May 7, 2020

Statement on Dermatologic Manifestations of COVID-19

- There is evolving evidence suggesting that skin manifestations may occur in some COVID-19 patients
- One of these skin manifestations may be pernio-like lesions of the feet and/or hands
- New onset of pernio-like lesions potentially related to COVID-19, in the absence of any other clear cause, should prompt a discussion between patient and their physician, and may include:
  - A case-by-case discussion of appropriateness of self-isolation following CDC guidelines
  - A case-by-case discussion of COVID-19 testing by PCR and/or IgM and IgG serology, following local testing guidelines
- Skin lesions of pernio, without other COVID-19 indications for urgent evaluation, should be managed with careful consideration of not overburdening local emergency room resources