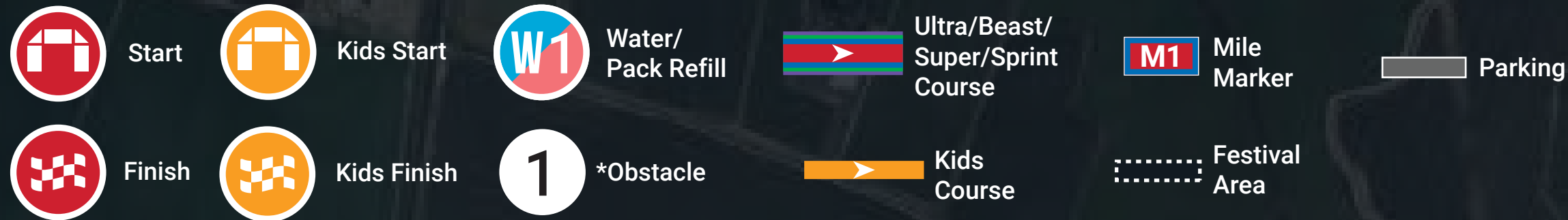


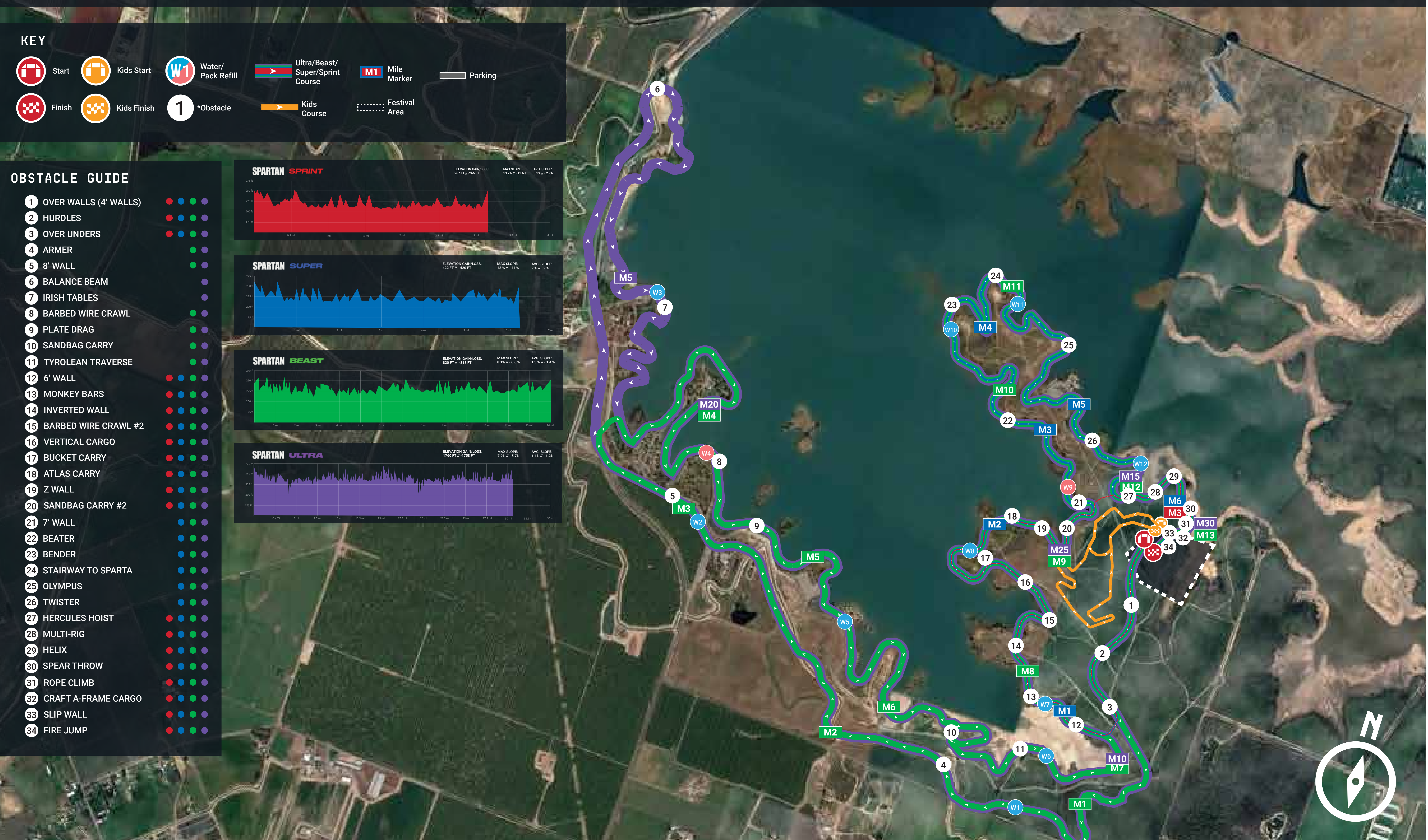
