

# **Online Supplement**

# Guidelines of care for the management and treatment of atopic dermatitis in adults with topical therapies

Robert Sidbury, MD, MPH (Co-Chair), Ali Alikhan, MD, Lionel Bercovitch, MD, David E. Cohen, MD, MPH, Jennifer M. Darr, LCSW, Aaron M. Drucker, MD, ScM, Lawrence F. Eichenfield, MD, Lindsy Frazer-Green, PhD, Amy S. Paller, MD, Kathryn Schwarzenberger, MD, Jonathan I. Silverberg, MD, PhD, MPH, Anne Marie Singh, MD, Peggy A. Wu, MD, MPH, Dawn M.R. Davis, MD (Co-Chair)

## e-Table 1. All non-prescription moisturizers versus vehicle, placebo, or no treatment

			Certainty as	ssessment			№ of patients			Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	moisturizers	control	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change f	rom baseline	e in disease se	verity as assess	ed by investiga	ators (follow u	p: range 28 days to 41	days; assessed	with: SCORAD a	and EASI)			
5 <sup>1-5</sup>	randomized trials	not serious	not serious	not serious	serious <sup>a</sup>	none	279	207	SMD (0.85 lo	0 <b>0.51 SD lower</b> ower to 0.17 lower)	⊕⊕⊕⊖ MODERATE	CRITICAL
Change i	n disease se	verity as asses	ssed by investig	ators (follow u	p: 4 weeks; as	sessed with: EASI)						
1 <sup>6</sup>	randomized trial	not serious	not serious	not serious	serious <sup>b</sup>	none	For 12 AD patien cream, bid and 1 EASI scores of b	nts randomized to 13 AD patients rar poth groups impro	Lipopolysacchari ndomized to vehic ved significantly.	de-containing moisturizing le cream only, at 4 weeks	⊕⊕⊕⊖ MODERATE	CRITICAL
Change f	rom baseline	e in disease se	verity as assess	assessed by participants (follow up: range 21 days to 56 days; assessed with: number of participants who considered their skin to							ave improved	I)
3 1,2,7	randomized trials	not serious	not serious	not serious	serious <sup>c</sup>	none	230/291 (79.0%)	66/154 (42.9%)	<b>RR 2.24</b> (0.89 to 5.64)	<b>53 more per 100</b> (from 5 fewer to 100 more)	⊕⊕⊕⊖ MODERATE	CRITICAL
Change f	rom baseline	e in itch (follow	v up: range 22 da	ays to 56 days;	assessed with	n: Visual Analog Scale	)			·		
3 1,2,4	randomized trials	not serious d	not serious	not serious	serious <sup>e</sup>	none	209	137	SMD (1.89 lo	0.90 SD <b>lower</b> wer to 0.10 higher)	⊕⊕⊕⊖ MODERATE	CRITICAL
Change f	rom baseline	e in itch (follow	v up: 4 weeks; as	sessed with: V	AS from 0 (no	itching) to 10 (severe	itching))					
16	randomized trial	not serious	not serious	not serious	serious <sup>b</sup>	none	For 12 AD patien cream, bid and 1 in the treatment differences betw placebo group, t significant differe weeks.	nts randomized to 13 AD patients rar group, improveme reen baseline and here was a signifi ence was observe	Lipopolysacchari adomized to vehic ents were observe VAS scores at bo cant improvement d between scores	de-containing moisturizing le cream only, at 4 weeks ed with significant oth 2 and 4 weeks. In the t at 2 weeks, but no s at baseline and at 4	⊕⊕⊕⊖ MODERATE	CRITICAL
Flare pre	vention (follo	ow up: range 5	0 days to 6 mon	ths; assessed	with: Number of	of participants who ex	perienced a flare	e)				
3 1,8,9	randomized trials	serious <sup>f</sup>	not serious	not serious	not serious	none	23/192 (12.0%)	64/118 (54.2%)	<b>RR 0.30</b> (0.14 to 0.63)	38 fewer per 100 (from 47 fewer to 20 fewer)	⊕⊕⊕⊖ MODERATE	CRITICAL
Withdraw	al due to adv	verse event (fo	ollow up: range 2	2 days to 50 da	ays; assessed	with: participants disc	continuing treatm	nent due to AE)	ł	<u> </u>	ł	ł
2 <sup>1,2</sup>	randomized trials	serious <sup>g</sup>	not serious	not serious	not serious h	none	2/160 (1.3%)	0/86 (0.0%)	<b>RR 2.67</b> (0.13 to 54.97)	0 fewer per 100 (from 0 fewer to 0 fewer)	⊕⊕⊕⊖ MODERATE	CRITICAL
Adverse	events (follo	w up: range 22	2 days to 50 days	; assessed wit	th: number of p	participants experienc	ing an adverse e	vent)				
5 1,2,5,7,10	randomized trials	serious <sup> i</sup>	not serious	not serious	serious <sup>j</sup>	none	117/341 (34.3%)	45/204 (22.1%)	<b>RR 1.32</b> (1.01 to 1.74)	7 more per 100 (from 0 fewer to 16 more)		IMPORTANT

Change from baseline in quality of life (follow up: range 28 days; assessed with: Skindex-16)

			Certainty as	ssessment			Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	moisturizers	control	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
1 11	randomized trials	not serious	serious <sup>k</sup>	not serious	serious <sup>I</sup>	none	For 27 AD patien moisturizing gel I analysis by Skind (p<0.05), function non-treated grou	ts randomized to b.i.d and 17 AD p dex-16 revealed s ning (p<0.001), a p did not have sig	a pseudo-cerami atients not using a significant improve nd global (p<0.05 gnificant improven	de and eucalyptus any moisturizer, at 4 weeks ements in emotions ) but not symptom. The nent in any domain. <sup>11</sup>	⊕⊕⊖⊖ Low	IMPORTANT

AD: Atopic dermatitis; CI: Confidence interval; SMD: Standardized mean difference; RR: Risk ratio; MD: Mean difference; SCORAD: SCORing Atopic Dermatitis; EASI: Eczema Area and Severity Index; VAS: Visual analog scale

#### Explanations

a. CI consistent with very small (0.17) and large (0.75) benefit.

b. Study relied on a small sample, concerning for precision.

c. CI consistent with the possibility of no risk difference and important benefit.

d. Not downgraded for borderline risk of bias as two studies are of a low risk of bias and one study (contributing less weight to the effect estimate) is of a high risk of bias, due to attrition, an unbalanced number of dropouts (11% vs 21%) and per-protocol analysis.

e. CI consistent with the possibility of no difference.

f. Two studies are of a moderate risk of bias, due to lack of or unclear masking; one study is of a high risk of bias, due to attrition, an unbalanced number of drop-outs (11% vs 21%), and per-protocol analysis.

g. The largest study is of a high risk of bias, due to attrition, unbalanced number of drop-outs (11% vs 21%) and per-protocol analysis.

h. Cl consistent with both no effect and appreciable benefit and harm but low event rate indicative of intervention safety despite imprecision related to relative safety.

i. One study is of a high risk of bias, due to attrition, an unbalanced number of drop-outs (11% vs 21%), and per-protocol analysis; One study is of unclear risk of bias due to minimal investigator masking methods reporting and unmasked participants.

j. CI consistent with little to no harm and appreciable harm.

k. One study suggests significant improvement via Skindex-16 assessment and one study reports a non-significant difference in QoL as assessed via DQLI.

