERENCE						
	Vegan	Vegetarian	Gluten-Free	Keto-Friendly	Low Carb	Paleo	Low Calorie
Cauli-Mash Low-Carb Chicken Bowl			X		X		
Chicken Fresca Bowl			X				
Chicken Protein Bowl			X				X
Chicken Queso Bowl							
Chicken Queso Burrito							
Cholula® Hot & Sweet Chicken Bowl			X				
Cholula® Hot & Sweet Chicken Burrito							
Citrus Lime Chicken Salad			X				
Fajita Vegan Bowl	X		X				

Impossible™ Fajita Bowl	X	X					
Impossible™ Fajita Burrito	X	X					
Impossible™ Taco Salad		X	X				
Low-Cal Chicken Grain Bowl			X				X
Paleo Chicken Salad			X			X	X
Slow-Braised Pork Burrito (CANADA ONLY)			X	X			
Smoked Brisket (Keto) Bowl			X	X			
Southwest Steak Burrito							
Steak Fajita Quesadilla							
Street Style Chicken Tacos (3) Corn			X				
Street Style Chicken Tacos (3) Flour							
Street Style Pulled Pork Tacos (3) Corn			X				X
Street Style Pulled Pork Tacos (3) Flour							