NAT HAB
CULTURAL JOURNEYS

**Vibrant Traditions & Personal Connections**



# Cultures, Colors & Flavors of Argentina

*With Rich Local Insight, Discover Argentina's Soulful Rhythms & Eclectic Heritage*

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**Trip Details:**

Days
11 Days / Feb–Apr

Price
From $13495

# Cultures, Colors & Flavors of Argentina

*With Rich Local Insight, Discover Argentina's Soulful Rhythms & Eclectic Heritage*

From the cosmopolitan energy of Buenos Aires to the celebrated vineyards of Mendoza and remote villages in the canyons of the northwest, embrace Argentina's vibrant cultural soul. Watch an intimate tango performance, join gauchos for a traditional asado and folkloric music on a classic estancia, explore colonial cities and untouristed rural towns, and connect with local artisans and Indigenous communities. Travel north to Purmamarca and the foothills of the Andes, where the Hill of Seven Colors rises in vivid bands of layered rock. Food and wine are central to Argentina's culture, and our experience is replete with them: Share a mug of mate, enjoy a hands-on cooking experience with local ingredients, and visit family-run wineries to taste the Malbecs for which the country is fanous. Throughout, Argentina's richly layered heritage is revealed through its diverse people, dynamic traditions and dramatic landscapes.

## Trip Highlights

### Explore Culture, History & Food in Buenos Aires & Salta

Admire the capital's neocolonial architecture and elegant filigreed balconies, take in an intimate tango performance, and discover historic colonial Salta on foot

### In Mendoza, Sample Globally Famous Malbec Wines

Stay on a 100-year-old wine estate surrounded by vineyards, taste organic and biodynamic wines, enjoy a cooking class, and savor the acclaimed local olive oil

### Meet Local People in an Indigenous Andean Community

Amid the dramatic mountains and canyons of northwest Argentina, visit with weavers, farmers, flower growers and families whose roots here extend back 10,000 years



# Cultures, Colors & Flavors of Argentina Itinerary

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### Itinerary at a Glance

| | |
|---|---|
| **Day 1** | Arrive in Buenos Aires |
| **Day 2** | Discover the Flavors & Rhythms of Buenos Aires |
| **Day 3** | Experience Argentina's Gaucho Heritage |
| **Day 4** | Fly North to Jujuy & Colorful Purmamarca |
| **Day 5** | Meet Farmers & Cook with Local Ingredients |
| **Day 6** | Explore the Salinas Grandes & Andean Textile Traditions |
| **Day 7** | Explore Colonial Salta |
| **Day 8** | Fly to Mendoza Wine Country |
| **Day 9** | Discover Mendoza's Organic & Biodynamic Vineyards |
| **Day 10** | Taste Mendoza's Olive Oil Traditions |
| **Day 11** | Depart Mendoza |




Day 1

## Arrive in Buenos Aires

- Arrive in Argentina's capital, with individual airport transfers and host assistance
- Meet our Expedition Leader and fellow travelers for a welcome briefing and dinner

Arrive in Buenos Aires, Argentina's cosmopolitan capital and our introduction to the country's diverse cultural traditions. Individual transfers take us from the airport to our hotel, where there is time to settle in before gathering with our Expedition Leader and fellow travelers. This evening, we begin our journey over dinner at a local restaurant and get an introduction to the experiences ahead.

Day 2

## Discover the Flavors & Rhythms of Buenos Aires

- Explore notable neighborhoods, cafes and restaurants on a city tour with lunch
- Learn about Argentina's tango tradition from an expert before an intimate tango experience

Today we delve into Buenos Aires through the food, neighborhoods and traditions that define the city. Explore distinctive districts while stopping at notable cafes and restaurants, gaining insight into the many influences that have shaped the capital's culture and cuisine.

Later, turn to one of Argentina's most iconic art forms. A tango expert provides context for the music, history and social traditions behind the dance before we experience tango firsthand this evening.

Day 3

## Experience Argentina's Gaucho Heritage

- Explore San Antonio de Areco and visit workshops devoted to traditional silversmithing and leatherwork
- Gather at an estancia for a traditional Argentine barbecue lunch

Travel into the countryside to San Antonio de Areco, a town closely associated with Argentina's gaucho heritage. On a walking tour, discover local history and visit artisan workshops where crafts such as silversmithing and leatherwork continue traditions passed down through generations.

We then gather at an estancia for a traditional asado, the Argentine barbecue that is as much a social ritual as a meal. The day offers an intimate look at the craftsmanship, hospitality and rural traditions associated with gaucho culture.

Day 4

## Fly North to Jujuy & Colorful Purmamarca

- Fly to Jujuy and travel through northwest Argentina to Purmamarca
- Explore the town on foot and visit a local design project

This morning we fly north to Jujuy, entering a dramatically different region of Argentina shaped by high desert landscapes and Andean culture. After lunch en route, continue to Purmamarca, set amid the vividly colored mountains of northwest Argentina.

Take a walking tour through town and visit a local design project for an introduction to the region's creative traditions and contemporary community life. We settle into our hotel and gather for dinner this evening.

