SPARTAN

CAROLINAS TRIFECTA 11/21/26 - 11/22/26

THE JOHNSON FARM

KEY

- Start
- Kids Start
- W1 Water/ Pack Refill
- Ultra/Beast/ Super/Sprint Course
- M1 Mile Marker
- Parking
- Finish
- Kids Finish
- 1 *Obstacle
- Kids Course
- Festival Area

OBSTACLE GUIDE

1. OVER WALLS (4' WALLS)
2. OVER UNDERS
3. INVERTED WALL
4. SLIP WALL
5. BARBED WIRE CRAWL
6. MONKEY BARS
7. SANDBAG CARRY
8. HURDLES
9. 8' WALL
10. CORD CRAWL
11. BENDER
12. STAIRWAY TO SPARTA
13. 7' WALL
14. BEATER
15. TWISTER
16. ARMER
17. TYROLEAN TRAVERSE
18. BARBED WIRE CRAWL #2
19. LASER PISTOLS
20. PLATE DRAG
21. CHAIN CARRY
22. MULTI-RIG
23. SPEAR THROW
24. BUCKET CARRY
25. 6' WALL
26. ATLAS CARRY
27. Z WALL
28. ROPE CLIMB
29. HERCULES HOIST
30. A-FRAME CARGO
31. FIRE JUMP



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.
*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The Rules of Competition can be found on the Spartan website.