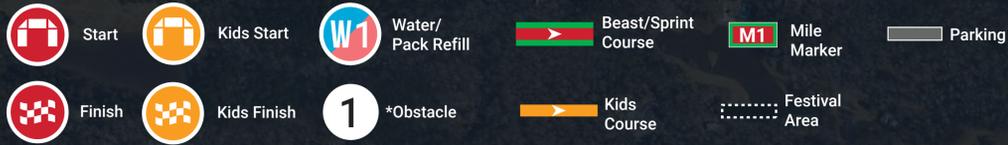




KEY



OBSTACLE GUIDE

- | | | |
|----|-----------------------|---------|
| 1 | OVER WALLS (4' WALLS) | ● ● ● ● |
| 2 | HURDLES | ● ● ● ● |
| 3 | INVERTED WALL | ● ● ● ● |
| 4 | MONKEY BARS | ● ● ● ● |
| 5 | 6' WALL | ● ● ● ● |
| 6 | HELIX | ● ● ● ● |
| 7 | 7' WALL | ● ● ● ● |
| 8 | BENDER | ● ● ● ● |
| 9 | TWISTER | ● ● ● ● |
| 10 | STAIRWAY TO SPARTA | ● ● ● ● |
| 11 | CHAIN CARRY | ● ● ● ● |
| 12 | CLIFF CLIMB | ● ● ● ● |
| 13 | BUCKET CARRY | ● ● ● ● |
| 14 | MULTI-RIG | ● ● ● ● |
| 15 | BARBED WIRE CRAWL | ● ● ● ● |
| 16 | ATLAS CARRY | ● ● ● ● |
| 17 | Z WALL | ● ● ● ● |
| 18 | SPEAR THROW | ● ● ● ● |
| 19 | BARBED WIRE CRAWL #2 | ● ● ● ● |
| 20 | HERCULES HOIST | ● ● ● ● |
| 21 | TYROLEAN TRAVERSE | ● ● ● ● |
| 22 | IRISH TABLES | ● ● ● ● |
| 23 | 8' WALL | ● ● ● ● |
| 24 | BEATER | ● ● ● ● |
| 25 | ARMER | ● ● ● ● |
| 26 | BRIDGE | ● ● ● ● |
| 27 | SANDBAG CARRY | ● ● ● ● |
| 28 | BARBED WIRE CRAWL #3 | ● ● ● ● |
| 29 | PLATE DRAG | ● ● ● ● |
| 30 | A-FRAME CARGO | ● ● ● ● |
| 31 | ROPE CLIMB | ● ● ● ● |
| 32 | SLIP WALL | ● ● ● ● |
| 33 | A-FRAME CARGO | ● ● ● ● |
| 34 | FIRE JUMP | ● ● ● ● |