Day 5

## Meet Farmers & Cook with Local Ingredients

- Visit a flower grower in Maimará and a vegetable producer in Tilcara
- Harvest ingredients for a cooking experience and explore the historic Pucará de Tilcara

Today brings us closer to the agricultural traditions of northwest Argentina. In Maimará, meet a local flower grower before continuing to Tilcara to visit a vegetable producer. Learn about what is grown in this high-altitude environment, then harvest ingredients to use in a hands-on cooking experience.

Later, visit the historic Pucará de Tilcara, an archaeological site that offers another perspective on the region's long human history. We finish the day with dinner at a vineyard.



Ready to Book? Call an Adventure Specialist at 800-543-8917

Day 6

## Explore the Salinas Grandes & Andean Textile Traditions

- Experience the vast Salinas Grandes salt flats
- Share lunch in a nearby local community and learn traditional spinning and natural dyeing

Journey into the high-altitude landscapes of northern Argentina today to visit the **Salinas Grandes**, where brilliant white salt flats stretch across the Andean plateau.

Our exploration goes beyond the scenery as we spend time in a nearby community, sharing lunch and learning about traditional textile practices. Discover techniques for spinning fibers and creating colors with natural dyes, gaining insight into skills and knowledge rooted in generations of local tradition.

Day 7

## Explore Colonial Salta

- Travel to Salta for a guided walking tour and visit to the Museum of High Altitude Archaeology
- Enjoy a relaxed afternoon at our finca

Leave Purmamarca for Salta, known for its colonial architecture and strong regional identity. Explore the historic center on foot before visiting the Museum of High Altitude Archaeology, or MAAM, with a private guide.

The museum provides an important window into the Indigenous history and archaeology of the high Andes, including the Llullaillaco discoveries referenced in the catalog itinerary.

Afterward, settle into our finca and enjoy a leisurely afternoon.

Day 8

## Fly to Mendoza Wine Country

- Fly from Salta to Mendoza and enjoy lunch in a wine cellar, flight schedules permitting
- Settle into our lodge, with a possible cooking experience later in the day

This morning we fly to Mendoza, Argentina's celebrated wine region at the foot of the Andes. Depending on flight schedules, we arrive in time for lunch in a wine cellar—our first taste of the region's deep connection to vineyards, food and winemaking.

After settling into our lodge, the remainder of the day is relaxed.

Day 9

## Discover Mendoza's Organic & Biodynamic Vineyards

- Visit an organic vineyard and a biodynamic vineyard
- Enjoy lunch and wine tasting, with the evening free for dinner on your own

Spend today among Mendoza's vineyards, learning how different producers approach farming and winemaking. Visit both organic and biodynamic vineyards, meeting people connected to the region's wine culture and tasting wines in the landscapes where they are produced.

Lunch and a wine tasting are included during our exploration, while this evening is left open for travelers to choose their own dinner.

Day 10

## Taste Mendoza's Olive Oil Traditions

- Learn about local olive oil production during a visit to an olive factory
- Enjoy a free afternoon before gathering for a farewell barbecue dinner

Wine may be Mendoza's most famous product, but the region also has a longstanding tradition of olive cultivation. Today we learn about olive oil production during a visit to a local producer, gaining another perspective on the agriculture and flavors of the region.

The afternoon is deliberately unhurried, leaving time to relax at the lodge and prepare for departure. This evening, gather one final time for a farewell barbecue dinner, celebrating the experiences and people that have shaped our journey through Argentina.

Day 11

## Depart Mendoza

- Transfer individually to Mendoza Airport
- Continue home, return to Buenos Aires or begin a trip extension

Our cultural journey through Argentina concludes today. Individual transfers take travelers to Mendoza Airport for onward flights, whether returning to Buenos Aires, continuing home or beginning additional travels in Argentina.



# Cultures, Colors & Flavors of Argentina Accommodations

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## Nuss Hotel

In Buenos Aires' lively Palermo Soho neighborhood, this restored former convent features sleek modern styling, a lush central courtyard and a rooftop infinity pool overlooking the bustling streets.



## Hotel El Manantial del Silencio

Beneath Purmamarca's Hill of Seven Colors, this monastery-inspired hotel features colonial architecture, terracotta tile, sprawling gardens, Andean cuisine, and outdoor pool panoramic views of the multicolored hills beyond.



## Finca Valentina

Set amid sprawling gardens in the Andean foothills, this colonial-style country estate features mountain views, spacious verandas, terra cotta tiles, local textiles, an infinity pool and Argentine cuisine.



## Finca Adalgisa

This working vineyard estate in Mendoza features historic colorful buildings surrounded by Malbec vines, a relaxed solarium, an infinity pool, and lush gardens with courtyards, hammocks and fountains.

For detailed descriptions, visit nathab.com/cultural-journeys/argentina-food-wine-culture-tour/accommodations.

