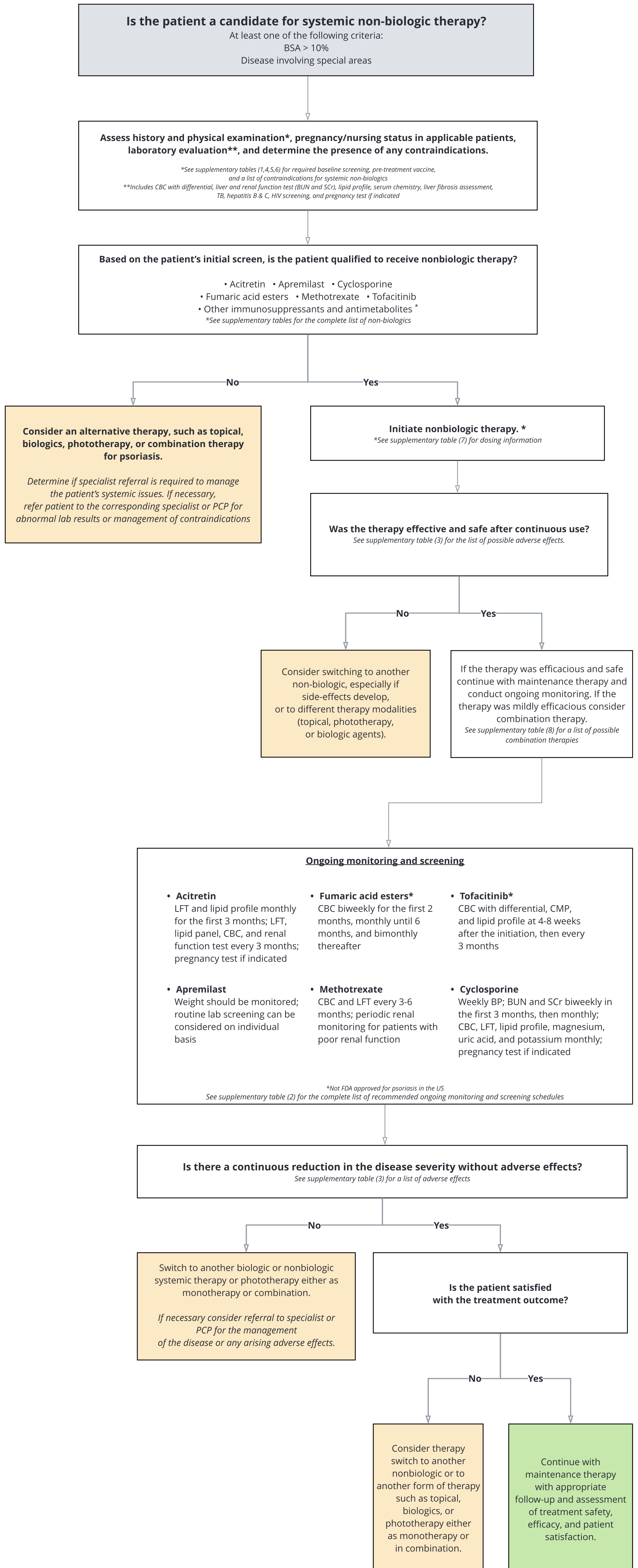


Management of Adult Psoriasis with Systemic Non-Biologics



Patient Education & Long-term Treatment of Psoriasis

Patient Education

- Education regarding the etiology, natural history, triggers, potential comorbidities, treatment options, and risk profiles
- Educate patient on the impact of lifestyle on disease severity
- Consider best educational media sources for patient and provide tools. Advise about support groups, such as National Psoriasis Foundation

Long-term therapy

- Shared-decision making is important for the long-term treatment of psoriasis. Additionally, consider patient satisfaction with current treatment
- Patients should be monitored according to their treatment protocol
- Consider patient quality of life to select appropriate long-term treatment
- Consider patient's ability to adhere to treatment protocol to maintain control

Abbreviations:

BP = Blood Pressure
BSA = Body Surface Area Involved
BUN = Blood Urine Nitrogen

CBC = Complete Blood Count
CMP = Comprehensive Metabolic Panel
HIV = Human Immunodeficiency Virus

LFT = Liver Function Test
PCP = Primary Care Physicians
SCR = Serum

TB = Tuberculosis