



KEY

Start

Kids Start

Water/  
Pack Refill

Super/Sprint  
Course

M1  
Mile  
Marker

Parking  
Lots

Finish

Kids Finish

\*Obstacle

Kids  
Course

Festival  
Area

OBSTACLE GUIDE

- 1

OVER UNDERS
- 2

OVER WALLS (4' WALLS)
- 3

BARBED WIRE CRAWL
- 4

MONKEY BARS
- 5

6' WALL
- 6

VERTICAL CARGO
- 7

BUCKET CARRY
- 8

INVERTED WALL
- 9

ATLAS CARRY
- 10

ROPE CLIMB
- 11

OLYMPUS
- 12

BENDER
- 13

BEATER
- 14

7' WALL
- 15

TWISTER
- 16

STAIRWAY TO SPARTA
- 17

SPEAR THROW
- 18

TRAVERSE WALL
- 19

SANDBAG CARRY
- 20

MULTI-RIG
- 21

ROLLING MUD
- 22

SLIP WALL
- 23

PLATE DRAG
- 24

HERCULES HOIST
- 25

CRAFT A-FRAME CARGO
- 26

FIRE JUMP