I. Both studies relied on small samples: CI for MD consistent with no risk difference and appreciable benefit and harm.

#### Analysis 1a. Change in disease severity as assessed by investigators (SCORAD & EASI)

/	0				'			, 0	<b>`</b>	/	
	Moisturizer					trol		Std. Mean Difference		Std. Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	\$D	Total	Weight	IV, Random, 95% CI		IV, Random, 95% CI	
1.1.1 SCORAD											
Breternitz 2008	-1.1	1.57	24	0	1.83	24	16.8%	-0.63 [-1.22, -0.05]			
Marini 2014	-3.74	3.4707	65	-3.1	3.4304	65	24.9%	-0.18 [-0.53, 0.16]		+	
Tan 2010	-12.67	7.7	30	-11.69	7.7	30	19.1%	-0.13 [-0.63, 0.38]		-	
Subtotal (95% CI)			119			119	60.8%	-0.26 [-0.52, 0.00]		•	
Heterogeneity: Tau <sup>2</sup> =	= 0.00; Ch	ni² = 2.05,	df = 2	(P = 0.38	6); I <b>²</b> = 2%						
Test for overall effect:	Z=1.94	(P = 0.05	i)								
1.1.2 EASI											
Abramovits 2008	-4.38	3.94	145	-0.76	5.52	73	26.9%	-0.80 [-1.09, -0.51]		-	
Belloni 2005	-4	3.9	15	-0.7	2.6	15	12.3%	-0.97 [-1.73, -0.21]			
Subtotal (95% CI)			160			88	39.2%	-0.82 [-1.09, -0.55]		•	
Heterogeneity: Tau² =	= 0.00; Ch	ni² = 0.17,	df = 1	(P = 0.68	3); I <b>²</b> = 0%						
Test for overall effect:	Z= 5.90	(P < 0.00	1001)								
Total (05% CI)			270			207	100.0%	0.51[0.85_0.17]			
10tal (95% Cl)			219			201	100.0%	-0.51[-0.65, -0.17]		•	
Heterogeneity: Tau-=	= 0.09; Cr	117 = 10.9. (P. 0.00	2, df = 4	F (P = 0.0	J3); F = 63	576			-10	-5 0 5	10
Test for overall effect	Z= 2.97	(P = 0.00	13) 50 - 46		000 17	00.00			Favo	urs Moisturizer Favours Control	
rest for subgroup dif	rerences:	Cni* = 8.	52, di =	: 1 (P = (	J.UU4), I*=	88.3%					

#### Analysis 1b. Number of participants who experienced improvement (self-assessed)

	Moisturizer		Vehicle or Control		Risk Ratio			Risk Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl		M-H, Random,	95% CI	
Abramovits 2008	108	145	18	73	38.0%	3.02 [2.00, 4.56]				
Belloni 2005	8	15	2	15	21.5%	4.00 [1.01, 15.81]			-	
Loden 2002	114	131	46	66	40.5%	1.25 [1.05, 1.48]				
Total (95% CI)		291		154	100.0%	2.24 [0.89, 5.64]				
Total events	230		66							
Heterogeneity: Tau² = Test for overall effect:	0.54; Chi Z = 1.72 (	² = 24.6 P = 0.0	i3, df = 2 (P < 1 9)	0.00001)	; I² = 92%	)	L 0.05	0.2 1 Favours control Fa	5 vours moisturizer	20

#### Analysis 1c. Change from baseline in itch.

	Moisturizer					rol		Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
1.3.1 VAS									
Abramovits 2008	-5.8	2.5	129	-2.1	3.3	57	35.3%	-1.33 [-1.67, -0.99]	-
Belloni 2005	-1.3	0.5	15	-0.5	0.6	15	29.5%	-1.41 [-2.22, -0.60]	
Marini 2014	-23.98	32.4935	65	-22.92	34.8653	65	35.2%	-0.03 [-0.38, 0.31]	-+-
Subtotal (95% CI)			209			137	100.0%	-0.90 [-1.89, 0.10]	
Heterogeneity: Tau <sup>2</sup> =	= 0.70; Cł	ni² = 30.52	, df = 2	(P < 0.00	0001); P= 9	33%			
Test for overall effect	: Z = 1.77	(P = 0.08)							
Total (95% CI)			209			137	100.0%	-0.90 [-1.89, 0.10]	
Heterogeneity: Tau <sup>2</sup> =	= 0.70; Cł	ni² = 30.52	. df = 2	(P < 0.00	0001); P= 9	33%			<u>    t     t     t     t     t     t     </u>
Test for overall effect							-4 -2 U 2 4		
	~		1- 1 -						Favours moistunzer Favours Control

Test for subgroup differences: Not applicable

#### Analysis 1d. Number of participants who experienced a flare.

	Moisturizer Vehicle or Control		ol Risk Ratio		Risk Ratio		
Study or Subgroup	Events Total Eve			Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
Abramovits 2008	8	145	29	71	31.7%	0.14 [0.07, 0.28]	←∎
Angelova-Fischer 2018	8	25	20	25	35.1%	0.40 [0.22, 0.73]	<b>_</b>
Wirén 2009	7	22	15	22	33.2%	0.47 [0.24, 0.92]	
Total (95% CI)		192		118	100.0%	0.30 [0.14, 0.63]	
Total events	23		64				
Heterogeneity: Tau <sup>2</sup> = 0.33	2; Chi <b>²</b> = 7	'.51, df:	= 2 (P = 0.02);	; <b>I</b> ² = 73%			
Test for overall effect: Z = 3.17 (P = 0.002)							Favours moisturizer Favours control

#### Bibliography

- 1. Abramovits W, Hebert AA, Boguniewicz M, et al. Patient-reported outcomes from a multicenter, randomized, vehicle-controlled clinical study of MAS063DP (Atopiclair) in the management of mild-to-moderate atopic dermatitis in adults. *J Dermatolog Treat.* 2008;19(6):327-332.
- 2. Belloni G, Pinelli S, Veraldi S. A randomised, double-blind, vehicle-controlled study to evaluate the efficacy and safety of MAS063D (Atopiclair) in the treatment of mild to moderate atopic dermatitis. *Eur J Dermatol.* 2005;15(1):31-36.
- 3. Breternitz M, Kowatzki D, Langenauer M, Elsner P, Fluhr JW. Placebo-controlled, double-blind, randomized, prospective study of a glycerol-based emollient on eczematous skin in atopic dermatitis: biophysical and clinical evaluation. *Skin Pharmacol Physiol.* 2008;21(1):39-45.
- 4. Marini A, Reinelt K, Krutmann J, Bilstein A. Ectoine-containing cream in the treatment of mild to moderate atopic dermatitis: a randomised, comparatorcontrolled, intra-individual double-blind, multi-center trial. *Skin Pharmacol Physiol.* 2014;27(2):57-65.
- 5. Tan WP, Suresh S, Tey HL, Chiam LY, Goon AT. A randomized double-blind controlled trial to compare a triclosan-containing emollient with vehicle for the treatment of atopic dermatitis. *Clin Exp Dermatol.* 2010;35(4):e109-112.
- 6. Nakai K, Kubota Y, Soma GI, Kohchi C. The Effect of Lipopolysaccharide-containing Moisturizing Cream on Skin Care in Patients With Mild Atopic Dermatitis. *In Vivo.* 2019;33(1):109-114.
- 7. Lodén M, Andersson AC, Anderson C, et al. A double-blind study comparing the effect of glycerin and urea on dry, eczematous skin in atopic patients. *Acta Derm Venereol.* 2002;82(1):45-47.
- 8. Wirén K, Nohlgård C, Nyberg F, et al. Treatment with a barrier-strengthening moisturizing cream delays relapse of atopic dermatitis: a prospective and randomized controlled clinical trial. *J Eur Acad Dermatol Venereol.* 2009;23(11):1267-1272.
- 9. Angelova-Fischer I, Rippke F, Richter D, et al. Stand-alone Emollient Treatment Reduces Flares After Discontinuation of Topical Steroid Treatment in Atopic Dermatitis: A Double-blind, Randomized, Vehicle-controlled, Left-right Comparison Study. *Acta Derm Venereol.* 2018;98(5):517-523.
- 10. Simpson E, Böhling A, Bielfeldt S, Bosc C, Kerrouche N. Improvement of skin barrier function in atopic dermatitis patients with a new moisturizer containing a ceramide precursor. *J Dermatolog Treat.* 2013;24(2):122-125.
- 11. Mori K, Seki T, Kaizu K, et al. Efficacy of a moisturizer containing a pseudo-ceramide and a eucalyptus extract for Japanese patients with mild atopic dermatitis in the summer. *J Cosmet Dermatol.* 2019;18(3):850-856.

