

TOUGH MUDDER 2025



TOUGH MUDDER EVENT PROGRAM

TOUGHEST MUDDER ATLANTA
BOUCKAERT FARM
APRIL 26-27, 2025



United States
Border Patrol

HOW TO GET HERE

GENERAL PARKING:

10045 Cedar Grove Rd.
Fairburn, GA 30213

TRAVEL & LODGING

[HotelPlanner](#)

As our official hotel search engine, HotelPlanner offers exclusive discounted hotel blocks for all Tough Mudder participants!

TOUGH MUDDER ENDURANCE SERIES TOUGHEST MUDDER

WHAT IS TOUGHEST MUDDER?

Toughest Mudder is a 12-Hour overnight challenge. Starting at 8pm, participants take on a 5-Mile Course featuring a collection of some of our most insane obstacles. With individual and team relay format options, combined with age group categories and new awards + prizes, Toughest Mudder 2025 is your gateway to the extreme.

Think you have what it takes? Find out more about Toughest Mudder and the rest of the Tough Mudder Endurance Series here: <https://toughmudder.com/tough-mudder-endurance-series/>



TOUGHEST MUDDER ATLANTA APRIL 26TH, 2025

TOUGHEST EVENT SCHEDULE

Saturday, April 26th

5:00pm	Registration & Pit Check In Opens
7:15pm	Registration Closes, must be checked in by this time
7:30pm	Race briefing & start ceremony
8:00pm	Race Start
8:00pm	Start Line cutoff

TOUGHEST EVENT SCHEDULE

Sunday, April 27th

7:00am	Start line closes, pick up begins for official finisher items
8:00am	Finish line closes, course is cleared
8:30am	Awards Ceremony: Overall, Age Group, & Team podiums
9:00am	Pit closed, all personal belongings must be cleared

WHAT TO EXPECT WHEN YOU ARRIVE:

- What to expect when you arrive: Bring your ticket and ID and prepare to display it at the registration tent. Once checked-in, you and your Pit Crew members will be allowed to proceed to the pit area to select a 10'x10' space.
- **What if I have questions? Have questions or need help? Visit our Mudder Services team when you arrive.**

RACE RULES AND REGULATIONS:

- Know the rules before you arrive! Be sure to view all of the [FAQs and Toughest Mudder competition rules here](#).
- The Race Director will share further information on race day around conduct, disqualifications and equipment.
- Penalties
 - Most obstacles are mandatory, but some have penalties if you fail. Expect tests of physical strength, dexterity and mental awareness .
- Timing chips
 - Each person will be allocated a specific chip which matches their bib and name when they check-in on Saturday.

PRE-EVENT DETAILS

Follow these Pre-Event instructions to ensure quick registration on event day.

- Visit the [Toughest Mudder Atlanta](#) event page on our website.
- Your specific start time will be in your [Active Tough Mudder account](#). You may start in any wave at or after your assigned start time.
- Sign your waiver.
- You must screenshot or print your QR code and bring your photo identification to mudder services on event day. [Click here](#) for instructions to around your start time.

For a complete description of each of our obstacles, [click here](#).

EVENT DAY REGISTRATION FLOW

Please show up at least 2 hours prior to the 8:00 PM Start Time.

BEFORE ARRIVAL: Print or screenshot your QR Code and bring Photo Identification.

STEP 1: Proceed to Registration Tent area and check in with a Tough Mudder Volunteer.

STEP 2: Present your photo identification and QR code to the Volunteer. Receive your wristband. You will receive:

- Wristband with Start Time and Bag Drop ID
- Free Drink Wristband and Over 21 Wristband

STEP 3: Once you have your start wave wristband, proceed to the Festival Area.

STEP 4: Visit the Festival Area where you will find Tough Mudder-approved partners/vendors, as well as our official merchandise tent.

STEP 5: Proceed to the start corral.

VENUE & COURSE DESCRIPTIONS

We are heading back to Bouckaert Farms in Fairburn Georgia this year for our 2025 Tough Mudder Atlanta event weekend. Home to a variety of equestrian outings, cinematic filming, & other events; Bouckaert Farms offers a variety of features from flat open fields to steep wooded trails & terrain.

Special Gear: Participants should plan to bring appropriate fuel for their needs. Nutrition will be provided in the Pit area's hospitality tent and electrolytes will be available on course. Hydration packs (or water containers of some variety) are strongly suggested for all participants. Please note that shoes with spikes are not allowed.

AID STATIONS

At each stop you will be able to drink as much water as you want, however we ask that you only take one (1) cup.

- **TOUGHEST MUDDER:** There will be three (3) aid station on-course.

ON-COURSE HYDRATION TIPS

- Make sure to fill your pack up prior to the event. You can purchase hydration packs at the merchandise tent on event day.
- Make sure you carry enough water to be able to keep yourself hydrated between stations.
- Make sure to stop at every aid station to get water, use your pack in between.
- We highly suggest carrying some type of electrolyte drink in addition to water.
- Make sure to properly hydrate in the week leading up to the event.

PIT AREA

- Every participant is allowed to select a 10'x10' marked pit space in the designated pit area.
- The Pit is positioned on a grassy area. Please ensure you have appropriate weights to secure your tent or canopy.
- The following items are prohibited from your pit area:
 - Open flames, fire, camp stoves, generators or fuel sources
 - Heaters or heat-generating devices
 - Any personal transportation, including bikes, scooters, etc.
 - Weapons or firearms
 - Alcohol or drugs
 - Pets and animals other than trained service animals
- You are responsible for cleaning your own pit area following the event. Dumpsters and trash bags will be provided, but any uncleaned pits may result in retroactive disqualification.
- Please do not leave any valuable items in your pit. Tough Mudder is not responsible for lost or stolen items. Parking is a short walk away, leave them in your car!

