

### Coop ISB Allergen Information Card - Period 14/16 V2

For Allergens, including cereals containing gluten, please see below.

Due to the way products are prepared in store, they may also contain other allergens.

PLU Number	Name	Suitable for:	Allergy Advice Contains:
345	Apple Crown	<i>Vegetarian</i>	Almond, Egg, Wheat.
250	Bakewell Tart	<i>Vegetarian</i>	Egg, Wheat, Nuts, Soya
751	Banana and Blueberry Muffin	<i>Vegetarian</i>	Egg, Oats, Milk, Wheat
538	Blueberry Crown	<i>Vegetarian</i>	Almond, Egg, Wheat
791	Cheese and Tomato Pizza	<i>Vegetarian</i>	Milk, Wheat
193	Cheese Twist	<i>Vegetarian</i>	Barley, Milk, Mustard, Sulphites, Wheat.
78	Chocolate Twist	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
592	Choc Hazelnut Croissant	<i>Vegetarian</i>	Egg, Hazelnuts, Milk, Soya, Wheat
81	Ciabatta Roll	<i>Vegan</i>	Wheat
95	Cinnamon Swirl	<i>Vegetarian</i>	Egg, Milk, Wheat.
1303	Chocolate and Salted Caramel Doughnut	<i>Vegetarian</i>	Milk, Wheat
147	Demi Baguette	<i>Vegan</i>	Wheat
322	Double Chocolate Doughnut	<i>Vegetarian</i>	Milk, Soya, Wheat
199	Fruit Scone	<i>Vegetarian</i>	Milk, Wheat
218	Maple Pecan Plait	<i>Vegetarian</i>	Egg, Milk, Pecan Nuts, Wheat.
162	Medium Petit Pain	<i>Vegan</i>	Wheat
213	Multiseed Triangle	<i>Vegan</i>	Barley, Rye, Wheat
189	Pain Au Chocolate	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat.
77	Pain Au Raisin	<i>Vegetarian</i>	Egg, Milk, Wheat.
1965	Pizza Crown	<i>Vegetarian</i>	Egg, Milk, Wheat
294	Pizza Swirly	<i>Vegetarian</i>	Egg, Milk, Celery, Wheat
317	Portuguese Custard Tart	<i>Vegetarian</i>	Egg, Milk, Wheat
271	Pretzel	<i>Vegetarian</i>	Milk, Wheat
277	Pumpkin & Sunflower Seed Roll	<i>Vegan</i>	Wheat
668	Irresistible Jalapeno and Cheddar Roll	<i>Vegetarian</i>	Barley, Milk, Wheat
773	Irresistible Kalamata Olive Roll	<i>Vegan</i>	Barley, Rye, Wheat
82	Irresistible Almond Croissant	<i>Vegetarian</i>	Egg, Milk, Almond, Wheat
166	Irresistible Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat.
764	Raspberry Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat
1079	Vanilla Crown	<i>Vegetarian</i>	Almond, Egg, Hazelnut, Milk, Wheat
157	White Crusty Roll	<i>Vegan</i>	Wheat
163	White Rustic Roll	<i>Vegan</i>	Wheat
1051	White Parisien	<i>Vegan</i>	Wheat
798	White Baton	<i>Vegan</i>	Wheat
762	Irresistible Kalamata Olive Bread	<i>Vegan</i>	Barley, Rye, Wheat
767	Irresistible Cheddar & Jalapeno Bloomer	<i>Vegetarian</i>	Barley, Milk, Wheat
749	Irresistible Cheddar & Onion Bloomer	<i>Vegetarian</i>	Barley, Milk, Wheat
738	Irresistible Sourdough Bloomer	<i>Vegan</i>	Barley, Wheat
783	Crusty White Cob	<i>Vegan</i>	Wheat
743	Multiseed Bloomer	<i>Vegan</i>	Barley, Sesame Seeds, Wheat
757	Irresistible Rosemary & Olive Oil Bread	<i>Vegan</i>	Barley, Wheat
760	Tiger Bread	<i>Vegan</i>	Barley, Wheat
784	Organic Brown Bloomer	<i>Vegan</i>	Barley, Wheat
766	White Farmhouse Loaf	<i>Vegan</i>	Wheat
753	Custard Doughnut	<i>Vegan</i>	Wheat
128	Jam Doughnut	<i>Vegan</i>	Wheat
733	Milk Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
781	White Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
729	Double Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
736	Oat & Raisin Cookie	<i>Vegetarian</i>	Egg, Oats, Milk, Wheat
755	Apple Puff Pastry Pie	<i>Vegan</i>	Wheat
725	Glazed Ring Doughnut	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
127	Irresistible Granola Square	<i>Vegetarian</i>	Egg, Oats, Milk, Wheat
124	Irresistible White Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
62	Irresistible Triple Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
132	Irresistible Milk Chocolate Cookie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
728	Irresistible Chocolate Chip Shortbread	<i>Vegetarian</i>	Milk, Soya, Wheat
Recent Delists			
8291	Irres Vintage Cheddar & Onion Roll	<i>Vegetarian</i>	Barley, Milk, Wheat
689	Caramel Latte Crown	<i>Vegetarian</i>	Egg, Milk, Wheat
1037	Yum Yum	<i>Vegetarian</i>	Egg, Wheat
508	Tiger Roll	<i>Vegetarian &amp; Vegan</i>	Barley, Wheat

Where indicated products do not contain any ingredients that would make them unsuitable for vegetarians/vegans. However they have been prepared in an area with non-vegetarian/vegan products.