#### e-Table 2. Bathing & bathing practices

			Certainty as	ssessment					
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance
Skin Rou	kin Roughness (follow up: 6 weeks; assessed with: Microtopography of the skin using PRIMOS opt						al 3D device)		
1 <sup>1</sup>	1 1     randomized trials     not serious     not serious     not serious     serious     serious						For 30 adults with AD randomized to bathing a forearm in tap water and the contralateral forearm in a bath solution of 5% Dead Sea salt, a significant decrease in skin roughness occurred at 3 weeks and after 6 weeks was reduced by 40% ( $p$ <0.05) for the treated arm and a non-significant decrease in skin roughness was noted for the control arm over the 6 weeks.	⊕⊕⊕⊖ MODERATE	IMPORTANT
Skin Red	ness/Inflamr	mation (follow	up: 6 weeks; as	sessed with: Cl	hromameter C	R 300 measurement)	·		
11	randomized trials	not serious	not serious	not serious	serious <sup>a</sup>	none	For 30 adults with AD randomized to bathing a forearm in tap water and the contralateral forearm in a bath solution of 5% Dead Sea salt, a significant decrease in skin redness was found at 6 weeks of treatment with salt bath but skin redness was unchanged after tap water bath.	⊕⊕⊕⊖ MODERATE	IMPORTANT

AD: Atopic dermatitis

#### Explanations

a. Small sample is concerning for precision.

#### Bibliography

1. Proksch E, Nissen HP, Bremgartner M, Urquhart C. Bathing in a magnesium-rich Dead Sea salt solution improves skin barrier function, enhances skin hydration, and reduces inflammation in atopic dry skin. *Int J Dermatol.* 2005;44(2):151-157.

### e-Table 3. Bleach Bath vs placebo or bath emollient

	Certainty assessment						№ of patients			Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Bleach Baths	Water Baths	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change	from baseline	e in clinical s	severity as asses	sed by investig	ators (follow-u	p: 1 months; ass	essed with: mean change fror	m baseline in	EASI or SCO	RAD scores)		
41-4	randomized trials	serious <sup>a</sup>	not serious	not serious <sup>b</sup>	very serious <sup>c</sup>	none	For 18 patients (aged 2-30yo) v bleach baths and 18 randomize within-group reduction from ba bath group (MD -9.30, p=0.017 (MD -8.90, p=0.06) or between significant, but not clinically me months: MD -12.70 95%CI -20. For 9 children with moderate to plus corticosteroids and 9 to pla EASI score improved significan the groups: MD -0.96 (95%CI - For 40 children with moderate to placebo bath 2 to 3 times/week washout period, there was a m 0.50 (SD 10.63) during the bleat the placebo period; the differen MD 3.45; 95% CI -1.66 to 8.56 For 8 children with moderate to and 11 randomized to bath em- imbalances there was a significal differences in reduction in mea 2.69.4	with moderate ed to placebo seline in mean () but no signif the groups: N saningful^, bet .06, -5.34.1 o severe uninf acebo bath plintly in both gro .7.05, 5.13).2 to severe AD c for 4 weeks, tean change fr ach bath period to severe AD ra ollient, at 12 v cant, but not c in SCORAD fr	a to severe unii twice weekly f n EASI score a ficant within-gr MD -5.2 (95%C tween-group d ected AD rand us corticosterc bups but there randomized to then crossed from baseline in od compared w he groups was andomized to h veeks after adj linically meani rom baseline: N	nfected AD randomized to for 2, there was a significant at one month in the bleach oup reduction for placebo CI -13.34, 2.94). A ifference was reported at 2 lomized to bleach baths bids, at one month mean was no difference between there beach bath or over after a 4 week in objective SCORAD of - with -3.95 (SD 10.54) during a not statistically significant: bleach bath 3 times/week justing for baseline ingful^^ between-group MD -17.0 95%CI -31.31, -	⊕⊖⊖⊖ Very low	CRITICAL
Quality of	of Life (follow	-up: 28 days	s; assessed with:	Change from b	aseline in CDL	.QI; range 0-30; h	igher values indicate reduced	QoL)				

1 <sup>3</sup>	randomized trials	not serious	not serious	not serious <sup>d</sup>	serious <sup>e</sup>	none	For 40 children with moderate to severe AD randomized to either beach bath or placebo bath 2 to 3 times/week for 4 weeks, then crossed over after a 4 week washout period, after bleach bath treatment there was a 0.53 point reduction in CDLQI compared to a 1.43 point reduction following placebo: MD 0.90 95%CI -1.32, 3.12. <sup>3</sup>	⊕⊕⊕⊖ Moderate	CRITICAL
----------------	----------------------	-------------	-------------	--------------------------	----------------------	------	--	------------------	----------

Withdrawals due to adverse events (follow-up: 2 months; assessed with: participants discontinuing treatment due to AE)

			Certainty ass	essment			Nº of patients			Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Bleach Baths Water Relative Absolute Baths (95% Cl) (95% Cl)				Certainty	Importance
<b>4</b> 1,3-5	randomized trials	serious <sup>f</sup>	not serious	not serious <sup>b</sup>	serious <sup>g</sup>	none	Across bleach bath studies with study <sup>4</sup> reported no AEs across (n=10) also reported no withdra For 18 patients (aged2-30yo) w bleach baths and 18 randomize withdrew from the placebo grou due to adverse events in the bl For 40 children with moderate placebo bath 2 to 3 times/week washout period, during the cross during the bleach bath period of during the placebo period due	hdrawal due to treatment arm awals due to A vith moderate ed to placebo up due to wors leach bath gro to severe AD < for 4 weeks, ssover period due to itch and to dryness. <sup>3</sup>	AE rates werns (n=19) and a kE. to severe unin twice weekly f sening itch; the up: RR 0.33; s randomized to then crossed one participan	e low, one parallel-group an interindividual study <sup>5</sup> fected AD randomized to or 2, one participant ere were no withdrawals 95% CI 0.01 to 7.74. <sup>1</sup> either beach bath or over after a 4 week t withdrew from treatment nt withdrew from treatment	⊕⊕⊖⊖ Low	CRITICAL

AD: Atopic Dermatitis; CI: confidence interval; MD: mean difference; CDLQI; Children's Dermatology Life Quality Index; AE: Adverse event

#### Explanations

a. Three studies were of a high risk of bias for possible performance bias and baseline imbalances in study populations.

b.Studies include adults and children but the inclusion of children was not considered important indirectness.

c.All included studies relied on small samples (total n=113); Two CIs for between-group differences consistent with important reduction, no reduction, and minimal increase; heterogeneity in control group means. d.Study includes only children, age of the population was not considered important indirectness.

e.Small sample; CI is imprecise consistent with both important increase in risk, no difference and some decrease in risk.

f. Two studies were of a high risk of bias for possible performance bias and baseline imbalances in study populations.

g.All included studies relied on very small samples and the rates of events were too low to produce meaningful estimates.