RACE PROCEDURE

- All obstacles are must complete, except for the following:
 - Electric Eel
 - Hangin' Tough
 - Just The Tip
 - Laying Pipe
 - Electroshock Therapy
- The first hour of the event is the Sprint Lap, where the only obstacles open will be Swamp Stomp and Mudderhorn. During this hour participants will run to spread out along the course. All other obstacles open and close on a rolling basis from 9:00 PM onward.
- Once participants have completed their 3rd lap (15 Official Miles), they will earn an obstacle bypass wristband that can be redeemed to skip any obstacle on course. An additional wristband will be earned at the completion of every subsequent lap.
- Please familiarise yourself with the [Official Rules of Competition](#) prior to race day.

SAFETY

- You MUST be able to swim 100 meters without assistance if you attempt water obstacles.
- There is one electric obstacle on course, please do not attempt it if you have a heart condition, metal in your body, history of neurological conditions, or are pregnant. You must complete the penalty for any electric obstacle you do not complete.
- Race Officials and Medical Officials may require any Athlete to submit to a medical check at any time throughout the race. If an Athlete is determined to be unfit to continue in competition, the Athlete will be removed from the race and will receive a Medical Disqualification. The Senior Medical Official's decision is final and not subject to appeal
- Athletes requiring medical transport from the course to the medical tent will automatically be medically disqualified

COURSE CUTOFFS

For TOUGHEST MUDDER formats only, Tough Mudder will operate during night time hours. For this reason, all participants are required to wear a headlamp during the “Dark Ops” timeframe from the hours of 6:00 PM to 8:00 AM. Any participants remaining on course after 8:00 AM will be directed back to the Pit area in the most direct path possible.

INCLEMENT WEATHER

In the event of inclement weather such as lightning, tornadoes, hurricanes, and the like, Tough Mudder reserves the right to eliminate obstacles, select portions of the course or cancel the event in order to ensure the safety of runners, volunteers, and staff. As always, weather can be unpredictable.

EQUIPMENT & CLOTHING

- All participants are encouraged to bring a change of clothes, shoes, and a plastic bag for wet and muddy items. There will be changing tents at the event. Please plan your post-event gear accordingly.
- Hydration packs are strongly recommended for all participants.
- Shoes with spikes are not allowed.
- Our official merchandise tent will open at the same time as the festival area. Forget your running shoes, change of clothes, spare socks? We can help.

OFFICIAL MERCHANDISE TENT

Whatever the weather, we've got you covered.

- Sunglasses, sunscreen, rain gear
- Venue specific products - let the world know where you conquered a Tough Mudder
- OCR specific footwear, apparel, socks and gloves

MUDDER VILLAGE EXPERIENCE

Mudder Village will feature leading national and local partners with highly experiential activations and free swag to accompany your day in the mud. Come early before your start wave to connect with other Mudders in the community and plan to stay well after your event to enjoy your free finisher beer while the party keeps going with a live DJ. Learn more about the National partners who will be on-site below.

- Need a little boost before and after you hit the course? Ice cold cans of [REIGN Total Body Fuel](#) are available to help you fuel, refresh, and recover with zero sugar, zero calories and zero artificial flavors or colors. Make sure to grab a free REIGN x Tough Mudder neck gaiter, and don't miss your chance to win some epic swag from the main stage.
- Meet [Border Patrol](#) Agents to learn about exciting career opportunities with the nation's largest law enforcement organization. We look forward to meeting you at our booth to chat about the life and perks of being an Agent.
- Stop by the [Wilde](#) booth to enjoy better-for-you snacking with a bag of their crispy protein chips! These chips are crafted from chicken breast, bone broth, and egg whites - packed with protein to fuel you and with flavor to fire you up. Get WILDE!
- Stop by the [Dr. Squatch](#) booth to receive a complimentary mini bricc of their handmade, cold processed, and expertly scented men's bar soap. Make sure to wash up with Dr. Squatch after taking on the mud.
- Looking for a wine as unwavering as you are? Stop by the [Juggernaut Wines](#) tent and see how grit and determination can yield spectacular results. Sample wines as expressive as the alpha predators adorning their labels. Adventure Awaits, after the finish line (for those aged 21+).

VOLUNTEERS

Want to run for free? Experience Tough Mudder in a new way and volunteer with us! Celebrate at the Start, Finish, or encourage our participants at the obstacles. [Explore the Volunteering Possibilities here!](#)

Have a team, company or group interested in volunteering together? Email mvp@toughmudder.com to coordinate!

SUPPORT CREW

- All support crew ages 12 and over must be registered and have purchased the pit crew/spectator entry prior to entering the venue.
Members under 12 years of age must be accompanied by an adult 18 years or over and must be supervised at all times.
- You can pre-purchase Support Crew passes on the [event webpage here](#)
- Pit crew members must display their official credentials throughout the evening for access to the pit area. Pit crew are welcome to enjoy the hospitality amenities available to participants.
- Pit crew may provide food, beverages, clothing and gear support to their participants in the pit area only. No assistance of any kind may be provided on course.
- Pit crew will be able to access limited areas of the course to spectate and speak with their participant. Please stay on marked pit path.
- Any unauthorized on course assistance may result in disqualification.

CONTACT TM HQ

For any questions or concerns that haven't been addressed here, please visit our [contact](#) and [FAQ page](#). We will see you out in the mud!

HOORAH!