

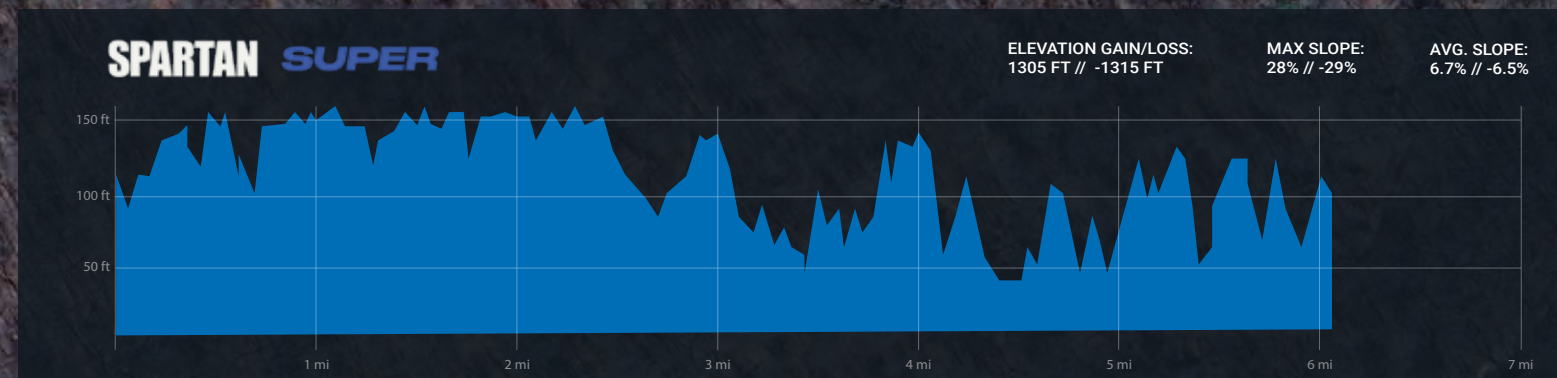
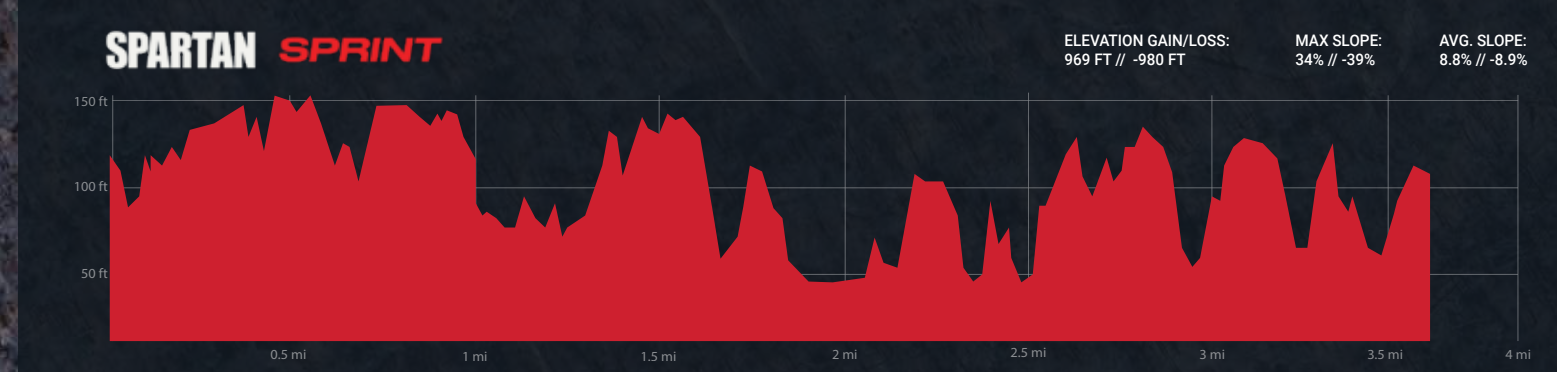


KEY

Start
 Kids Start
 Water/Pack Refill
 Super/Sprint Course
 Mile Marker
 Parking Area
 Finish
 Kids Finish
 *Obstacle
 Kids Course
 Festival Area

OBSTACLE GUIDE

- 1 HURDLES
- 2 OVER WALLS (4' WALLS)
- 3 INVERTED WALL
- 4 GULLY CLIMB
- 5 7' WALL
- 6 OLYMPUS
- 7 STAIRWAY TO SPARTA
- 8 BENDER
- 9 THE BOX
- 10 BARBED WIRE CRAWL
- 11 TYROLEAN TRAVERSE
- 12 BEATER
- 13 Z WALL
- 14 ATLAS CARRY
- 15 SPEAR THROW
- 16 SANDBAG CARRY
- 17 BARBED WIRE CRAWL #2
- 18 ROLLING MUD
- 19 DUNK WALL
- 20 SLIP WALL
- 21 TITAN FITNESS MULTI-RIG
- 22 ROPE CLIMB
- 23 MONKEY BARS
- 24 BUCKET CARRY
- 25 HELIX
- 26 HERCULES HOIST
- 27 CRAFT A-FRAME CARGO
- 28 VERTICAL CARGO
- 29 FIRE JUMP



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.

*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The penalty for Competitive racers (red headbands) on ALL pass/fail obstacles is a penalty loop. The penalty for Open heat racers (black headbands) will be EITHER a penalty loop OR 30 burpees; course signage will indicate which penalty to expect. The Rules of Competition can be found on the Spartan website.