

SOUTH AFRICA PACKING LIST

THE ABSOLUTE ESSENTIALS FOR YOUR SOUTH AFRICAN ADVENTURE

Make sure you're fully prepped for the adventure ahead with our essential packing list for South Africa.

CLOTHING MUST-HAVES

Cover your arms and legs when the sun goes down to keep bugs at bay, and invest in an insulating fleece - the temperature drops dramatically as you climb the higher peaks of the Cape.

- ✓ Insect repellent shirts
- ✓ Moisture wicking t-shirts
- ✓ Sun-proof shirts with collar
- ✓ Walking trousers
- ✓ Travel shorts
- ✓ Lightweight waterproof jacket
- ✓ Packable microfleece
- ✓ Walking shoes

ESSENTIAL ACCESSORIES

With the pulsing heat and pesky mosquitoes that are prevalent in SA, it's vital that you have adequate protection.

- ✓ Rucksack
- ✓ Mosquito net/insect repellent sleep liner
- ✓ Money belt
- ✓ Torch
- ✓ Desert hat
- ✓ Sunglasses
- ✓ Walking pole

ELECTRONICS

Don't forget to pack your camera and capture images of unique vegetation on your way up to the peak of Table Mountain.

- ✓ Mobile phone
- ✓ Camera (don't forget your SD card!)
- ✓ Device chargers
- ✓ Portable power bank

HYGIENE & MEDICAL KIT

- ✓ Antiseptic cream
- ✓ First aid kit
- ✓ Insect repellent spray
- ✓ Anti-malaria tablets
- ✓ Anti-inflammatory cream
- ✓ Sunscreen

IMPORTANT DOCUMENTS

- ✓ Vaccination certification document
- ✓ Travel insurance
- ✓ Passport
- ✓ Certified copy of passport
- ✓ Visa

Whether you're trekking Table Mountain, exploring a game reserve or discovering your roots at the Cradle of Humankind - make sure you're prepared with our packing list for South Africa.