Psoriasis Comorbidity Pathway

Assess the following comorbidity conditions in patients with psoriasis:

1. **Psoriatic Arthritis**: Does the patient have a diagnosis or history of psoriatic arthritis (PsA)?
   - Yes: Consider psoriatic arthritis in the patient's care.
   - No: Proceed to the next condition.

2. **Cardiovascular Disease**: Does the patient have a diagnosis or history of cardiovascular disease (CVD)?
   - Yes: Consider CVD management and risk assessment.
   - No: Proceed to the next condition.

3. **Metabolic Syndrome**: Does the patient have risk factors for metabolic syndrome (e.g., waist circumference, blood pressure)?
   - Yes: Consider lifestyle modifications and medication management.
   - No: Proceed to the next condition.

4. **Inflammatory Disease**: Does the patient have a history or current use of a substance (e.g., alcohol, tobacco)?
   - Yes: Consider substance use management and referral to support services.
   - No: Proceed to the next condition.

5. **Renal Disease**: Does the patient have a diagnosis or history of chronic kidney disease (CKD)?
   - Yes: Consider renal disease management and referral to nephrology.
   - No: Proceed to the next condition.

6. **Quality of Life**: Does the patient have a diagnosis of a comorbidity condition (e.g., depression, anxiety)?
   - Yes: Consider psychological support and referral to mental health services.
   - No: Proceed to the next condition.

7. **Malignancy**: Does the patient have a diagnosis of cancer or a history of malignancy?
   - Yes: Consider malignancy screening and referral to oncology.
   - No: Complete the assessment.

**Assessment Recommendations**:
- **Psoriatic Arthritis**: Consider referral to a rheumatologist.
- **Cardiovascular Disease**: Consider referral to a cardiologist.
- **Metabolic Syndrome**: Consider referral to a dietitian or endocrinologist.
- **Inflammatory Disease**: Consider referral to a substance use counselor.
- **Renal Disease**: Consider referral to a nephrologist.
- **Quality of Life**: Consider referral to a mental health provider.
- **Malignancy**: Consider referral to an oncologist.

**Additional Resources**:
- AAD Dermatology Answers: https://www.aad.org/doctorfind
- AAD Dermatology News: https://www.aad.org/news
- AAD Dermatology Research: https://www.aad.org/research
- AAD Dermatology Chapters: https://www.aad.org/chapters