

TOUGH MUDDER 2024



TOUGH MUDDER EVENT PROGRAM

COLORADO

FORT CARSON

JULY 20-21, 2024



Presented by AAA



EXPECT *something* MORE™







HOW TO GET HERE

GENERAL PARKING:

Fort Carson
2700 Wilderness Rd.
Gate 6
Fort Carson, CO 80913

Note: Gate 6 is the only gate that will be open for event parking

TRAVEL & LODGING

[HOTEL ENGINE](#)

As our official lodging partner, Hotel Engine is saving Tough Mudders up to 60% on hotel lodging for event day and beyond. Sign up for free to enjoy exclusive rates, extra rewards, huge selection and 24/7 US-based support.

TOUGH MUDDER INFINITY

WHAT IS TOUGH MUDDER INFINITY?

Tough Mudder Infinity is the entry-level offering in the Tough Mudder Endurance Series, combining an 8-hour multi-lap race format with Tough Mudder's 10+ Mile and 3-5 Mile courses.

Here's how it works:

- Infinity participants will don their purple race bib & timing chip, and assemble at the start to be first out on course at 7:45 AM on a Saturday morning
- All Infinity participants will tackle a lap of the 10+ mile course first.
- After finishing their 10 + mile lap, Infinity participants will have the choice between going out for an additional 3-5 mile or 10+ mile laps to rack up mileage.
- A dedicated drop zone in the festival will give dedicated space to stash your gear, allowing you to refuel and refresh in between laps. Plus, you'll have access to all of the Mudder Village amenities.
- Obstacles will have dedicated bypass lanes for Infinity participants to allow them to advance to the front for expedited access. Plus, you'll have the help of thousands of fellow Mudders on course.
- The cutoff time for starting another 10+ mile lap is 1:45 PM. The last 3-5 mile lap start cutoff time is 3:45 PM. The course will close at 4:45 PM.

Think you have what it takes? Find out more about Tough Mudder Infinity and the rest of the Tough Mudder Endurance Series here: <https://toughmudder.com/tough-mudder-endurance-series/>



**TOUGH MUDDER COLORADO
JULY 20TH - 21ST, 2024**

**Infinity, 10M and 3-5M EVENT SCHEDULE
Saturday, July 20th**

| | |
|---------|--------------------------------|
| 7:00am | Registration Opens |
| 7:00am | Festival and Merchandise Opens |
| 7:45am | Infinity Wave Start |
| 8:00am | First 10M Wave |
| 10:00am | First 3-5M Wave |
| 11:45am | Last 10M Wave |
| 12:45pm | Last 3-5M Wave |
| 1:00pm | Registration Closes |
| 4:00 pm | Festival Challenge |
| 6:00pm | Festival Closes |

**10M and 3-5M EVENT SCHEDULE
Sunday, July 21st**

| | |
|---------|--------------------------------|
| 8:00am | Registration Opens |
| 8:00am | Festival and Merchandise Opens |
| 9:00am | First 10M Wave |
| 9:00am | First 3-5M Wave |
| 10:45am | Last Wave - All Distances |
| 11:00am | Registration Closes |
| 2:00 pm | Festival Challenge |
| 6:00pm | Festival Closes |

*Schedule subject to change

PRE-EVENT DETAILS

Follow these Pre-Event instructions to ensure quick registration on event day.

- Visit the [Tough Mudder Colorado](#) event page on our website.
- Your specific start time will be in your [Active Tough Mudder account](#). You may start in any wave at or after your assigned start time.
- Sign your waiver.
- You must screenshot or print your QR code and bring your photo identification to mudder services on event day. [Click here](#) for instructions to around your start time.

For a complete description of each of our obstacles, [click here](#).

EVENT DAY REGISTRATION FLOW

Please show up at least 1 hour prior to your Start Time. Note that all Mudders may run in their designated wave time or any wave after your assigned time on that day. Please note the final wave time of the day in the schedule.

BEFORE ARRIVAL: Print or screenshot your QR Code and bring Photo Identification.

STEP 1: Proceed to Registration Tent area and check in with a Tough Mudder Volunteer.

STEP 2: Present your photo identification and QR code to the Volunteer. Receive your wristband. You will receive:

- Wristband with Start Time and Bag Drop ID
- Free Drink Wristband and Over 21 Wristband

STEP 3: Once you have your start wave wristband, proceed to the Festival Area.

STEP 4: Visit the Festival Area where you will find Tough Mudder-approved partners/vendors, as well as our official merchandise tent.

STEP 5: Proceed to the start corral.

VENUE & COURSE DESCRIPTIONS

We are heading to Fort Carson in Colorado Springs Co. Fort Carson is known and the “Mountain Post” as it is situated at the base of Cheyenne Mountain(Norad). While its the first time for Tough Mudder here, it is not new to the OCR world. This technical and hilly terrain is sure to give you your money's worth when it comes to any of the distances you may chose to run. All participants will enter through [Gate 6](#) off of Hwy 115. This gate will have open access for both event days and visitors passes are NOT required for event day access. Click this [LINK](#) to get a Google maps pin location of the Gate 6 entry point. Anyone trying to access the base prior to event days will be required to have a pass issued at the Gate 1 Visitors center. The visitors center reserves the right to limit or reduce/refuse access to anyone prior to event days.

Special Gear: Participants should plan to bring appropriate fuel for their needs. Nutrition and electrolytes will be available on course. Hydration packs (or water containers of some variety) are strongly suggested for all participants. Please note that shoes with spikes are not allowed.

