

TELUS Wise® smartphone and technology contract for parents/guardians and children



At TELUS, we believe smartphone and technology ownership is a privilege and there are rules and responsibilities that everyone should follow to help have a positive experience as digital citizens.

This contract outlines some basic rules and responsibilities of smartphone ownership. It can also apply to other connected devices including iPods, tablets, wearables and more, and is designed to keep the lines of communication open between parents/guardians and children, and establish safe and healthy smartphone and technology usage and boundaries.

Child

- I will always ask for permission before giving out personal information online. This includes my name, phone number, home or email address, school name, parent/guardian's names, work address, photos of myself and my family, etc.
- I will not share my passwords with anyone, except for my parents/guardians
- I will not engage in cyberbullying, and will talk to a trusted adult if I experience it or see it happening
- I will be kind and respectful online and will always think before I say, do or post anything online
- I will not share photos of others or tag them in photos without their permission. I understand that sharing intimate images is illegal in Canada and can lead to criminal charges
- I will ask first before downloading new apps, or clicking on links that I don't know are safe or come from an unknown sender
- I will not visit any websites that my parents/guardians would not approve of
- I will not disable parental controls that are meant to keep me safe
- I will respond to text messages and phone calls from my parents/guardians in a timely manner
- I will not buy or order anything online without asking permission
- I will not use my phone while driving, or at other inappropriate times (i.e. in class or when I'm supposed to be sleeping)
- I will be mindful of where, when and how much I use my devices and social media so that I can maintain a healthy relationship with technology.
- Other: _____
- Other: _____

Parent

- I will ensure my child activates the smartphone's lock function
- I will ensure my child sets a strong password (for the smartphone and any apps or social networking sites)
- I will ensure my child installs and/or activates the remote locate/lock/wipe software (for example, Find My iPhone), and keeps all software up to date
- I will ensure my child has geo-tagging turned off to avoid revealing their exact location in photos or via their social media accounts
- I will keep an eye on privacy and permission settings and know what information about my child is being shared publicly
- I will add family and emergency contacts to the smartphone and ensure my child is aware that they can and should contact me and/or dial 911 in an emergency
- I will ensure my child understands the potentially fatal consequences of distracted driving
- I will encourage my child to balance their device usage and participate in activities that don't involve screentime and will be a good role model for my child by managing my own screen use.
- Other: _____
- Other: _____

By signing this contract, we agree to the statements above and will have ongoing conversations about safe and healthy smartphone and technology usage.

Signed: _____

Signed: _____

Date: _____

Date: _____