

# ACNE OR ROSACEA

## ACNE AND ROSACEA ARE DIFFERENT SKIN CONDITIONS.

Few people will have all of the signs and symptoms shown here, but knowing what to look for helps.

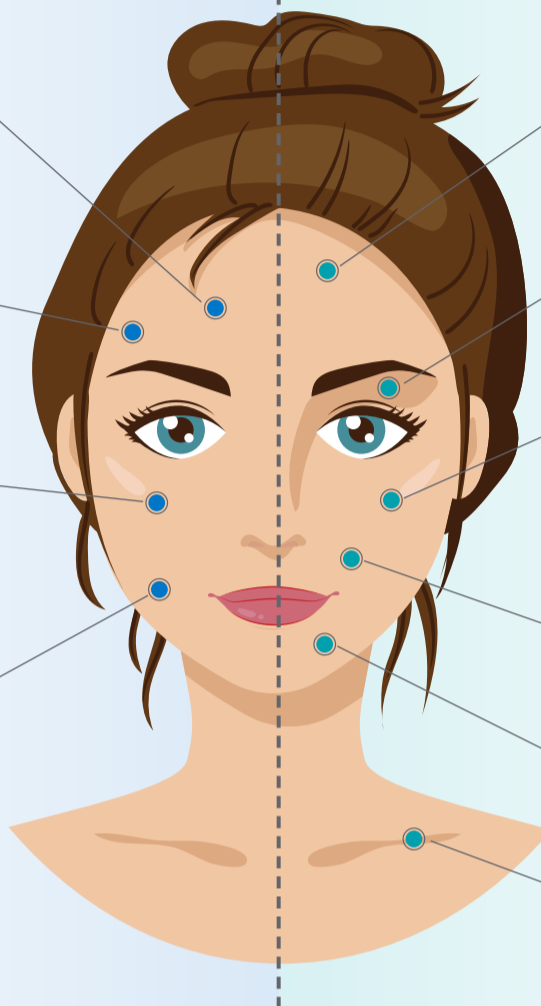
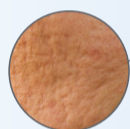
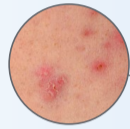
### ACNE'S SIGNS AND SYMPTOMS

Different types of acne on your skin — blackheads, whiteheads, pimples, or deep painful cysts and nodules.

Redness around your breakouts only.

Oily skin especially noticeable on your forehead, nose, and chin, unless treatment dries your skin.

Bumpy skin texture, due to blemishes or scars that appear when acne clears.



### ROSACEA'S SIGNS AND SYMPTOMS

Pimple-like breakouts, but no blackheads.

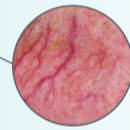
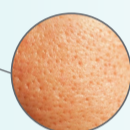
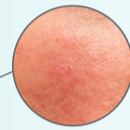
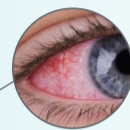
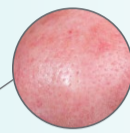
Eye problems, including bloodshot eyes, red and swollen eyelids, and eye discomfort.

Redness in the center of your face — on your cheeks, forehead, nose, or chin. The redness can come and go or be permanent.

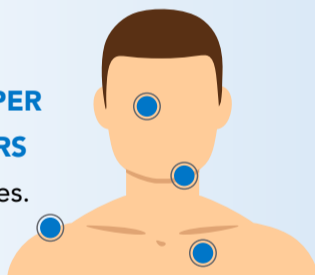
Large pores.

Visible blood vessels.

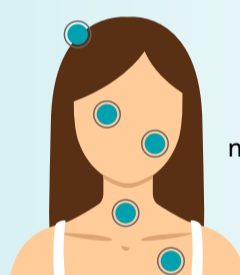
Very sensitive skin: Skin care products, makeup, sunscreen, or perfume can cause burning, stinging, or itching.



**WHERE YOU SEE ACNE**  
FACE, JAWLINE, NECK, UPPER BACK, CHEST, or SHOULDERS or are the most common places.



**WHERE YOU SEE ROSACEA**  
FACE AND EYES. The redness may extend to your SCALP, NECK, CHEST, or UPPER BACK.



### WHO GETS ACNE

**TEENS** and **TWEENS** are most likely to get acne, but newborns and adults also get acne.

People of **ALL RACES** and **COLORS** get acne.



### WHO GETS ROSACEA

People tend to get rosacea after **30 YEARS OF AGE**; however it can begin earlier or later.

People of **ALL RACES** and **COLORS**, but people with **FAIR SKIN** are most likely to develop it.



### HOW A DERMATOLOGIST CAN HELP

These two skin conditions tend to require different treatment. A dermatologist can tell you what skin condition you have. You may have acne or rosacea. Some people have both.

It's also possible that you have another skin condition. A skin reaction called perioral dermatitis, for example, can cause pimple-like breakouts and redness on your face. Other skin conditions can also cause a red face.

A dermatologist can give you an accurate diagnosis and provide you with the right treatment for your skin.

#### REFERENCES

Habif TP, Campbell, JL, et al. Acne, rosacea, and related conditions." In: *Dermatology DDxDeck*. Mosby Elsevier, China, 2006: Cards #30,31,32,33,34.  
Pray WS, Pray JJ, "Differentiating Between Rosacea and Acne." *Medscape*. Last accessed, July 25, 2017.



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See a dermatologist for a successful diagnosis and treatment.