#### Study Characteristics

Study	Study Population	Intervention	Comparator
Gonzalez 2016	21 (18 evaluable) children with moderate to severe uninfected AD	bleach baths (bottle of bleach diluted with bath water two times per week to achieve a 0.005% sodium hypochlorite concentration) + topical corticosteroid for 4 weeks.	placebo bath (bottle of water) + topical corticosteroid 2x weekly for 4 weeks
Hon 2016	40 children with moderate to severe AD with previous <i>S. aureus</i> colonization.	bleach bath (0.005% sodium hypochlorite) for 10 minutes two to three times per week for 4 weeks	placebo bath (water) for 10 minutes two to three times per week for 4 weeks
Leins 2013	19 children with moderate to severe eczema (infective status not specified) for 12 weeks	bleach bath (sodium hypochlorite 0.005%) three times per week + oral antibiotics.	bath emollient (bath oil containing liquid paraffin 95% volume per volume) three times per week for 12 weeks + oral antibiotics.
Shi 2016	10 patients (children and adults) with AD (severity and infective status not specified)	bleach bath (sodium hypochlorite 0.005%) 10-minute immersion	Placebo (water) bath 10-minute immersion
Wong 2013	42 children and adults (36 evaluable) with moderate to severe uninfected eczema	bleach baths (100 mL of sodium hypochlorite (bleach) in 100 L (or roughly half a tub) of water, sodium hypochlorite 0.005%; for children under twelve years old, 50 mL bleach was added to a quarter tub of water) 10-minute immersion twice weekly for 8 weeks.	placebo baths (100 mL of distilled water in 100 L of water) 10-minute immersion twice weekly for 8 weeks.

#### Bibliography

- 1. Wong SM, Ng TG, Baba R. Efficacy and safety of sodium hypochlorite (bleach) baths in patients with moderate to severe atopic dermatitis in Malaysia. *J Dermatol.* 2013;40(11):874-880.
- 2. Gonzalez ME, Schaffer JV, Orlow SJ, et al. Cutaneous microbiome effects of fluticasone propionate cream and adjunctive bleach baths in childhood atopic dermatitis. *J Am Acad Dermatol.* 2016;75(3):481-493.e488.
- 3. Hon KL, Tsang YC, Lee VW, et al. Efficacy of sodium hypochlorite (bleach) baths to reduce Staphylococcus aureus colonization in childhood onset moderate-to-severe eczema: A randomized, placebo-controlled cross-over trial. *J Dermatolog Treat*. 2016;27(2):156-162.
- 4. Leins E, Scullin M. Bleach baths for eczema. *Australasian Journal of Dermatology* 2013;54(Suppl 2):55.
- 5. Shi VY, Foolad N, Ornelas JN, et al. Comparing the effect of bleach and water baths on skin barrier function in atopic dermatitis: a split-body randomized controlled trial. *Br J Dermatol.* 2016;175(1):212-214.

## e-Table 4. Medium potnecy topical corticosteroid (prednicarbate) + Wet wrap therapy vs Medium potency topical corticosteroid

#### (prednicarbate) alone

	Certainty assessment							atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Wet-wrap + TCS	TCS alone	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

## Change from baseline in severity as assessed by investigators (follow up: range 48 hrs to 72 hrs; assessed with: Mean change in local SCORAD (six parameters erythema, papulation, lichenification, exudation, excoriation and dryness judged by the physician (on a scale of 0–3; 0 = absent, 1 = mild, 2 = moderate, 3 = severe)))

<b>1</b> <sup>1</sup>	randomized not	not serious	not serious	not serious	serious <sup>a</sup>	none	24	24	MD <b>1.4 lower</b> (2.75 lower to 0.05 lower)	CRITICAL
							-4.4 (95%Cl - 5.34, -3.46)	-3.0 (95%Cl - 4.07, -1.93)	(,	

#### Serious adverse events (follow up: 14 days; assessed with: Participants experiencing adverse events)

<b>1</b> <sup>1</sup>	randomized	not serious	not serious	not serious	serious <sup>a</sup>	none	In 24 AD patients (mean age 30.5yo), contralateral limbs were randomized to		CRITICAL
	linais						hours. No side effects and no withdrawal effects were observed in both treatment sides during the study and a follow-up period of 14 days.	MODERATE	

AD: Atopic dermatitis; TCS: Topical corticosteroid; CI: Confidence interval; MD: Mean difference; SCORAD: SCORing Atopic Dermatitis

#### Study Intervention Characteristics

Study	Intervention	Comparator
Foelster-Holst 2006	0.1% prednicarbate + wet wrap dressing (Coverflex), 48-72 hours	0.1% prednicarbate, 48-72 hours

#### Explanations

a. Small, intraindividual sample suggests imprecision.

#### Bibliography

1. Foelster-Holst R, Nagel F, Zoellner P, Spaeth D. Efficacy of crisis intervention treatment with topical corticosteroid prednicarbat with and without partial wet-wrap dressing in atopic dermatitis. *Dermatology*. 2006;212(1):66-69.

#### e-Table 5. Medium potency topical corticosteroid (mometasone furoate) + Wet wrap therapy vs Vehicle + Wet wrap therapy

	Certainty assessment					№ of patients		Effect				
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	WWT+ TCS	Vehicle + TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

## Change in severity from baseline as assessed by investigators (follow up: range 5 days to 28 days; assessed with: local SCORAD-assesses the clinical symptoms erythema, edema/papulation, oozing/crusts, excoriations, lichenification and the subjective parameter local pruritus. Each item was graded on a 4-point scale (0 = absent; 1 = mild; 2 = moderate; 3 = severe) resulting in a maximum count of 18 points- or objective SCORAD maximum score 83; Lower score indicates lesser severity.)

2 1,2	randomized trials	not serious	not serious	serious <sup>a</sup>	serious <sup>b</sup>	none	For 20 AD patients (aged 2-17yo) randomized to 0.1% mometasone furoate bid + WWT bid, 5 days on one arm and vehicle emollient cream bid + WWT bid, 5 days on the contralateral arm, initially, the severity of the lesions was almost identical on both arms, SCORAD values at day 3 and 5 continuously improved in both groups. However, in comparison to the emollient-only group, the improvement in the mometasone furoate group was significantly better (p<0.01). <sup>1</sup> For 19 AD patients (aged 6 months-10yo) randomized to diluted corticosteroids (1:3 mometasone furoate 0.1% ointment and for the face 1:19 mometasone furoate 0.1% ointment) under wet wrap bodysuit and face mask and 20 patients randomized to placebo emollient under wet wraps applied qd on the whole-body during week 1 and applied qd to lesions for 4 consecutive days during weeks 2-4. Emollients used in both groups on the other 3 days of weeks 2-4, mean objective SCORAD scores declined in both groups with the decline more pronounced in the TCS group: MD in objective	⊕⊕⊖⊖ Low	CRITICAL
							SCORAD at day 28 -9.927 (SE 3.268, p=0.0028).2		

#### Infection (follow up: 28 days; assessed with: Participants developing secondary infected AD during treatment)

1 <sup>2</sup>	randomized	not serious	not serious	serious c	serious d	none	0/20 (0.0%)	2/19 (10.5%)	RR 0.20	84 fewer per 1,000	$\oplus \oplus \bigcirc \bigcirc$	IMPORTANT
	trials								(0.01 to 3.92)	(from 104 fewer to 307 more)	LOW	

AD: Atopic dermatitis; TCS: Topical corticosteroid; WWT: Wet wrap therapy; SCORAD: SCORing Atopic Dermatitis; MD: Mean difference

#### Explanations

a. One study included a sample aged 2-7yo and the other study included a sample age 6 months to 10 years old differing importantly from the clinical question focused on the management of AD in adults.

b. One study relied on a small, intraindividual sample and the other study relied on a small parallel group sample.

c. Study included a sample aged 6 months to 10 years old differing importantly from the clinical question focused on the management of AD in adults.

d. Study relied on a small sample.

