



From vegan to gluten-free to low-carb, Qdoba's ingredients and entrees align with many dietary preferences without sacrificing flavor

	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb
Apple Sauce, Natural	X	X	X	X	
Bacon (Select Locations)					
Black Beans	X	X	X		
Brisket Birria					
Chile Corn Salsa	X	X	X		
Chile Crema			X		
Cholula® Hot & Sweet Chicken			X		
Chopped Cilantro	X	X	X	X	
Chorizo			X		X
Cilantro Lime Rice	X	X	X		
Citrus Lime Vinaigrette (CANADA)	X	X	X		
Citrus Lime Vinaigrette (US)	X	X	X		
Cookie, Chocolate Chunk*		X			
Cotija Cheese		X	X	X	X
Crispy Taco Shell**	X	X	Δ		
Crunchy Tortilla Shell	X	X			
Double Chocolate Brownie		X			
Eggs		X	X		X
Fajita Veggies	X	X	X	X	
Flour Tortilla (5.5", 10", 12.5")	X	X			
Grilled Adobo Chicken			X	X	X
Ground Beef					X
Grilled Steak			X	X	X
Habanero Salsa	X	X	X		X
Hand Crafted Guacamole	X	X	X	X	
Jalapeno Verde			X		

Picante Ranch Dressing		X	X		
Pickled Jalapenos	X	X	X		X
Pickled Red Onion	X	X	X		X
Pico de Gallo	X	X	X	X	X
Pinto Beans	X	X	X		
Plant-Based Impossible™	X	X	X		
Pulled Pork			X		X
Queso Diablo		X	X		X
Ranch Dressing		X			
Roasted Tomato Salsa	X	X	X	X	X
Romaine Lettuce	X	X	X	X	X
Salsa Roja	X	X	X		X
Salsa Verde	X	X	X	X	X
Seasoned Brown Rice	X	X	X		
Seasoned Potatoes	X	X			
Shredded Cheese		X	X	X	
Soft Corn Tortillas	X	X	Δ		
Sour Cream		X	X	X	
Soybean Oil	X	X	X		
3-(Three) Cheese Queso		X	X		
Tortilla Chips**	X	X	Δ		
Tortilla Strips	X	X	X		
Whole Wheat Flour Tortillas	X	X			

Signature Eats®	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb
Chicken Fresca Bowl			X		
Chicken Protein Bowl			X		
Chicken Queso Bowl					
Chicken Queso Burrito					

Cholula® Hot & Sweet Chicken Bowl			X		
Cholula® Hot & Sweet Chicken Burrito					
Citrus Lime Chicken Salad			X		
Fajita Vegan Bowl	X		X		
Impossible™ Fajita Bowl	X	X			
Impossible™ Fajita Burrito	X	X			
Impossible™ Taco Salad		X	X		
Low-Cal Chicken Grain Bowl			X		
Paleo Chicken Salad			X		
Quesabirria Burrito (Online Only)					
Quesabirria Quesadilla (In-store Only)					
Slow-Braised Pork Burrito (CANADA ONLY)			X	X	
Southwest Steak Burrito					
Steak Fajita Quesadilla					
Street Style Chicken Tacos (3) Corn			X		
Street Style Chicken Tacos (3) Flour					
Street Style Pulled Pork Tacos (3) Corn			X		
Street Style Pulled Pork Tacos (3) Flour					

Limited Time Offerings	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb
Citrus Lime Shrimp			X	X	X
Surf & Turf Bowl					
Surf & Turf Burrito					
Mango Salsa					

Chicken Mango Bowl					
Chicken Mango Burrito					
Mango Shrimp Bowl					
Mango Shrimp Burrito					

Paleo	Low Calorie
	X

	X
X	X
	X

Paleo		Low Calorie	