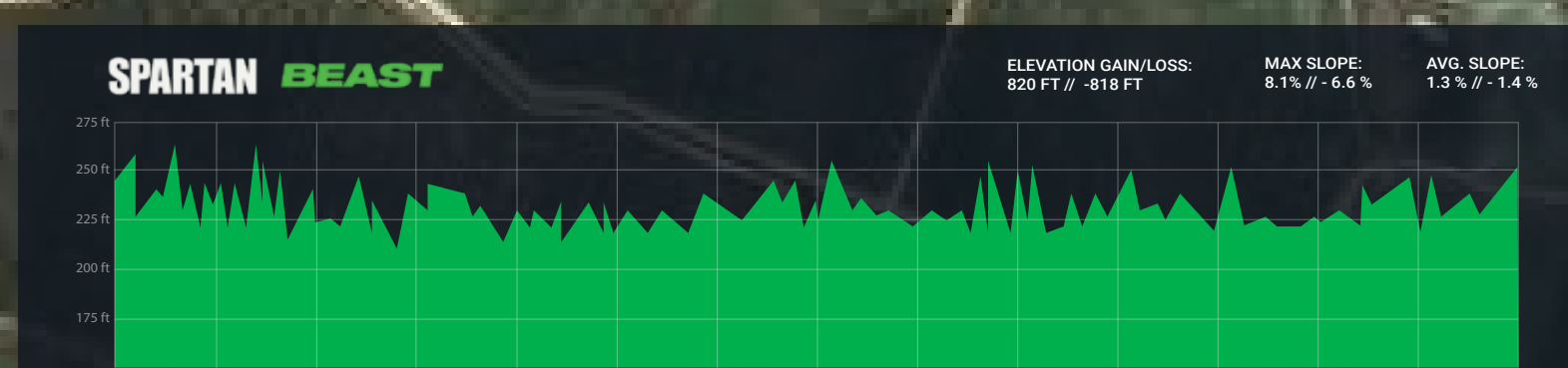
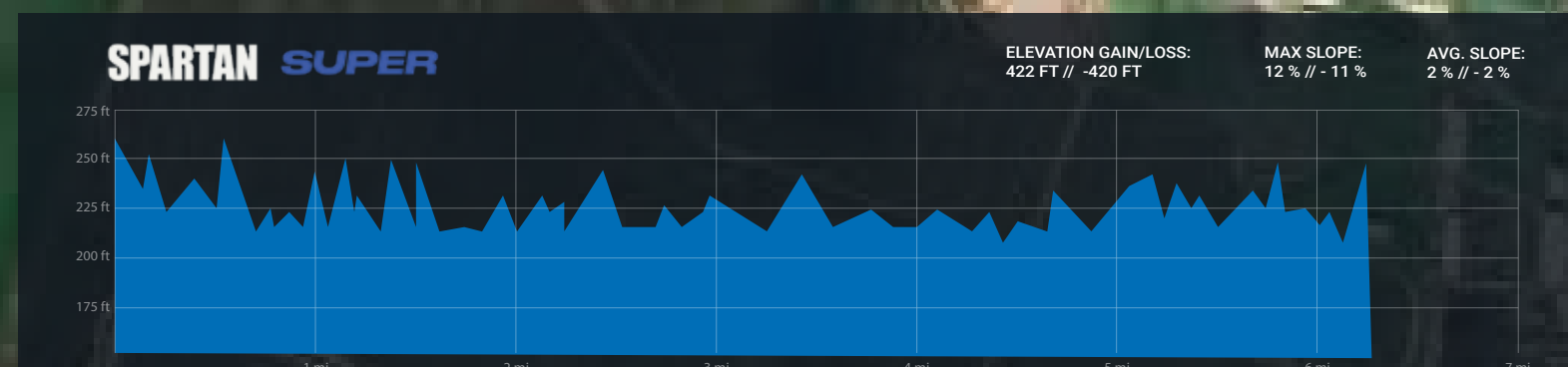
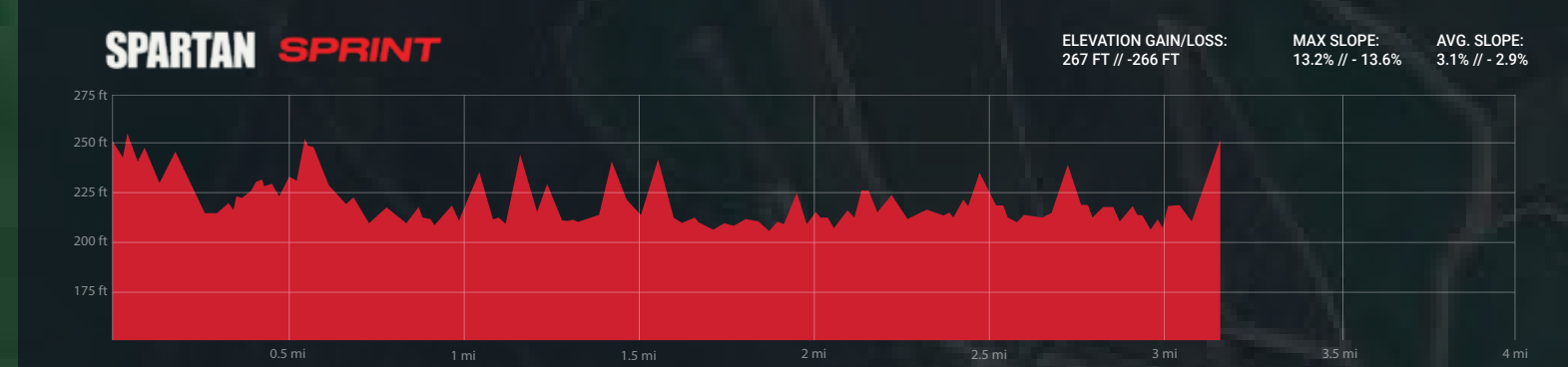


