

TELUS Wise®

Exploring cyberbullying through creative writing activity



Explore the emotional impact of cyberbullying through creative expression and develop empathy and understanding.

Overview:

Begin with a discussion about cyberbullying. Explain what it is, how it differs from traditional or in-person bullying, and its potential impact.

Discussion questions:

- What are some examples of cyberbullying?
- How might someone feel if they are being cyberbullied?
- Why is it important to stand up against cyberbullying?
- What can you do to support someone who is being cyberbullied?

Access our online workshops at telus.com/WiseWorkshops

