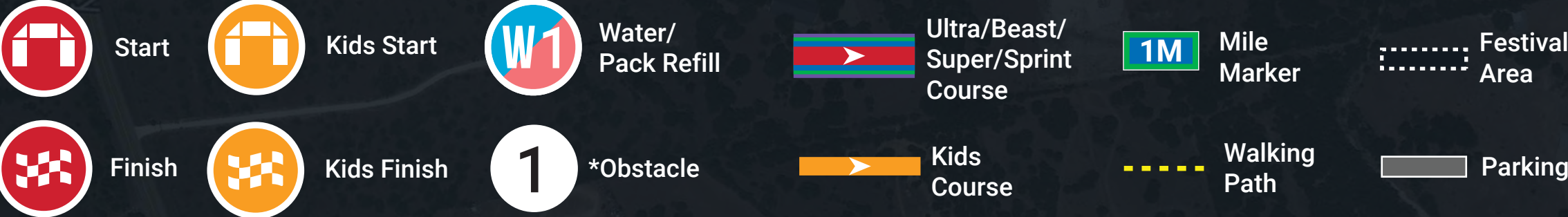




KEY



OBSTACLE GUIDE

- 1 HURDLES
- 2 OVER WALLS (4' WALLS)
- 3 6' WALL
- 4 BENDER
- 5 7' WALL
- 6 TWISTER
- 7 STAIRWAY TO SPARTA
- 8 OLYMPUS
- 9 CHAIN CARRY
- 10 BEATER
- 11 ARMER
- 12 MEMORY TEST
- 13 PLATE DRAG
- 14 SANDBAG CARRY
- 15 BARBED WIRE CRAWL
- 16 TYROLEAN TRAVERSE
- 17 8' WALL
- 18 INVERTED WALL
- 19 BARBED WIRE CRAWL #2
- 20 VERTICAL CARGO
- 21 HERCULES HOIST
- 22 CARGO NET GROUND CRAWL
- 23 ROPE CLIMB
- 24 MONKEY BARS
- 25 BUCKET CARRY
- 26 Z WALL
- 27 BALANCE BEAM
- 28 SANDBAG CARRY #2
- 29 ATLAS CARRY
- 30 SPEAR THROW
- 31 HELIX
- 32 SLIP WALL
- 33 MULTI-RIG
- 34 FIRE JUMP

