

# MENU

**EVERY DAY WE DO  
FRESH FLAVOR.**

**HAND-SMASHING HASS AVOCADOS  
FOR THE FRESHEST GUAC,  
DICING ROMA TOMATOES  
FOR OUR PICO DE GALLO,  
SEARING & GRILLING OUR PROTEINS  
IN-HOUSE ON AN OPEN FLAME.  
BECAUSE HERE  
QDOBA STANDS FOR FLAVOR™.**

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**QDOBA**  
MEXICAN EATS®



## CREATE YOUR OWN

### CHOOSE YOUR ENTRÉE

**BURRITO** cal 720 - 1080

**BOWL** cal 450 - 800

**GRILLED QUESADILLA** cal 920 - 1190

**3-CHEESE NACHOS** cal 930 - 1220

**SALAD** cal 360 - 1270

**3 TACOS** CORN OR FLOUR TORTILLAS cal 600 - 890

### CHOOSE YOUR PROTEIN

#### VEGGIE

skip the protein and choose from a variety of ingredients

**GRILLED ADOBO CHICKEN** cal 150  
marinated in chiles, garlic and spices

**GRILLED STEAK** cal 230  
marinated in chiles, garlic and spices

**GROUND BEEF** cal 190  
seasoned with chiles, onion and garlic

#### PULLED PORK

slow-braised and shredded by hand

#### SMOKED BRISKET

slow-smoked for 10 hours and shredded by hand

#### PLANT-BASED IMPOSSIBLE™

seasoned with tomatoes, garlic, chiles and spices

### ADD SOME FLAVOR

**HAND-SMASHED GUAC** cal 90

**3-CHEESE QUESO** cal 90

**QUESO DIABLO** cal 90 ⚡

**FAJITA VEGGIES** cal 35

**PICO DE GALLO** cal 10 ⚡

**CHILE CORN SALSA** cal 50 ⚡

**RED ONIONS** cal 0

**SALSA VERDE** cal 15 ⚡

**SALSA ROJA** cal 20 ⚡

**HABANERO SALSA** cal 20 ⚡

**PICKLED JALAPEÑOS** cal 15

**CILANTRO LIME RICE** cal 190

**SEASONED BROWN RICE** cal 170

**BLACK BEANS** cal 140

**PINTO BEANS** cal 130

**ROMAINE LETTUCE** cal 0

**CHOPPED CILANTRO** cal 0

**SHREDDED CHEESE** cal 170

**COTIJA CHEESE** cal 50

**SOUR CREAM** cal 50

**PICANTE RANCH DRESSING** cal 40

**CITRUS LIME VINAIGRETTE** cal 110

**TORTILLA STRIPS** cal 70

⚡ MILD ← → ⚡⚡⚡ SPICY

## SIGNATURE EATS

our most popular chef-crafted flavors

**CHICKEN QUESO BURRITO OR BOWL** cal 780 - 1080  
grilled chicken, 3-cheese queso, pico de gallo, corn salsa, shredded cheese, cilantro lime rice, black beans

**CHICKEN PROTEIN BOWL** cal 610  
double chicken, double fajita veggies, hand-smashed guac, pico de gallo, salsa verde, romaine, black beans

**STEAK FAJITA QUESADILLA** cal 1130  
grilled steak, fajita veggies, pico de gallo, salsa roja, shredded cheese, hand-smashed guac, sour cream

**3 STREET STYLE CHICKEN TACOS** cal 470 - 520  
grilled chicken, hand-smashed guac, salsa verde, red onion, cotija cheese on CORN or FLOUR tortillas

**IMPOSSIBLE™ FAJITA BOWL** cal 580  
plant-based protein IMPOSSIBLE™, fajita veggies, corn salsa, salsa verde, cilantro lime rice, black beans

### GRAB A SMALL BITE

**MINI BOWL** cal 220 - 400  
a smaller version of our popular bowl

**TACO** CORN OR FLOUR TORTILLA cal 200 - 295  
create your own taco with one of our flavorful proteins

### ROUND OUT YOUR MEAL

#### SIGNATURE QUESO & CHIPS

cal 740 - 940  
choose from our 3-cheese queso or fiery queso diablo

**HAND-SMASHED GUAC & CHIPS** cal 730  
freshly made in-house with Hass avocados

**CHOCOLATE CHUNK COOKIE** cal 260

**SALSA & CHIPS** cal 595

**CHOCOLATE BROWNIE** cal 360

**FOUNTAIN AND BOTTLED DRINKS** cal 0 - 440

### KIDS MEAL

includes side of applesauce, tortilla chips or beans, and apple juice or milk

**KIDS QUESADILLA** cal 350 - 450

**KIDS 3-CHEESE NACHOS** cal 370 - 550

**KIDS TACO** cal 110 - 260

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.

**WE'RE ALL ABOUT FLAVORFUL MEXICAN EATS, WHEREVER AND WHENEVER YOU WANT IT.**  
ORDER ONLINE, VISIT A QDOBA OR CATER YOUR NEXT MEAL. VISIT [QDOBA.COM](https://www.qdoba.com) FOR MORE INFORMATION.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.  
Pricing and menu varies by location. Visit [QDOBA.COM](https://www.qdoba.com) for your favorite QDOBA location's prices and menu. Online ordering valid only at participating QDOBA locations.