



LAHTI TRIFECTA

AUG. 22-23, 2026 | LAHTI SPORTS CENTRE

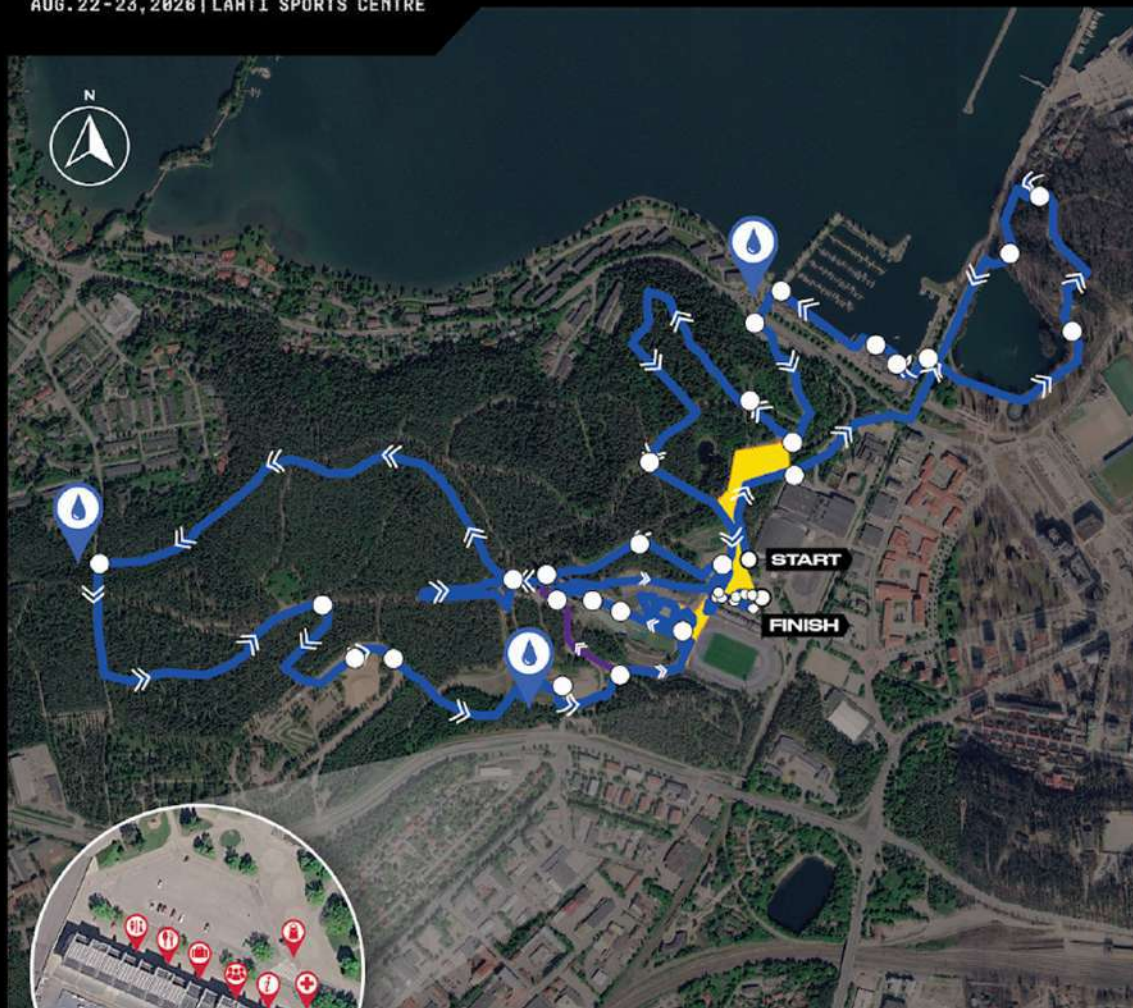
SUPPORTED BY:

JÄÄDE
HAIL GEAR, FORTRESS, MARCHAL, WILSON

TEHO

PARA
WORLD CHAMPIONSHIP

Lahti



- Super Course
- Para Wheelchair
- Festival Area
- Kids Area
- Obstacles
- Water Stations
- Reg/Info
- Merch
- Bag Check
- Volunteers
- Food & Drinks
- Medical
- Toilettes

