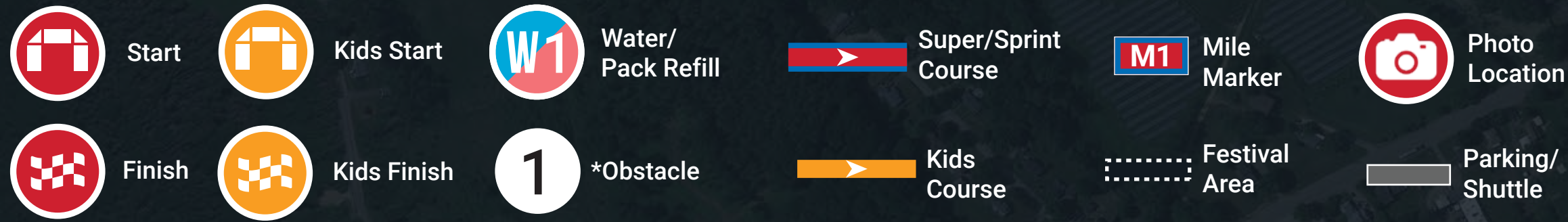




KEY



OBSTACLE GUIDE

- 1 OVER UNDERS
- 2 OVER WALLS (4' WALLS)
- 3 HURDLES
- 4 ROLLING MUD
- 5 DUNK WALL
- 6 SLIP WALL
- 7 BARBED WIRE CRAWL
- 8 6' WALL
- 9 SANDBAG CARRY
- 10 INVERTED WALL
- 11 MONKEY BARS
- 12 ROPE CLIMB
- 13 VERTICAL CARGO
- 14 CRAFT A-FRAME CARGO
- 15 BUCKET CARRY
- 16 Z WALL
- 17 TWISTER
- 18 PLATE DRAG
- 19 BENDER
- 20 BEATER
- 21 OLYMPUS
- 22 7' WALL
- 23 THE BOX
- 24 STAIRWAY TO SPARTA
- 25 SPEAR THROW
- 26 ATLAS CARRY
- 27 HERCULES HOIST
- 28 TITAN FITNESS MULTI-RIG
- 29 FIRE JUMP