AID STATIONS

At each stop you will be able to drink as much water as you want, however we ask that you only take one (1) cup. All participants will have the ability to fill their hydration pack at the Start Line.

- **10M:** There will be six (9) aid stations on course, This includes two (2) hydration pack refill stations and includes two (2) fuel stations where nutrition and/or electrolytes will be provided. In addition to the locations on course, there will be a start line water station you can use prior to starting.
- **3-M:** There will be three (3) aid stations on course.

ON-COURSE HYDRATION TIPS

- Make sure to fill your pack up prior to the event. You can purchase hydration packs at the merchandise tent on event day.
- Make sure you carry enough water to be able to keep yourself hydrated between stations.
- Make sure to stop at every aid station to get water, use your pack in between.
- We highly suggest carrying some type of electrolyte drink in addition to water.
- Make sure to properly hydrate in the week leading up to the event.
- Grab a complimentary [Kodiak](#) bar on-course (10+ Mile Course Only) and when you cross the finish. Kodiak bars are crafted with 100% whole grains and are protein packed, offering nourishing, great-tasting products that provide the hearty nutrients you need to crush the course and feel great.
- [PRIME Hydration](#), Tough Mudder's Official Electrolyte Sports Drink, fills the void where great taste meets function. PRIME will be available on-course and at the finish to help you refresh, replenish, and refuel.

COURSE CUTOFFS

As a safety precaution for participants, Tough Mudder only operates in daylight hours. All participants must be at the finish line by sunset. Any participants remaining on course after sunset will be directed back to the Festival Area in the most direct path possible. You will not get a refund or a future event credit in the event of removal from course.

INCLEMENT WEATHER

In the event of inclement weather such as lightning, tornadoes, hurricanes, and the like, Tough Mudder reserves the right to eliminate obstacles, select portions of the course or cancel the event in order to ensure the safety of runners, volunteers, and staff. As always, weather can be unpredictable.

EQUIPMENT & CLOTHING

- All participants are encouraged to bring a change of clothes, shoes, and a plastic bag for wet and muddy items. There will be changing tents at the event. Please plan your post-event gear accordingly.
- Hydration packs are strongly recommended for all participants.
- Shoes with spikes are not allowed.
- Our official merchandise tent will open at the same time as the festival area. Forget your running shoes, change of clothes, spare socks? We can help.

OFFICIAL MERCHANDISE TENT

Whatever the weather, we've got you covered.

- Sunglasses, sunscreen, rain gear
- Venue specific products - let the world know where you conquered a Tough Mudder
- OCR specific footwear, apparel, socks and gloves

MUDDER VILLAGE EXPERIENCE

Mudder Village will feature leading national and local partners with highly experiential activations and free swag to accompany your day in the mud. Come early before your start wave to connect with other Mudders in the community and plan to stay well after your event to enjoy your free finisher beer while the party keeps going with a live DJ. Learn more about the National partners who will be on-site below.

- Thought the course was hard? Now it's time to celebrate HARDER with [The Beast Unleashed](#) & Nasty Beast Hard Tea! Flavors you know, now brewed hard at 6% ABV. You will have the choice between a complimentary finisher beer or finisher malt beverage provided by [Oskar Blues](#) and Monster's The Beast. Cheers your muddy finish with a can of Dale's Light Lager or Monster's The Beast malt beverage flavors! (for those aged 21+).
- Need a little boost before and after you hit the course? Ice cold cans of [REIGN Total Body Fuel](#) are available to help you fuel, refresh, and recover with zero sugar, zero calories and zero artificial flavors or colors. Make sure to grab a free REIGN x Tough Mudder neck gaiter, and don't miss your chance to win some epic swag from the main stage.
- Meet [Border Patrol](#) Agents to learn about exciting career opportunities with the nation's largest law enforcement organization. We look forward to meeting you at our booth to chat about the life and perks of being an Agent.
- [SHIELD Health and Fitness](#) is a Made in USA manufacturer who makes performance tapes for training, racing, and recovery. Come to the SHIELD Health and Fitness booth for some support pre or post racing - they will be offering taping services, taping tips (for training, course running, and recovery) and product offers at special Tough Mudder Pricing!
- [Crown Royal](#) is a Canadian blended whisky known for its smoothness and rich flavor profile, crafted using a meticulous blend of grain whiskies. Stop by for complementary samples here at the race, located near the beer tents.

VOLUNTEERS

Want to run for free? Experience Tough Mudder in a new way and volunteer with us! Celebrate at the Start, Finish, or encourage our participants at the obstacles. Explore the possibilities here: [Volunteer Sign Up Link](#)
Have a team, company or group interested in volunteering together? Email mvp@toughmudder.com to coordinate!

SPECTATOR PASSES

- Some venues have unique spectator viewing access to get your favorite Tough Mudder's picture. All spectators need a Mudder Village Pass to spectate the event.
- You can pre-purchase Mudder Village Passes for spectators [on the event webpage here](#) at the cheapest available price of \$15.
- On-the-day spectator tickets are also available to purchase for \$20 at Mudder Services. Please note there can be queues to purchase onsite tickets, to avoid these we advise purchasing prior to arriving onsite.
- Spectators will check-in on event day the same way as participants at Registration. Please have your Ticket and Government-issued photo ID ready to show on arrival to site.
- **NOTE:** We recommend taking a screenshot of your QR Code for quick-reference when you check in at Registration.
- Food, drink and sponsor product will be available for purchase.

CONTACT TM HQ

For any questions or concerns that haven't been addressed here, please visit our [contact](#) and [FAQ page](#). We will see you out in the mud!

HOORAH!