SUPER ELEVATION PROFILE

SPARTAN SUPER

TOTAL DISTANCE
6.44 MILES

ELEVATION GAIN/LOSS
1,018 FT // -1,016 FT

MAX SLOPE
33.6% // -40.3%

AVG. SLOPE
5.2% // -5.0%





LAHTI TRIFECTA

AUG. 22-23, 2026 | LAHTI SPORTS CENTRE

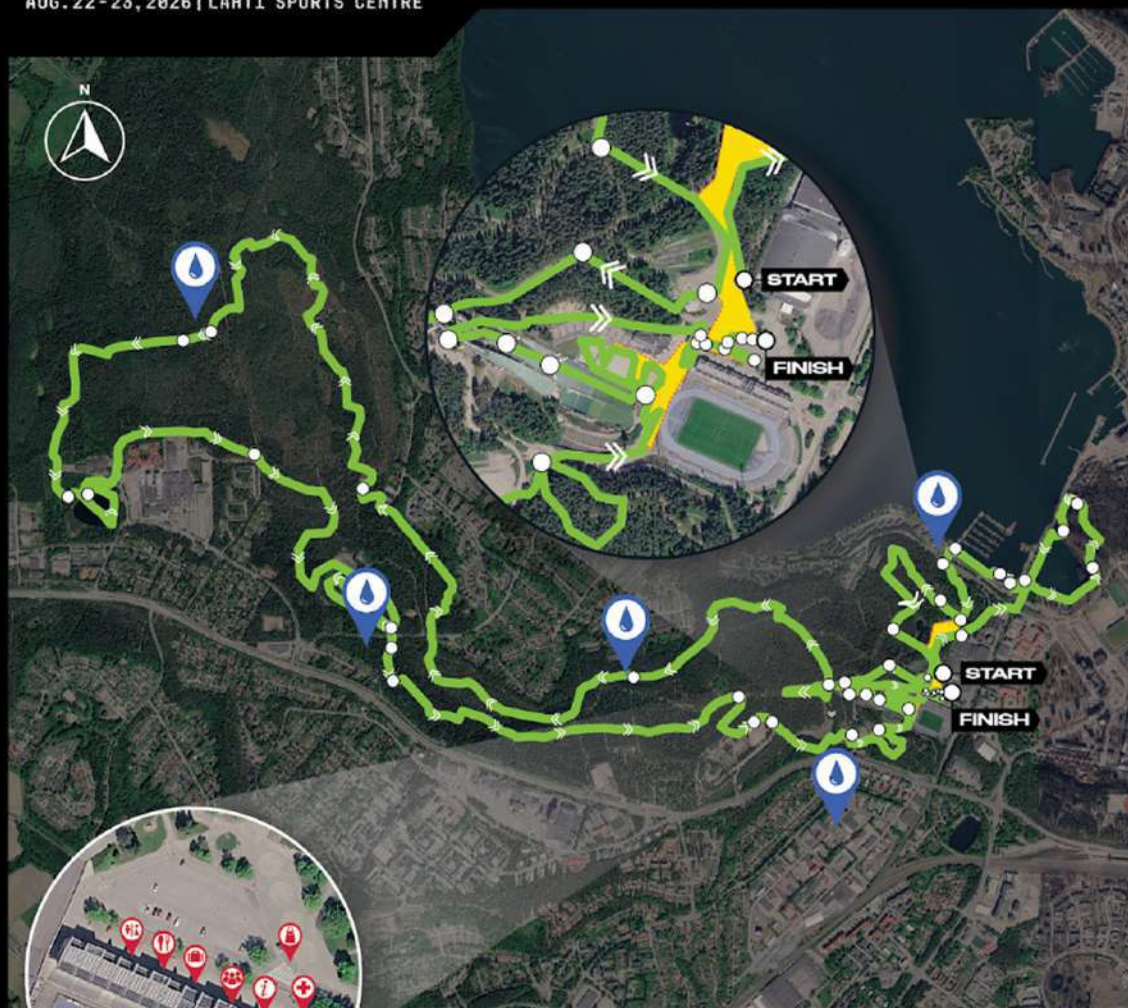
SUPPORTED BY:

JÄÄDE

TEHO



FINLAND CHAMPIONSHIP 26



- Beast Course
- Festival Area
- Kids Area
- Obstacles
- Water Stations
- Reg/Info
- Merch
- Bag Check
- Volunteers
- Food & Drinks
- Medical
- Toilets

BEAST ELEVATION PROFILE

SPARTAN BEAST

TOTAL DISTANCE
21.2 KM

ELEVATION GAIN/LOSS:
560 M // -563 M

MAX SLOPE:
44.9% // -34.5%

AVG. SLOPE:
4.3% // -4.0%



SPARTAN

LAHTI TRIFECTA

AUG. 22-23, 2026 | LAHTI SPORTS CENTRE

SUPPORTED BY:

JÄÄDE
NATURAL FINNISH MINERAL WATER

TEHO



→ Sprint Course

→ Super Course

→ Para Wheelchair

Kids Area

Festival Area



Obstacles



Water Stations



Reg/Info



Merch



Bag Check



Volunteers



Food & Drinks



Medical



Toilettes

SPARTAN SPRINT

TOTAL DISTANCE

ELEVATION GAIN/LOSS

MAX SLOPE

AVG. SLOPE

6.73 KM

300 M / -303 M

56.0% / -35.5%

9.2% / -7.1%



SPARTAN SUPER

TOTAL DISTANCE

ELEVATION GAIN/LOSS

MAX SLOPE

AVG. SLOPE

9.93 KM

366 M / -369 M

55.5% / -39.6%

6.6% / -5.9%

