

Think before you send

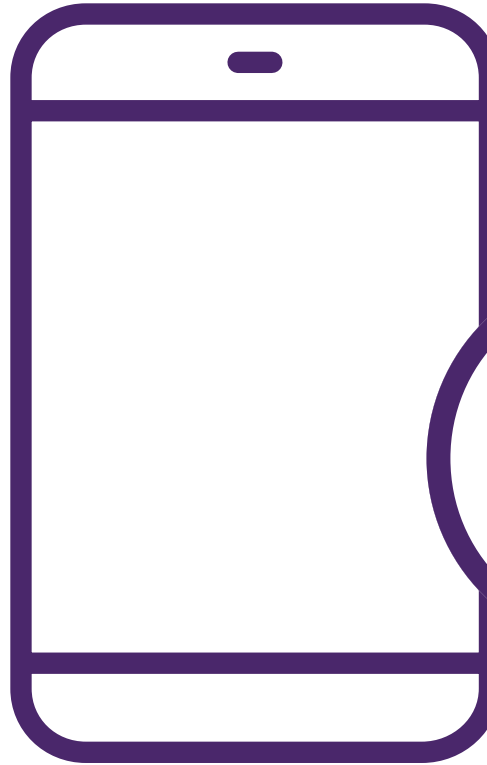
Grade 1 – 3

What you say online can hurt people's feelings just as much as if they were said in person. Sometimes, when we're feeling mad or frustrated with someone, we may feel like we want to say or do something to hurt their feelings in return. When we feel this way, it's best to take a break from the conversation and talk it out in person.

In this activity, you'll explore examples of emojis that can be used to make people feel good, and some that can make people feel hurt or sad.

Instructions: Cut out each of the emojis and paste the ones that you think would make someone feel good onto the drawing of the phone (say it), and the ones that you think would make someone feel hurt or sad in the thought bubble (think it).

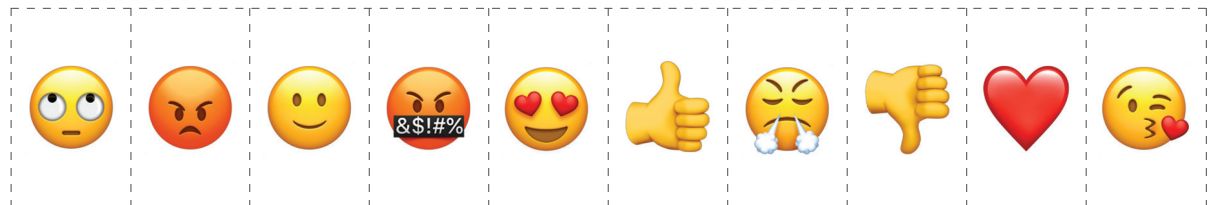
'Say it' emojis



'Think it' emojis



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Think before you send

Grade 4 – 6

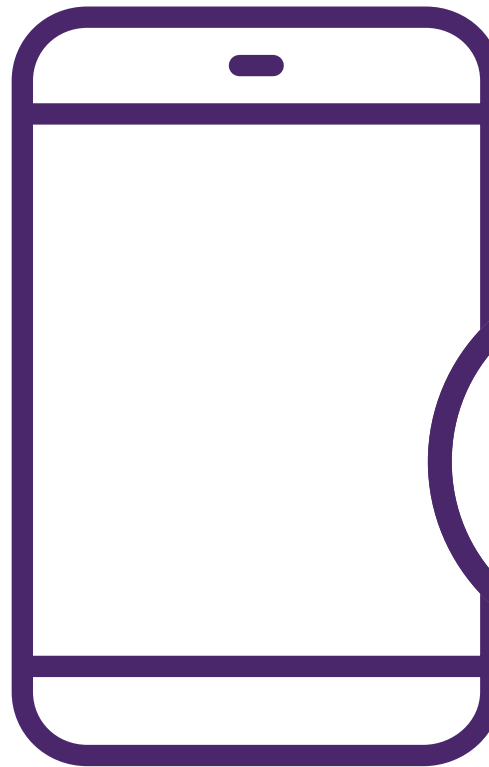
Have you ever received a mean message in a game or read a mean comment on YouTube? How would you feel if what you read was said to you in real life?

What you say online can hurt people's feelings just as much as if you said it in person. Sometimes, when we're feeling mad or frustrated with someone, we may feel like we want to say or do something that hurts their feelings in return. When we feel this way, it's best to take a break from the conversation and talk it out in person.

In this activity, you'll explore examples of phrases that can make people feel good, and some that can make people feel hurt or sad.

Instructions: Cut out each of the phrases and paste the ones that you think would make someone feel good onto the drawing of the phone (say it), and the ones that you think would make some feel hurt or sad in the thought bubble (think it).

'Say it' emojis



'Think it' emojis



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You make me happy.

You can't play with me.

You're a good reader.

Can you please help me?

Why did you wear your hair like that?

I don't care.

You're bad at math.

Do you want to sit with me at lunch?

Your lunch is weird.

I really like your hair today.

Thank you for being my friend.

I don't like your t-shirt.