



KEY

Start

Kids Start

Water/
Pack Refill

Beast/Super/
Sprint Course

M1
Mile
Marker

Parking

Finish

Kids Finish

*Obstacle

Kids
Course

Festival
Area

OBSTACLE GUIDE

- 1

OVER WALLS (4' WALLS)
- 2

HURDLES
- 3

BARBED WIRE CRAWL
- 4

SLIP WALL
- 5

BARBED WIRE CRAWL #2
- 6

MONKEY BARS
- 7

6' WALL
- 8

HERCULES HOIST
- 9

ROPE CLIMB
- 10

BUCKET CARRY
- 11

PLATE DRAG
- 12

INVERTED WALL
- 13

BENDER
- 14

IRISH TABLES
- 15

OLYMPUS
- 16

7' WALL
- 17

OVER UNDERS
- 18

SANDBAG CARRY
- 19

CHAIN CARRY
- 20

TYROLEAN TRAVERSE
- 21

ARMER
- 22

8' WALL
- 23

BEATER
- 24

TWISTER
- 25

STAIRWAY TO SPARTA
- 26

ATLAS CARRY
- 27

VERTICAL CARGO
- 28

Z WALL
- 29

MULTI-RIG
- 30

SANDBAG CARRY #2
- 31

A-FRAME CARGO
- 32

SPEAR THROW

