

What is your cybersecurity personality?

As our lives become increasingly digital, it's important to understand how our personal or sensitive information is stored or used online.

Take this quiz to find out what your cybersecurity personality is and for some new tips on keeping yourself safe in our digital world.

Track your answers and at the end, give yourself
1 point for each A response,
2 points for each B response and
3 points for each C response.

Add up your total at the end to find out what your cybersecurity personality is!



1. What best describes the term cybersecurity?
 - a. I've never heard of it
 - b. Software that protects your personal information
 - c. The act of protecting your information and tech from digital attacks
2. You hear about an email scam that is circulating. How do you protect yourself?
 - a. It wouldn't happen to me
 - b. Delete any suspicious emails
 - c. Delete any suspicious emails, pay close attention to the sender (look at their name and email address), be careful where you click, don't give out personal information and report it to the Canadian Anti-Fraud Centre
3. Who is most susceptible to an online cyber-attack?
 - a. Teens and seniors
 - b. People who aren't cyber safe
 - c. It can happen to anyone
4. How often do you update your passwords?
 - a. Rarely
 - b. Only when I forget my password and I'm prompted to reset it
 - c. Every few months; I like to act on the side of caution
5. How do you choose your new passwords?
 - a. I'm not great at remembering passwords, so I use my dog's name for everything
 - b. I create one strong password for everything – if it's strong, it should be okay
 - c. I create long, unique passwords for each log-in, with various character combinations
6. What is one way you can store your passwords safely?
 - a. Write it down on a sticky note and store it somewhere in my home
 - b. Keep a locked note in my phone with the list
 - c. Use a password manager
7. Your email has prompted you to set up multi-factor authentication. Should you do it?
 - a. No, it's a huge inconvenience
 - b. Only if I am prompted more than once
 - c. Yes, I do that for all my accounts online for the added security it offers
8. Do you use anti-virus software?
 - a. No
 - b. Yes, but it might not be up to date
 - c. Yes, and I update it regularly so I'm protected against the latest threats

9. You see a social media ad for an amazing pair of shoes for a great price and want to buy them. What is the first thing you do?
 - a. Buy it! What a great deal.
 - b. Click on the ad, add the shoes to my shopping cart but don't end up checking out because something doesn't feel right
 - c. Don't click - if it sounds too good to be true, it probably is!

10. You get a text from a family member asking for money, but you don't recognize the number. What would you do?
 - a. Ask them how they would like you to send the money
 - b. Ask a few more questions to figure out if they are legitimate or not, maybe they do really need your help
 - c. Do not answer. Try to contact the family member from your personal contact list to verify the situation

11. You receive a phone call about a package you ordered that is being held at the store. They ask you to confirm your credit card number. What do you do?
 - a. Give them the information, so I can see what package it is
 - b. Ask more questions to figure out what they're talking about
 - c. Hang up and report the call as fraudulent to the Canadian Anti-Fraud Centre

12. You download a new app but can't find their privacy settings. What are the next steps?
 - a. Use it anyway, my information isn't useful for anyone
 - b. Read some app reviews to see what others say - maybe it wasn't a good idea to download it
 - c. Delete the app - it may be accessing my personal information without my knowledge

Tally your points to determine your total.

A = 1 point **B** = 2 points **C** = 3 points

Your cybersecurity personality	Total:	How cyber secure are you?
Digital novice	12 points	You've started taking steps to protect your information online, but there is always room to grow! The more knowledge you have, the more steps you can take to keep yourself safe. Check out the resources below and be sure to follow the basic steps that can help you protect your information.
Perfectly proficient	13 - 24	You're almost there! While you have some great base knowledge, there's still room to grow to protect yourself online. Help strengthen your digital safety by visiting our recommended pages below.
Master of security	25 - 36	Congratulations! You have taken some great steps towards protecting your online safety. While you show good digital literacy, it's important to continue to educate yourself, friends and family in protecting yourselves in a digital world. Great work!

Learn more about how you can stay safe online. Read [Tips to stay secure online in 2023 and beyond](#).

Become a master of security for you and your family. Our [TELUS Wise helpful tips page](#) has a variety of suggestions to help you stay safe in our digital world.