



KEY

Start

Kids Start

Water/
Pack Refill

Ultra/Beast/
Super/Sprint
Course

Kilometer
Marker

Parking/
Shuttle

Finish

Kids Finish

*Obstacle

Kids
Course

Festival
Area

OBSTACLE GUIDE

1

OVER WALLS (4' WALLS)

2

VERTICAL CARGO

3

HURDLES

4

BARBED WIRE CRAWL

5

ATLAS CARRY

6

PLATE DRAG

7

6' WALL

8

SANDBAG CARRY

9

7' WALL

10

TWISTER

11

OLYMPUS

12

THE BOX

13

CLIFF CLIMB

14

SANDBAG CARRY #2

15

FARMERS CARRY

16

BARBED WIRE CRAWL #2

17

MEMORY TEST

18

BEATER

19

8' WALL

20

TYROLEAN TRAVERSE

21

ARMER

22

STAIRWAY TO SPARTA

23

SCRIM NET LOW CRAWL

24

BENDER

25

MONKEY BARS

26

Z WALL

27

BUCKET CARRY

28

HELIX

29

INVERTED WALL

30

CRAFT A-FRAME CARGO

31

HERCULES HOIST

32

SPEAR THROW

33

ROPE CLIMB

34

MULTI-RIG

35

SLIP WALL

36

FIRE JUMP