#### Study Intervention Characteristics

Study	Intervention	Comparator
Janmohamed 2014	diluted corticosteroids (1:3 mometasone furoate 0.1% ointment and for the face 1:19 mometasone furoate 0.1%	emollient (petrolatum 20% in cetomacrogol cream) applied qd on the whole-body
	ointment) applied qd to the whole body +WWT therapy (Tubifast garments and face mask), 1 week, then diluted	+ WWT therapy (Tubifast garments and face mask, 1 week, then emollient
	corticosteroids applied qd to lesions only + WWT for 4 consecutive days, 3 weeks. Emollients used on the other 3	applied qd to lesions for 4 consecutive days + WWT for 4 consecutive days, 3
	days of the 3 week per lesion treatment.	weeks. Emollients on the other 3 days of weeks 2-4.
Schnopp 2002	0.1% mometasone furoate bid + WWT (Tubifast bandages) bid, 5 days	Vehicle cream bid + WWT (Tubifast bandages) bid, 5 days

#### Bibliography

- 1. Schnopp C, Holtmann C, Stock S, et al. Topical steroids under wet-wrap dressings in atopic dermatitis--a vehicle-controlled trial. *Dermatology*. 2002;204(1):56-59.
- 2. Janmohamed SR, Oranje AP, Devillers AC, et al. The proactive wet-wrap method with diluted corticosteroids versus emollients in children with atopic dermatitis: a prospective, randomized, double-blind, placebo-controlled trial. *J Am Acad Dermatol.* 2014;70(6):1076-1082.

## e-Table 6. Lowest potency topical corticosteroid (hydrocortisone) + Wet wrap therapy vs Lowest potency topical corticosteroid (hydrocortisone)

			Certainty as	ssessment			Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	WWT+TCS	TCS alone	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change f	hange from baseline in severity as assessed by investigators (follow up: 4 weeks; assessed with: mean change in SCORAD from baseline)											
1 <sup>1</sup>	randomized trials	not serious	not serious	serious <sup>a</sup>	serious <sup>b</sup>	none	23 MD-29.0 (-38.0, -20.0)	22 MD -24.0 (- 32.5, -15,5)	(16.6)	MD <b>5 lower</b> 3 lower to 6.68 higher)	⊕⊕⊖⊖ LOW	CRITICAL
Change f	rom baseline	e in severity as	s assessed by in	vestigators (fo	llow up: 2 wee	ks; assessed with: me	ean change from	baseline in SAS	SAD; Maximur	n score 108; lower score indic	ates lesser s	severity)
12	randomized trials	not serious	not serious	serious <sup>c</sup>	serious <sup>d</sup>	none	For 10 children v wet wraps daily t children with AD SASSAD score i end of week 2, ir at baseline to 13 score was 8 (956 group.	vith AD randomiz for 1 week, then of randomized to 1' n the WWT group n the HC alone gr .2 at the end of w %CI -18, 2) more	ed to qd applica inly at night for t % HC bid daily f o improved from oup mean SASS reek 2. The mea in the HC alone	tion of 1% hydrocortisone with he following week and 9 or two weeks, the mean 28 at baseline to 16.6 at the SAD score improved from 29.9 n improvement in SASSAD group compared to the WWT	⊕⊕⊖⊖ Low	CRITICAL

#### Withdrawal due to AE (follow up: 2 weeks; assessed with: Participants discontinuing treatment due to AE)

1 <sup>2</sup>	randomized trials	not serious	not serious	serious <sup>c</sup>	serious <sup>d</sup>	none	2/10 (20.0%)	0/9 (0.0%)	<b>RR 4.55</b> (0.25 to 83.70)	0 fewer per 1,000 (from 0 fewer to 0 fewer)	⊕⊕⊖⊖ LOW	CRITICAL
----------------	----------------------	-------------	-------------	----------------------	----------------------	------	--------------	------------	--------------------------------	--	-------------	----------

#### Change from baseline in quality of life

1 <sup>2</sup>	randomized	not serious	not serious	serious <sup>c</sup>	serious e	none	10	9	MD 3.6 lower	$\oplus \oplus \bigcirc \bigcirc$	CRITICAL
	trials						MD 4.5 (-0.01,	MD 8.10 (3.5,	(9.14 lower to 1.94 higher)	LOW	
							9.0)	12.7)			

AD: Atopic dermatitis; TCS: Topical corticosteroid; WWT: Wet wrap therapy; SCORAD: SCORing Atopic Dermatitis; SASSAD: Six Area, Six Sign Atopic Dermatitis Severity Score; MD: Mean difference; RR: risk ratio; AE: Adverse event

#### Explanations

a. Study sample aged 4-27 months, differs importantly form the clinical question focused on the management of AD in adults.

b. CI consistent with the possibility of no difference and important benefit.

c. Study sample aged 4 months to 3 years differs importantly from the clinical question focused on the management of AD in adults.

d. Small study samples leading to CI consistent with the possibility of no difference in risk and important harm and benefit.

e. CI consistent with the possibility of no difference and important harm

#### Study Intervention Characteristics

Study	Intervention	Comparator
Beattie 2004	1% hydrocortisone qd + WWT bid for 1 week, then 1% hydrocortisone qd + WWT qd for 1	1% hydrocortisone bid, 2 weeks
	week	

Hindley 2006	1% hydrocortisone (or if necessary more potent steroid) qd + WWT for 24 hours for 1	Emollients ≥ 3 times daily + 1% hydrocortisone (or if necessary more potent
	week, then 1% hydrocortisone (or if necessary more potent steroid) qd + WWT for 12 or	steroid) bid, 4weeks
	24 hours depending on progress as assessed by investigator, 3 weeks	

#### Bibliography

- 1. Hindley D, Galloway G, Murray J, Gardener L. A randomised study of "wet wraps" versus conventional treatment for atopic eczema. *Arch Dis Child.* 2006;91(2):164-168.
- 2. Beattie PE, Lewis-Jones MS. A pilot study on the use of wet wraps in infants with moderate atopic eczema. *Clin Exp Dermatol.* 2004;29(4):348-353.

### e-Table 7. Pimecrolimus 1% vs vehicle

			Certainty asse	essment			№ of pati	ients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change f	rom baseline	e in disease se	verity as assess	ed by investig	ators (follow u	p: range 1 weeks	to 6 weeks; assessed	d with: ADSI, EAS	SI, IGA and TSS;	for all scales lower score i	indicates less	er severity)
6 1-6	randomized trials	not serious	not serious	not serious	not serious	none	For 20 adult AD patier arm and vehicle on the pimecrolimus there was mean reduction of -2.3 4.25, -1.15). <sup>5</sup> For 30 adult AD patier target lesion and vehic pimecrolimus there was 2.21 at the vehicle-treat For 34 adult AD patier one arm and vehicle of pimecrolimus, there was reduction of 10.3% at For 101 AD patients (abid and 99 randomized least 60% at 6 weeks vs. 18.2% treated with For 100 adult AD patier day 7, 53% of pimecro 0.001) experienced a For 45 adult AD patier weeks 5/45 (11.1%) p were clear or almost of	ts randomized to e contralateral arm as a mean reducti 35 (SD 2.50) at the hts randomized to cle to another targ as a mean reducti ated sites (MD -0. hts randomized to on the contralatera as a mean reduct the placebo-treate ≥ 12 yo; median a d to vehicle, a red was achieved by o vehicle (p < 0.00 ents randomized to blimus-treated pat ≥1-point reduction hts randomized to imecrolimus-treated	bid application of h, after 3 weeks o on of -5.05 (SD 2. e vehicle-treated s qd application of et lesion, after 2 w on of -2.93 in TSS 72 95%cl -1.92, 0 qd or bid applicat l arm, within 3 we ion of 71.9% in Al ed sites. <sup>4</sup> ge 28 yo) random uction in head and 50.5% of the pime 1). <sup>3</sup> o 1% pimecrolimus ents vs 20% of ve in their IGA scor 1% pimecrolimus ed patients vs 0/4 ssment. <sup>2</sup>	1% pimecrolimus to one f treatment with 50) in ADSI scores vs a sites (MD -2.70 (5%CI - 1% pimecrolimus to a weeks of treatment with 1% 5 vs a mean reduction of - .48). <sup>6</sup> ion of 1% pimecrolimus to teks of treatment with 1% DSI score vs a mean hized to 1% pimecrolimus d neck EASI score of at accolimus-treated patients as bid and 98 to vehicle, at ehicle-treated patients (p < es. 1 bid and 43 to vehicle, at 3 3 vehicle-treated patients	⊕⊕⊕⊕ HIGH	CRITICAL

