## When to throw away your makeup

To protect the health of your skin and eyes, here's when dermatologists recommend you toss each type of makeup.



months

Eyeliner (liquid)
Mascara



months

BB cream

Blush (cream)

Eye shadow (liquid)

Lip balm

Lip gloss

Lip plumper



months

**Eye shadow** (powder)



year

(liquid)

Concealer Foundation



years

Brow powder
Lip liner
Lipstick



years

**Eyeliner** 

(pencil sharpened periodically)

**Powders** 

(mineral makeup, powder blush)



Did you use any eye makeup while you had an eye infection? Dermatologists say to toss that eye makeup immediately.