



KEY

- Start
- Kids Start
- Finish
- Kids Finish
- Water Station
- *Obstacle
- Super/Sprint Course
- 3K Course
- Kids Course
- M1 Mile Marker
- M1 Mile Marker
- Parking
- Festival Area



OBSTACLE GUIDE

- 1

HURDLES
- 2

OVER WALLS (4' WALLS)
- 3

MONKEY BARS
- 4

ROPE CLIMB
- 5

Z WALL
- 6

BARBED WIRE CRAWL
- 7

SANDBAG CARRY
- 8

TWISTER
- 9

OLYMPUS
- 10

BENDER
- 11

STAIRWAY TO SPARTA
- 12

BUCKET CARRY
- 13

BEATER
- 14

7' WALL
- 15

INVERTED WALL
- 16

ATLAS CARRY
- 17

CHAIN CARRY
- 18

6' WALL
- 19

VERTICAL CARGO
- 20

BARBED WIRE CRAWL #2
- 21

SLIP WALL
- 22

A-FRAME CARGO
- 23

MULTI-RIG
- 24

HERCULES HOIST
- 25

SPEAR THROW
- 26

HELIX
- 27

FIRE JUMP

