

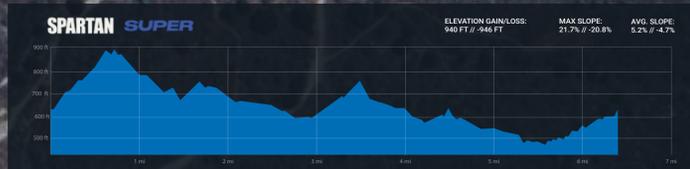


KEY

Start	Kids Start	Water/ Pack Refill	Super/Sprint Course	M1 Mile Marker	Parking/ Shuttle
Finish	Kids Finish	*Obstacle	Kids Course	Festival Area	

OBSTACLE GUIDE

- 1 7' WALL
- 2 STAIRWAY TO SPARTA
- 3 HURDLES
- 4 TWISTER
- 5 BEATER
- 6 OLYMPUS
- 7 BENDER
- 8 OVER WALLS (4' WALLS)
- 9 VERTICAL CARGO
- 10 MONKEY BARS
- 11 CRAFT A-FRAME CARGO
- 12 6' WALL
- 13 SANDBAG CARRY
- 14 INVERTED WALL
- 15 SPEAR THROW
- 16 Z WALL
- 17 MULTI-RIG
- 18 BUCKET CARRY
- 19 ROPE CLIMB
- 20 ATLAS CARRY
- 21 PLATE DRAG
- 22 DUNK WALL
- 23 BARBED WIRE CRAWL
- 24 SLIP WALL
- 25 HERCULES HOIST
- 26 FIRE JUMP



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.

*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The penalty for Competitive racers (red headbands) on ALL pass/fail obstacles is a penalty loop. The penalty for Open heat racers (black headbands) will be EITHER a penalty loop OR 30 burpees; course signage will indicate which penalty to expect. The Rules of Competition can be found on the Spartan website.