Change from baseline in itch (follow up: range 1 weeks to 6 weeks; assessed with: VAS 10-cm and NRS 0=no itch; 3=severe itch)

			Certainty asse	essment			Nº of pati	ents		Effect		
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
4 1-3,5	randomized trials	not serious	not serious	not serious	not serious	none	For 146 adult AD patier reported in two studies (NRS scores of 0 or 1) For 98 adult AD patien day 7, 81% of pimecro showed improvement 0.001. <sup>1</sup> For 20 adult AD patien arm and vehicle on the 3 weeks were -3.5±1.8	ts randomized t s, pimecrolimus tr r: RR 2.09 (95%C tts randomized to limus-treated pat in NRS itch score tts randomized to e contralateral arr 3 vs -2.1±2.7 (ME	application of 1% application of 1% application of 1% application of 1% 0.1.4 95%CI -0.07	% bid and 142 to vehicle bociated with mild to no itch s bid and 91 to vehicle, at ehicle-treated patients red with baseline), p < p pimecrolimus bid on one n in VAS 10cm itch scores at 7, 2.87), respectively. <sup>5</sup>	⊕⊕⊕⊕ HIGH	
Flare pre	vention (follo	ow up: range 2	4 weeks to 26 w	eeks; assesse	d with: mean n	umber of days w	ithout TCS use for flar	re or number of	participants exp	eriencing a flare)		
2 7.8	randomized trials	not serious	not serious	not serious	not serious	none	For 265 AD patients ra weeks, treatment with without TCS use for a comparison with vehic For 96 AD patients rar weeks, 43/96 pimecrol flare: RR 1.95, 95%CI	andomized to $1\%$ pimecrolimus sig flare from $138.7 \pm$ le application. <sup>7</sup> ndomized to $1\%$ p limus vs $18/96$ ve $1.20, 3.20.^8$	pimecrolimus bid nificantly increase 53.2 to 152.0±44 imecrolimus bid a hicle-treated patie	and 257 to vehicle, at 26 ad the mean number of days .0 days (p < 0.001), in and 96 to vehicle, at 24 ents had not experienced a	⊕⊕⊕⊕ HIGH	CRITICAL
Serious a	dverse even	ts (follow up:	3 weeks; assess	ed with: numb	er of participa	nts experiencing	at least one serious A	E))				
1 <sup>5</sup>	randomized trials	not serious	not serious	not serious	not serious <sup>b</sup>	none	0/20 (0.0%)	0/20 (0.0%)	<b>RR 1.00</b> (0.02 to 48.09)	0 fewer per 1,000 (from 0 fewer to 0 fewer)	⊕⊕⊕⊕ HIGH	CRITICAL
Serious a	dverse even	ts (follow up:	26 weeks; asses	sed with: num	ber of particip	ants experiencing	g at least one serious	AE))				
1 <sup>7</sup>	randomized trials	not serious	not serious	not serious	not serious <sup>c</sup>	none	5/264 (1.9%)	7/254 (2.8%)	<b>RR 0.69</b> (0.22 to 2.16)	9 fewer per 1,000 (from 21 fewer to 32 more)	⊕⊕⊕⊕ HIGH	CRITICAL

#### Withdrawal due to adverse event (follow up: range 1 weeks to 6 weeks; assessed with: participants discontinuing treatment due to AE)

<b>3</b> <sup>1-3</sup>	randomized not	t serious	not serious	not serious	not serious d	none	8/245 (3.3%)	15/240 (6.3%)	<b>RR 0.56</b>	27 fewer per 1,000		CRITICAL
	แลเร								$(0.24 \ 10 \ 1.27)$		TIGH	

#### Withdrawal due to adverse event (follow up: range 24 weeks to 26 weeks)

2	7,8	randomized	not serious	not serious	not serious	not serious d	none	2/360 (0.6%)	10/350 (2.9%)	<b>RR 0.20</b>	23 fewer per 1,000	$\oplus \oplus \oplus \oplus$	CRITICAL
		แกลเร								(0.04 10 0.90)	(Irom 27 lewer to 3 lewer)	HIGH	

AD: Atopic dermatitis; ADSI: Atopic Dermatitis Severity Index; TSS: Total Sign Score; EASI: Eczema Area and Severity Index; IGA: Investigator Global Assessment; CI: Confidence interval; SMD: Standardized mean difference; MD: Mean difference; RR: Risk ratio; NRS: Numeric rating scale; VAS: Visual analog scale; TCS: Topical corticosteroids; AE: Adverse event

#### Explanations

a. CI consistent with very small and large difference. b. Small sample suggests imprecision, however across the evidence base serious adverse events are rare and indicative of a non-important increase in risk with the intervention so the evidence was not downgraded.

c. Due to low event rate across treatment groups the CI is consistent with the possibility of no risk difference and benefit or harm; however, across the evidence base serious adverse events are rare and indicative of a non-important increase in risk with the intervention leading to no important concerns about safety, so the evidence was not downgraded.

d. Due to low event rates the CI is consistent with clinically meaningful difference and unimportant difference; however, the evidence of low discontinuation rates is indicative of a non-important increase in risk with the intervention leading to no important concerns about safety, so the evidence was not downgraded.

#### Analysis 7a. Mild or no itch (itch score 0 or 1)

	Pimecro	limus	Vehic	cle Risk Ratio				Risk Ratio				
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl			M-H, Rand	om, 95% CI		
Luger 2001	21	45	8	43	15.7%	2.51 [1.25, 5.05]						
Murrell 2007	70	101	34	99	84.3%	2.02 [1.49, 2.73]						
Total (95% CI)		146		142	100.0%	2.09 [1.58, 2.75]				•		
Total events	91		42									
Heterogeneity: Tau <sup>2</sup> = Test for overall effect:	0.00; Chi² Z = 5.21 (F	= 0.32, P < 0.000	df = 1 (P : 001)	= 0.57)	<sup>2</sup> = 0%		0.1	0.2	0.5 Favours vehicle	1 2 Favours pime	5 ecrolimu	10 IS

#### Analysis 7b. Withdrawal due to adverse event



#### Bibliography

1. Kaufmann R, Bieber T, Helgesen AL, et al. Onset of pruritus relief with pimecrolimus cream 1% in adult patients with atopic dermatitis: a randomized trial. *Allergy*. 2006;61(3):375-381.

- 2. Luger T, Van Leent EJ, Graeber M, et al. SDZ ASM 981: an emerging safe and effective treatment for atopic dermatitis. *Br J Dermatol.* 2001;144(4):788-794.
- 3. Murrell DF, Calvieri S, Ortonne JP, et al. A randomized controlled trial of pimecrolimus cream 1% in adolescents and adults with head and neck atopic dermatitis and intolerant of, or dependent on, topical corticosteroids. *Br J Dermatol.* 2007;157(5):954-959.
- 4. Van Leent EJ, Gräber M, Thurston M, Wagenaar A, Spuls PI, Bos JD. Effectiveness of the ascomycin macrolactam SDZ ASM 981 in the topical treatment of atopic dermatitis. *Arch Dermatol.* 1998;134(7):805-809.
- 5. Aschoff R, Schwanebeck U, Bräutigam M, Meurer M. Skin physiological parameters confirm the therapeutic efficacy of pimecrolimus cream 1% in patients with mild-to-moderate atopic dermatitis. *Exp Dermatol.* 2009;18(1):24-29.
- 6. Guttman-Yassky E, Ungar B, Malik K, et al. Molecular signatures order the potency of topically applied anti-inflammatory drugs in patients with atopic dermatitis. *J Allergy Clin Immunol.* 2017;140(4):1032-1042.e1013.
- 7. Gollnick H, Kaufmann R, Stough D, et al. Pimecrolimus cream 1% in the long-term management of adult atopic dermatitis: prevention of flare progression. A randomized controlled trial. *Br J Dermatol.* 2008;158(5):1083-1093.
- 8. Meurer M, Fölster-Holst R, Wozel G, Weidinger G, Jünger M, Bräutigam M. Pimecrolimus cream in the long-term management of atopic dermatitis in adults: a six-month study. *Dermatology*. 2002;205(3):271-277.

