



From vegan to gluten-free to low-carb, Qdoba's ingredients and entrees align with many dietary preferences without sacrificing flavor

	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb
Apple Sauce, Natural	X	X	X	X	
Bacon (Select Locations)					
Black Beans	X	X	X		
Brisket Birria					
Chile Crema			X		
Chile Corn Salsa	X	X	X		
Cholula® Hot & Sweet Chicken			X		
Chopped Cilantro	X	X	X	X	
Chorizo			X		X
Cilantro Lime Rice	X	X	X		
Citrus Lime Vinaigrette (US/CANADA)	X	X	X		
Churro Bites (CANADA)					
Cookie, Chocolate Chunk* (US/CANADA)		X			
Cotija Cheese		X	X	X	X
Crispy Taco Shell**	X	X	Δ		
Crunchy Tortilla Shell	X	X			
Double Chocolate Brownie (US/CANADA)		X			
Eggs		X	X		X
Fajita Veggies	X	X	X	X	
Flour Tortilla (5.5", 10", 12.5")	X	X			
Grilled Adobo Chicken			X	X	X
Ground Beef					X
Grilled Steak			X	X	X
Habanero Salsa	X	X	X		X
Hand Crafted Guacamole	X	X	X	X	
Mexican Street Corn					
Nutella (CANADA)					
Picante Ranch Dressing		X	X		
Pickled Jalapenos	X	X	X		X
Pickled Red Onion	X	X	X		X
Pico de Gallo	X	X	X	X	X
Pinto Beans	X	X	X		
Plant-Based Impossible™ *select locations only*	X	X	X		
Pulled Pork			X		X
Queso Diablo		X	X		X
Roasted Tomato Salsa	X	X	X	X	X
Romaine Lettuce	X	X	X	X	X
Salsa Roja	X	X	X		X
Salsa Verde	X	X	X	X	X

Seasoned Brown Rice	X	X	X		
Seasoned Potatoes	X	X			
Shredded Cheese		X	X	X	
Sour Cream		X	X	X	
Soybean Oil	X	X	X		
Three Cheese Queso		X	X		
Tortilla Chips**	X	X	Δ		
Tortilla Strips	X	X	X		
Whole Wheat Flour Tortillas (CANADA only)	X	X			

Signature Eats®	DIETARY PREFERENCE						
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb	Paleo	Low Calorie
Chicken Queso Bowl							
Chicken Queso Burrito							
Cholula® Hot & Sweet Chicken Bowl			X				
Cholula® Hot & Sweet Chicken Burrito							
Citrus Lime Chicken Salad			X				
Double Protein Bowl - Chicken (Online Only)							
Double Protein Bowl - Steak (Online Only)							
Fajita Veggie/Vegan Bowl	X		X				
Impossible™ Taco Salad *select locations only*		X	X				
Keto Bowl - Brisket Birria (Online Only)				X			
Keto Bowl - Chicken (Online Only)				X			
Keto Bowl - Steak (Online Only)				X			
Mexican Street Corn & Chicken Bowl							
Mexican Street Corn & Chicken Burrito							
Quesabirria Burrito (Online Only)							
Quesabirria Quesadilla (In-store Only)							
Southwest Steak Burrito							
Steak Fajita Quesadilla							
Street Style Chicken Tacos (3) Flour							
Street Style Pulled Pork Tacos (3) Flour							

Limited Time Offerings	DIETARY PREFERENCE						
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb	Paleo	Low Calorie
Citrus Lime Shrimp			X	X	X		
Surf & Turf Bowl							
Surf & Turf Burrito							
Tortilla Soup (4 oz)	X	X	X				