# What Makes Cultural Journeys Different?

*Cultures, Colors & Flavors of Argentina*

Argentina's culture comes alive through personal encounters—with gauchos and artisans, Indigenous families, cooks, vintners and local hosts who share the traditions that shape their communities. Traveling in a small group allows us to spend meaningful time in places larger tours often pass by, from family-run lodges and rural estancias to Andean villages and Mendoza vineyards. Along the way, food, music, craftsmanship and conversation become a deeper way to understand the country's diverse heritage and everyday life.

1. **Go Beyond Argentina's Familiar Highlights**
   This journey pairs Buenos Aires and Mendoza with the lesser-traveled landscapes and communities of northwest Argentina, revealing a side of the country many visitors never experience.

2. **Meet Local People in Their Own Communities**
   Spend time with Indigenous families, artisans, farmers and other local hosts whose stories and traditions offer a personal window into daily life across Argentina.

3. **Experience Argentina's Gaucho Heritage Firsthand**
   In San Antonio de Areco, meet master silversmiths and leather artisans before sharing a traditional asado at a historic estancia rooted in Argentina's gaucho culture.

4. **Discover Culture Through Food & Wine**
   From regional cooking experiences and traditional barbecue to vineyard lunches and Malbec tastings, food and wine become a way to understand Argentina's landscapes, history and people.

5. **Stay in Smaller, Character-Rich Properties**
   Rather than relying on large commercial hotels, the journey favors family-run lodges and vineyard properties that keep us closer to the character of each place.

6. **Travel in a Small Group for More Personal Encounters**
   With a maximum of 12 travelers, we can enter smaller homes, workshops and community spaces and spend more meaningful time with the people we meet. The Cultural Journeys model is intentionally designed around this intimate scale.

7. **Experience Argentina Through Living Traditions**
   Tango, Indigenous textile traditions, artisan crafts, gaucho culture, regional cuisine and winemaking are not simply demonstrations—they remain part of contemporary Argentine life, giving the journey a strong connection between past and present.



**Dates & Pricing Summary:**

Price
From $13495

Group Size
Limited to 12 Travelers

# Cultures, Colors & Flavors of Argentina Dates, Pricing & Info

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## 2028 Departures

| Departure – Return | Pricing | Notes |
|---|---|---|
| Dates not confirmed for 2028 | | |
| **Feb 6 - Feb 16, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |
| **Feb 20 - Mar 1, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |
| **Mar 5 - Mar 15, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |
| **Mar 19 - Mar 29, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |
| **Mar 26 - Apr 5, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |
| **Apr 9 - Apr 19, 2028** | **$13495** +internal air | Buenos Aires to Mendoza |

See https://www.nathab.com/cultural-journeys/argentina-food-wine-culture-tour/dates-fees for the latest pricing details.

## Included

Accommodations, services of Nat Hab's professional Expedition Leader(s), local guides, private transportation, all meals from dinner on Day 1 through breakfast on final day, some alcoholic beverages, some gratuities, airport transfers on Day 1 and the final day, all activities and entrance fees, all taxes, permits and service fees.

Internal air cost includes: All internal domestic flights (this will be listed separately on our invoicing)

## Not Included

Travel to and from the start and end point of your trip, some alcoholic beverages, some gratuities, passport and visa fees (if any), optional activities, items of a personal nature (phone calls, laundry and internet, etc.), airline baggage fee, airport and departure taxes (if any), required medical evacuation insurance, optional travel protection insurance.

## Important Information About This Trip

There are a few drives in Northern Argentina that are a bit long to get from Jujuy to Purmamarca, and then to Salta to fly to Mendoza. There is also a scenic, longer drive to the Salt Flats in northern Argentina, broken up with strategic stops for stunning views, meals, and bathroom breaks. Almost all travel in Morocco is done by road, as flights within the country are incredibly unreliable.

- Traveling by road lets us stop at less-touristed places and offers a deeper opportunity for cultural immersion.
- While some travel days will be long and involve long road transfers, the itinerary is designed to maximize your time spent in each place.

## Mandatory Insurance

Since the areas we travel to are remote and wild (that's why we go there!), we require that all guests have, at minimum, medical evacuation insurance for this program. This is for the safety of all guests. We require that your chosen independent insurance plan includes at least $250,000 in medical evacuation coverage.

To protect your investment and to provide peace of mind while you travel, we also strongly recommend purchasing comprehensive travel insurance. Plans may cover everything from medical treatment to trip cancellations and delays and lost luggage. Please contact our office if you would like more information about the medical evacuation and comprehensive travel insurance policies we offer by calling 800-543-8917.

## Getting There & Getting Home

This trip begins in Buenos Aires, Argentina and ends in Mendoza, Argentina. You must arrive at Ezeiza International Airport no later than 3 pm on Day 1 to make the welcome dinner and orientation starting at 6:00pm. You will meet your Expedition Leader and group at the group hotel in Buenos Aires.

You may depart from Mendoza at any time on the final day.

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Natural Habitat Adventures · PO Box 3065 · Boulder, CO USA 80307

US & Canada: 800-543-8917 · International: 303-449-3711

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