#### e-Table 8. Tacrolimus 0.03%, 0.1%, or 0.3% vs vehicle

			Certainty asse	essment			№ of patie	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

## Change from baseline in disease severity as assessed by investigators (follow up: range 3 weeks to 12 weeks; assessed with: Participants scored "cleared" or "excellent improvement" via physician global evaluation; Participants scored "clear" or "almost clear" via the IGA; Percent reduction in investigator assessed severity scores)

3 <sup>1-3</sup> randomized trials       not serious       not serious <th>) CRITICAL</th>	) CRITICAL
---	------------

Change from baseline in disease severity as assessed by investigators (follow up: 12 months; assessed with: change in median EASI scores)

			Certainty asse	essment			Nº of patie	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
14	randomized trials	not serious	not serious	not serious	not serious	none	For 116 AD patients (m vehicle b.i.d when IGA induction treatment), the compared with the scor stable: 1.6 (range 0.0–3 median EASI score for slight worsening of AD: respectively.	ean age $31\pm12$ ) r was ≤2 (following e median EASI so re on day 1 of ran- 33.7) and 1.8 (ran the vehicle group 3.2 (range: 0.0–5	andomized to 0.1 up to 6 weeks of core for the treatn domization indica ge 0.0–22.2), res at 12mos compa 53.7) and 2.0 (ran	% tacrolimus and 108 to 0.1% tacrolimus hent group at 12mos tes that disease was pectively. In contrast, the red with day 1 indicates a ge: 0.0–12.8),	⊕⊕⊕⊕ HIGH	CRITICAL
Change f	rom baseline	in itch (follow	v up: >4 weeks; a	assessed with:	VAS itch VAS	itch max=100)					•	
3 1,2,5	randomized trials	not serious	not serious	not serious	not serious	none	For 310 AD patients (ag randomized to vehicle, i weeks, mean VAS itch i group than in the vehicl For 211 adults with AD 0.1% tacrolimus and 21 greater improvement (p (0.03% or 0.1%) compa For 21 AD patients (age (0.03% for children, 0.1 (>20 VAS points) during the tacrolimus group wa start and 29.6±20.9 at t the vehicle group signifi change in VAS-itch sco 31.4±2.59 in the emollia (95% Cl, 19.8, 37.5, p <	ged 2-79) random as early as day 4 score was signific e treatment group randomized to 0. 2 to vehicle, with <0.001) was obse ared with vehicle-t ed >10yo; mean a % for adults) and g induction therap as well controlled the end of mainte icantly increased res was 1.50±3.3 ent group, respec <0.0001).	ized to 0.03% tac of treatment and cantly lower in the o.1 03% tacrolimus b up to 12 weeks of erved for tacrolimus reated. <sup>2</sup> ge 30.5yo) rando 21 to vehicle after y with tacrolimus as shown by valu nance treatment ( from 19.3±16.7 to 0 in the tacrolimus	rolimus bid and 307 continuing throughout 6 tacrolimus treatment id, 209 randomized to if treatment significantly us-treated patients mized to tacrolimus bid er achieving itch reduction , mean VAS-itch score in les of 28.1±15.4 at the >4 weeks), while that in o 50.7±17.0. The mean is monotherapy and ance treatment (MD 28.6	⊕⊕⊕⊕ HIGH	CRITICAL
Flare pre	vention (follo	w up: range 4	0 weeks to 56 w	eeks; assessed	d with: Numbe	r of participants of	experiencing a flare)				-	
2 <sup>4,6</sup>	randomized trials	not serious	not serious	not serious	serious <sup>b</sup>	none	133/240 (55.4%)	123/179 (68.7%)	<b>RR 0.80</b> (0.59 to 1.09)	137 fewer per 1,000 (from 282 fewer to 62	⊕⊕⊕⊖ MODERATE	CRITICAL ^^

Serious adverse events (follow up: 6 weeks; assessed with: participants experiencing a serious AE)

1 <sup>1</sup>	randomized	not serious	not serious	not serious	not serious c	none	0/152 (0.0%)	0/148 (0.0%)	RR 0.97	0 fewer per 1,000	$\oplus \oplus \oplus \oplus$	CRITICAL
	trial								(0.02 to 48.76)	(from 0 fewer to 0 fewer)	HIGH	

#### Serious adverse events (follow up: 12 months; assessed with: participants experiencing a serious AE)

1 <sup>4</sup>	randomized trial	not serious	not serious	not serious	not serious <sup>c</sup>	none	5/116 (4.3%)	3/108 (2.8%)	<b>RR 1.53</b> (0.37 to 6.25)	15 more per 1,000 (from 17 fewer to 146	⊕⊕⊕⊕ HIGH	CRITICAL
									( )	` more)		

more)

			Certainty asse	essment			№ of patio	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Withdraw	al due to adv	verse event (fo	ollow up: range 3	3 weeks to 12 v	veeks; assesse	ed with: participa	nts discontinuing treat	ment due to AE)				
2 <sup>3,7</sup>	randomized trials	not serious	not serious	not serious	not serious	none	29/528 (5.5%)	31/266 (11.7%)	<b>RR 0.47</b> (0.29 to 0.77)	62 fewer per 1,000 (from 83 fewer to 27 fewer)	⊕⊕⊕⊕ HIGH	CRITICAL
Infection	(follow up: 1	2 weeks; asse	essed with: Incid	ence rate of sk	in infections)							
1 <sup>8</sup>	randomized trial	serious <sup>d</sup>	not serious	not serious	not serious	none	For 210 adult AD patier randomized to 0.1% tac adjusted incidence rate respectively (p=0.15 for	s, 209 patients chicle bid for 12 weeks, 3, 17.7, and 18.0, 5 vs vehicle).	⊕⊕⊕⊖ MODERATE	IMPORTANT		
Quality o	f life (follow	up: 12 weeks;	assessed with:	change in total	DLQI score fr	om baseline)	•			-		
1 <sup>9</sup>	randomized trial	not serious	not serious	not serious	not serious	none	For 176 adult AD patier randomized to 0.1% tad weeks, the mean chang (SE 1.4), and -5.6 (SE 0.1%)	acrolimus, 177 patients zed to vehicle for 12 ere -21.1 (SE 1.4), -27.1 vehicle vs 0.03% and	⊕⊕⊕⊕ HIGH	CRITICAL		

AD: Atopic dermatitis; CI: Confidence interval; RR: Risk ratio; IGA: Investigator Global Assessment; VAS: Visual analog scale; AE: Adverse event; SE: Standard error; MD: Mean difference

^ Scale of 0-3 for severity of erythema, edema, oozing, crusting, excoriation, and lichenification.

<sup>^</sup> In general for AD management, flare prevention is a critical outcome but this specific outcome data on long-term flare prevention was not a primary consideration for development of the recommendation related to short-term tacrolimus use to manage AD. Outcome data on change in clinical signs, itch, and safety informed recommendation development.

#### Explanations

a. Two studies are of low risk of bias and one study is of a moderate risk of bias for unclear selection methods and a high risk of attrition bias. Not downgraded for borderline risk of bias as downgraded for imprecision. b. CI compatible with no risk difference, benefit, and small risk of harm.

c. Due to low event rate across treatment groups the CI is consistent with the possibility of no risk difference and benefit or harm; however, across the evidence base serious adverse events are rare and indicative of a non-important increase in risk with the intervention leading to no important concerns about safety, so the evidence was not downgraded.

d. Study is of a moderate risk of bias for unclear randomization and a high risk of attrition bias.

