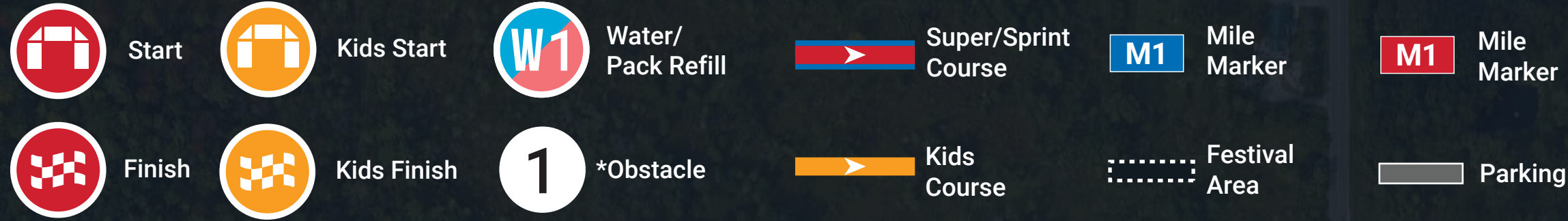


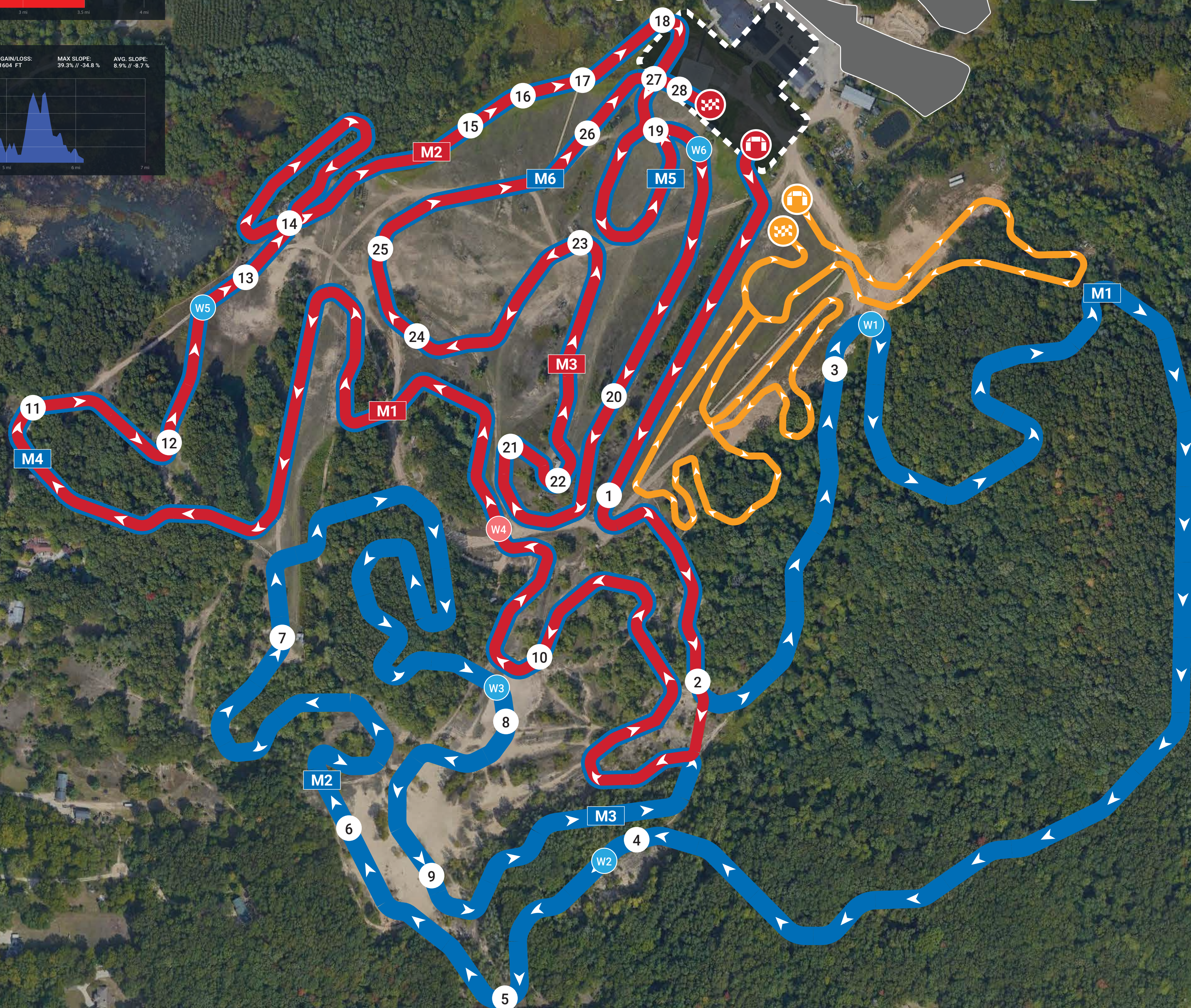
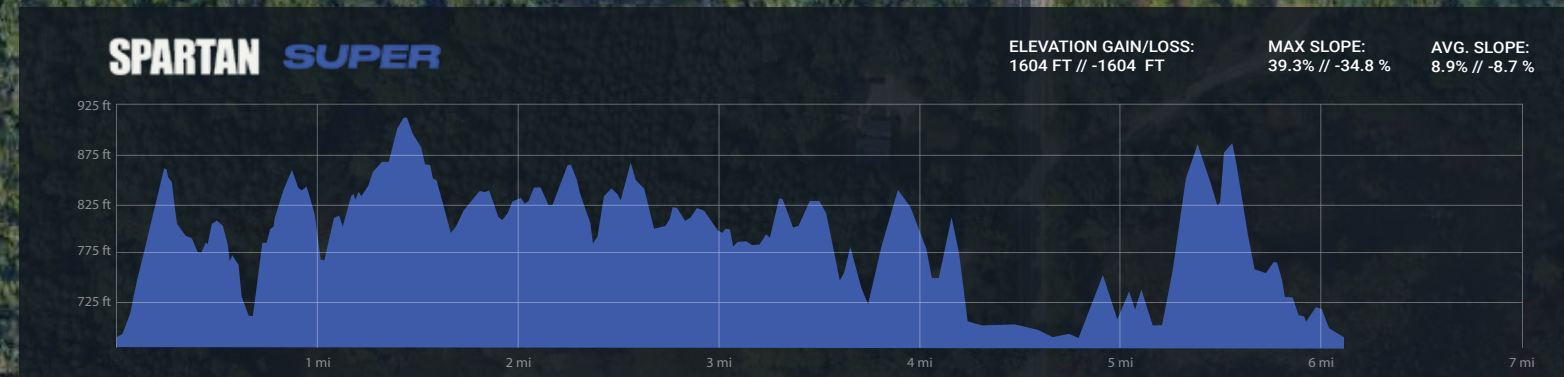
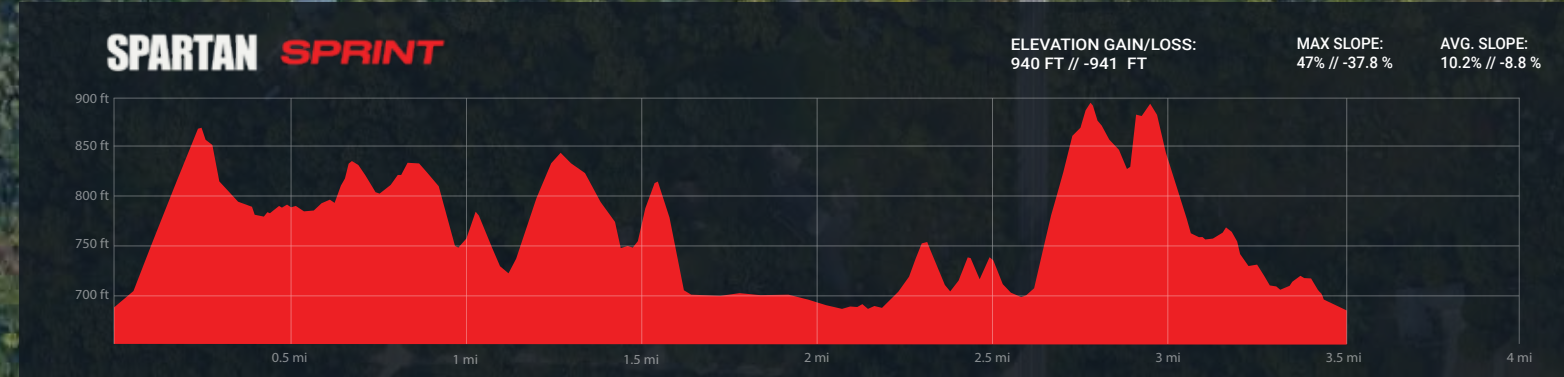


