When to throw away your makeup

To protect the health of your skin and eyes, here’s when dermatologists recommend you toss each type of makeup.

- **3 months**: Eyeliner (liquid), Mascara
- **6 months**: BB cream, Blush (cream), Eye shadow (liquid), Lip balm, Lip gloss, Lip plumper
- **6-9 months**: Eye shadow (powder)
- **1 year**: Concealer, Foundation (liquid)
- **2 years**: Brow powder, Lip liner, Lipstick
- **2-3 years**: Eyeliner (pencil sharpened periodically), Powders (mineral makeup, powder blush)

Did you use any eye makeup while you had an eye infection? Dermatologists say to toss that eye makeup immediately.