



Happy Soul Bistro

PADDINGTON RSL CLUB

Starters/Share

Garlic bread

Toasted panini bread with garlic & herb butter

Salt and Pepper Squid (GFO)

Lightly floured squid with salt and schzeuan pepper spice mix, served with garlic aioli, lemon, fresh chilly and shallots

Beef Nacho(Gf)

Ground beef chilli con carne with corn chips, sour cream and guacamole and salsa

Prawn Tostadas

Australian tiger prawns on crispy tostadas, Mango and avocado salsa with cilantro oil

Seafood Chowder (GFO)

Mixed seafood cooked with chorizo, peas, carrots, potatoes & aromatic herbs, served with warm bread

Creamy Garlic prawns(GFO)

Prawns cooked with cream, green peppercorn, shallots, cherry tomato, fetta cheese, served with salad and bread

Chilli butter Mussels (GFO)

NZ mussels cooked with white wine tomatoes, garlic, thyme, served with warm baguette

Sides

Bowl of chips with aioli

House salad with avocado

Charred Broccolini with toasted almond flakes and fetta cheese

Haloumi sticks with roasted pepper dips

8/9

16/17

19/20

18/19

21/22

21/22

22/23

8/9

14/15

12/13

15/16

Mains

Chicken Schnitzel

House made chicken schnitzel served with chips, salad and gravy

Chicken Parmigiana

Chicken breast schnitzel topped with homemade napolitana sauce, leg ham and mozzarella cheese

Pork cutlet

300gm Grilled pork cutlet with creamy mash, apple slaw, crispy sage & mustard cream sauce

Grilled Barramundi (Gf)

Grilled Barramundi fillet served with roasted kumara mash, prawn bisque, fresh herbs and green

Salmon Risotto(Gf)

Grilled Salmon fillet served with creamy pea risotto, charred asparagus & cream fraiche

Fish and Chips

Seasonal fish lightly floured and battered, served with chips, salad tartare sauce and lemon

Herb crumbed lamb cutlet

Crumbed lamb cutlets served on creamy mash, garlic mushroom, radicchio salad, garlic and salsa verde

Moroccon style Lamb shank (GFO)

Slow cooked lamb shank braised with red wine, moroccon spice, tomatoes and vegetables served on potato puree, brussel sprout and broad beans

Chilli Prawn Linguini

Prawns, garlic, chilli, shallots, spinach, white wine, tomatoes

Kids meal

kids pasta

kids fish and chips

Nuggets and chips

kids cheese burger

18/19

21/22

28/29

31/32

30/31

1

19/20

27/28

26/27

25/26

10/11

10/11

10/11

10/11

All kids meals comes with free ice-cream. Please ask the friendly waitstaff to get one.



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Pizzas

Add Gluten free base +5

Hawaiian Deluxe

Ham, pineapple, onion and bacon

Pepperoni

Pepperoni, chilli flakes

Chicken and mushroom

Chicken, onion, mushroom

Margherita

Fresh buffalo mozzarella, basil

Salads

Caesar (GFO)

Baby cos lettuce, croutons, boiled egg, bacon with tangy caesar dressing

Kale and halloumi (GF)

kale, goji berries, grilled halloumi, cherry tomato, roast pumpkin, couscous & avocado

Roast Lamb (GF)

Roast lamb, olives, mint, peas, roasted veg, rocket with buttermilk dressing

Add ons

Avocado

Bacon

Halloumi(2pc)

Chicken

Prawns

21/22

21/22

21/22

19/20

18/19

21/22

23/24

3

3

6

7

7

Burgers

All served with chips

Add Gluten free bun +3

Beet and Lentil

Beetroot and lentil burger patty, cheese, tomato, lettuce, avocado, pesto mayo

Aussie Beef

Angus beef patty with bacon, cheese, onion, swiss cheese lettuce, tomato and burger sauce

Peri Peri Chicken

chicken breast, maple bacon, cheese with lettuce, tomato, onion, gaucamore & Aioli

Southern fried Barra

Southern style fried barramundi fillet, mustard pickle, tomato, lettuce & tartare sauce

Grill

All steaks are served with chips and salad or mash and greens and 1 choice of sauce

200gm grain fed rump 20/21

300gm sirloin 34/35

choices of sauce (all our sauces are gluten free)

Gravy, Pepper, Mushroom

Add ons Prawns +7
Gravy +2

Desserts

Please ask our friendly staff for delicious cakes and desserts.

10% surcharge applies on all the public holidays.