KEY



OBSTACLE GUIDE

- 1 OVER WALLS (4' WALLS) ● ● ● ●
- 2 HURDLES ● ● ● ●
- 3 OVER UNDERS ● ● ● ●
- 4 ARMER ● ● ● ●
- 5 8' WALL ● ● ● ●
- 6 BALANCE BEAM ● ● ● ●
- 7 IRISH TABLES ● ● ● ●
- 8 BARBED WIRE CRAWL ● ● ● ●
- 9 PLATE DRAG ● ● ● ●
- 10 SANDBAG CARRY ● ● ● ●
- 11 TYROLEAN TRAVERSE ● ● ● ●
- 12 6' WALL ● ● ● ●
- 13 MONKEY BARS ● ● ● ●
- 14 INVERTED WALL ● ● ● ●
- 15 BARBED WIRE CRAWL #2 ● ● ● ●
- 16 VERTICAL CARGO ● ● ● ●
- 17 BUCKET CARRY ● ● ● ●
- 18 ATLAS CARRY ● ● ● ●
- 19 Z WALL ● ● ● ●
- 20 SANDBAG CARRY #2 ● ● ● ●
- 21 7' WALL ● ● ● ●
- 22 BEATER ● ● ● ●
- 23 BENDER ● ● ● ●
- 24 STAIRWAY TO SPARTA ● ● ● ●
- 25 OLYMPUS ● ● ● ●
- 26 TWISTER ● ● ● ●
- 27 HERCULES HOIST ● ● ● ●
- 28 MULTI-RIG ● ● ● ●
- 29 HELIX ● ● ● ●
- 30 SPEAR THROW ● ● ● ●
- 31 ROPE CLIMB ● ● ● ●
- 32 CRAFT A-FRAME CARGO ● ● ● ●
- 33 SLIP WALL ● ● ● ●
- 34 FIRE JUMP ● ● ● ●



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.

*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The penalty for Competitive racers (red headbands) on ALL pass/fail obstacles is a penalty loop. The penalty for Open heat racers (black headbands) will be EITHER a penalty loop OR 30 burpees; course signage will indicate which penalty to expect. The Rules of Competition can be found on the Spartan website.