Being a professional skier requires a lot of hard work, intense training, and time outside on the mountain. But taking care of my skin is super easy. Every day, I apply sunscreen and wear sun protective gear because protecting my skin will help prevent skin cancer and avoid wrinkles. My name is Julia Mancuso and I’m wearing orange to help put a spotlight on skin cancer.

Did you know snow reflects and intensifies the damaging rays of the sun? Sun exposure is the most preventable risk factor for skin cancer. To protect your skin, apply sunscreen, seek shade and wear protective clothing. Visit SpotSkinCancer.org.