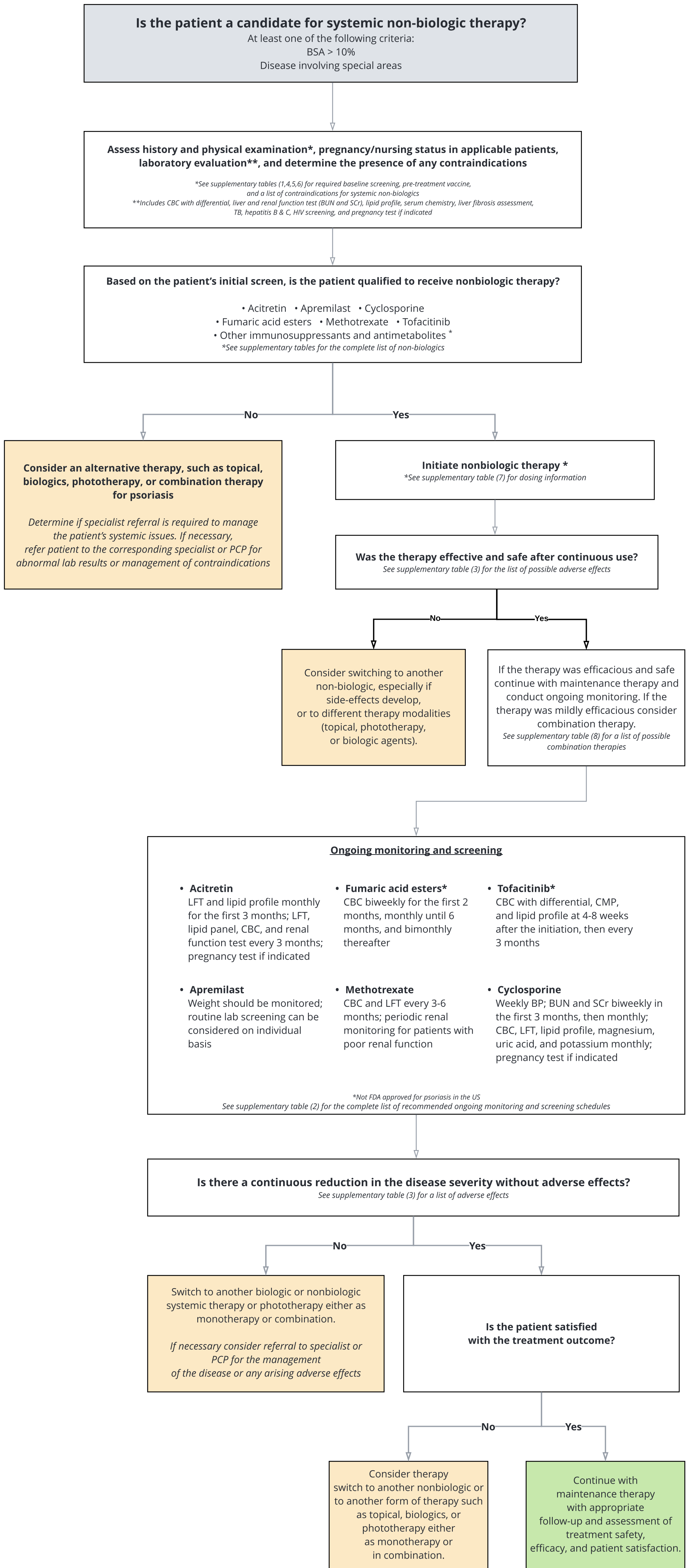


# Management of Adult Psoriasis with Systemic Non-Biologics



## Patient Education & Long-term Treatment of Psoriasis

**Patient Education**

- Education regarding the etiology, natural history, triggers, potential comorbidities, treatment options, and risk profiles
- Educate patient on the impact of lifestyle on disease severity
- Consider best educational media sources for patient and provide tools. Advise about support groups, such as National Psoriasis Foundation

**Long-term therapy**

- Shared-decision making is important for the long-term treatment of psoriasis. Additionally, consider patient satisfaction with current treatment
- Patients should be monitored according to their treatment protocol
- Consider patient quality of life to select appropriate long-term treatment
- Consider patient's ability to adhere to treatment protocol to maintain control

**Abbreviations:**  
BP = Blood Pressure  
BSA = Body Surface Area Involved  
BUN = Blood Urine Nitrogen

CBC = Complete Blood Count  
CMP = Comprehensive Metabolic Panel  
HIV = Human Immunodeficiency Virus

LFT = Liver Function Test  
PCP = Primary Care Physicians  
Scr = Serum

TB = Tuberculosis