KEY



OBSTACLE GUIDE

- 1 OVER WALLS (4' WALLS) ● ●
- 2 HURDLES ● ●
- 3 7' WALL ● ●
- 4 BENDER ● ●
- 5 BEATER ● ●
- 6 THE BOX ● ●
- 7 STAIRWAY TO SPARTA ● ●
- 8 OLYMPUS ● ●
- 9 TWISTER ● ●
- 10 6' WALL ● ●
- 11 Z WALL ● ●
- 12 INVERTED WALL ● ●
- 13 HERCULES HOIST ● ●
- 14 BUCKET CARRY ● ●
- 15 ROLLING MUD ● ●
- 16 DUNK WALL ● ●
- 17 SLIP WALL ● ●
- 18 HELIX ● ●
- 19 SANDBAG CARRY ● ●
- 20 BARBED WIRE CRAWL ● ●
- 21 CLIFF CLIMB ● ●
- 22 MONKEY BARS ● ●
- 23 ROPE CLIMB ● ●
- 24 ATLAS CARRY ● ●
- 25 SEZZLE SPEAR THROW ● ●
- 26 TITAN FITNESS MULTI-RIG ● ●
- 27 CRAFT A-FRAME CARGO ● ●
- 28 FIRE JUMP ● ●



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.

*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The penalty for Competitive racers (red headbands) on ALL pass/fail obstacles is a penalty loop. The penalty for Open heat racers (black headbands) will be EITHER a penalty loop OR 30 burpees; course signage will indicate which penalty to expect. The Rules of Competition can be found on the Spartan website.