#### Analysis 8a. Number of participants who experienced a flare.

	Tacroli	mus	Vehicle			<b>Risk Ratio</b>		Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI		M-H, Random, 95% CI	
Breneman 2008	77	124	47	71	50.5%	0.94 [0.76, 1.16]			
Wollenberg 2008	56	116	76	108	49.5%	0.69 [0.55, 0.86]			
Total (95% CI)		240		179	100.0%	0.80 [0.59, 1.09]		•	
Total events	133		123						
Heterogeneity: Tau <sup>2</sup> = 0.04; Chi <sup>2</sup> = 3.92, df = 1 (P = 0.05					5); I <sup>2</sup> = 749	%			10
Test for overall effect: Z = 1.39 (P = 0.16)							0.1	Favours tacrolimus Favours vehicle	10

#### Analysis 8b. Withdrawal due to adverse event.

	Tacroli	mus	Vehic	le	Risk Ratio			Risk Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl		M-H, Random, 95% Cl		
Hanifin 2001	24	420	26	212	83.6%	0.47 [0.27, 0.79]				
Ruzicka 1997	5	108	5	54	16.4%	0.50 [0.15, 1.65]				
Total (95% CI)		528		266	100.0%	0.47 [0.29, 0.77]				
Total events	29		31							
Heterogeneity: Tau <sup>2</sup> =	0.00; Chi	<sup>2</sup> = 0.01	, df = 1 (F	P = 0.92	2); I <sup>z</sup> = 0%	)			<u></u>	10
Test for overall effect: Z = 3.04 (P = 0.002)							0.1	Favours tacrolimus Favours v	ehicle	10

#### Bibliography

- 1. Chapman MS, Schachner LA, Breneman D, et al. Tacrolimus ointment 0.03% shows efficacy and safety in pediatric and adult patients with mild to moderate atopic dermatitis. *J Am Acad Dermatol.* 2005;53(2 Suppl 2):S177-185.
- 2. Hanifin JM, Ling MR, Langley R, Breneman D, Rafal E. Tacrolimus ointment for the treatment of atopic dermatitis in adult patients: part I, efficacy. J Am Acad Dermatol. 2001;44(1 Suppl):S28-38.
- 3. Ruzicka T, Bieber T, Schöpf E, et al. A short-term trial of tacrolimus ointment for atopic dermatitis. European Tacrolimus Multicenter Atopic Dermatitis Study Group. *N Engl J Med.* 1997;337(12):816-821.
- 4. Wollenberg A, Reitamo S, Atzori F, et al. Proactive treatment of atopic dermatitis in adults with 0.1% tacrolimus ointment. *Allergy*. 2008;63(6):742-750.
- 5. Takeuchi S, Saeki H, Tokunaga S, et al. A randomized, open-label, multicenter trial of topical tacrolimus for the treatment of pruritis in patients with atopic dermatitis. *Ann Dermatol.* 2012;24(2):144-150.
- 6. Breneman D, Fleischer AB, Jr., Abramovits W, et al. Intermittent therapy for flare prevention and long-term disease control in stabilized atopic dermatitis: a randomized comparison of 3-times-weekly applications of tacrolimus ointment versus vehicle. *J Am Acad Dermatol.* 2008;58(6):990-999.
- 7. Soter NA, Fleischer AB, Jr., Webster GF, Monroe E, Lawrence I. Tacrolimus ointment for the treatment of atopic dermatitis in adult patients: part II, safety. J Am Acad Dermatol. 2001;44(1 Suppl):S39-46.
- 8. Fleischer AB, Jr., Ling M, Eichenfield L, et al. Tacrolimus ointment for the treatment of atopic dermatitis is not associated with an increase in cutaneous infections. *J Am Acad Dermatol.* 2002;47(4):562-570.
- 9. Drake L, Prendergast M, Maher R, et al. The impact of tacrolimus ointment on health-related quality of life of adult and pediatric patients with atopic dermatitis. *J Am Acad Dermatol.* 2001;44(1 Suppl):S65-72.

#### e-Table 9. Tacrolimus 0.1% vs Pimecrolimus 1% (bid)

	Certainty assessment						Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus	pimecrolimus	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change f	from baseline	e in severity	as assessed by	investigators (	(follow up: ran	ige 13 days to 6 w	eeks; assessed with: I	nvestigator assessme	nt of "clear" or	r "almost clear" via IGA	or IGADA)	
<b>3</b> <sup>1-3</sup>	randomized trials	not serious	not serious	not serious	not serious	none	153/351 (43.6%)	86/343 (25.1%)	<b>RR 1.74</b> (1.40 to 2.16)	<b>186 more per 1,000</b> (from 100 more to 291 more)	⊕⊕⊕⊕ HIGH	CRITICAL
Change i	n baseline in	n severity as	assessed by inv	vestigators (fol	low up: 6 wee	ks; assessed witl	n: percent reduction in	mean EASI scores fro	m baseline)			
2 <sup>2,3</sup>	randomized trials	not serious	not serious	not serious	not serious	none	For 210 AD patients (≥ randomized to 1% pime 54.1% and 34.9%, resp	16yo) randomized to 0.1 ecrolimus bid for 6 week pectively (p<0.001). <sup>3</sup>	% tacrolimus a s, mean EASI s	nd 203 patients cores were reduced by	⊕⊕⊕⊕ High	CRITICAL
							For 141 AD patients (≥ pimecrolimus for 6 wee respectively (p=0.0002)	16yo) randomized to 0.1 ks, mean EASI scores v ). <sup>2</sup>	% tacrolimus a vere reduced by	nd 140 to 1% / 57% and 39%,		
Reductio	on in itch (fol	low up: 6 we	eks; assessed v	vith: VAS itch 1	l0cm)							
1 <sup>3</sup>	randomized trial	serious <sup>a</sup>	not serious	not serious	not serious	none	For 210 AD patients (≥ randomized to 1% pime 6.0 to 3.1 (no SD provid (noted as non-significar	16yo) randomized to 0.1 ecrolimus bid for 6 week ded, p<0.01) in tacrolimu nt) in pimecrolimus-treat	% tacrolimus a s, mean VAS ito is-treated patien ed patients.	nd 203 patients ch scores decreased from nts and from 6.2 to 3.8	⊕⊕⊕⊖ MODERATE	CRITICAL
Serious a	adverse ever	nts (follow u	p: 13 days; asse	ssed with: part	icipants expe	riencing a serious	AE)					
1 <sup>1</sup>	randomized trial	not serious	not serious	not serious	serious <sup>b</sup>	none	2/19 (10.5%)	0/18 (0.0%)	<b>RR 4.32</b> (0.22 to 84.48)	0 fewer per 1,000 (from 0 fewer to 0 fewer)	⊕⊕⊕⊖ MODERATE	CRITICAL
Withdrav	val due to ad	verse event	(follow up: 6 we	eks; assessed	with: participa	ants discontinuin	g treatment due to adv	erse event)				
2 <sup>2,3</sup>	randomized trials	not serious	not serious °	not serious	not serious <sup>d</sup>	none	9/351 (2.6%)	10/343 (2.9%)	<b>RR 0.88</b> (0.36 to 2.18)	<b>3 fewer per 1,000</b> (from 19 fewer to 34 more)	⊕⊕⊕⊕ HIGH	CRITICAL
Skin infe	ction (follow	up: 6 week	s; assessed with	: participants e	experiencing s	kin infection)						
1 <sup>3</sup>	randomized trials	not serious	not serious	not serious	serious <sup>b</sup>	none	0/210 (0.0%)	2/203 (1.0%)	<b>RR 0.20</b> (0.01 to 4.04)	8 fewer per 1,000 (from 10 fewer to 30 more)	⊕⊕⊕⊖ MODERATE	IMPORTANT

AD: Atopic dermatitis; CI: Confidence interval; RR: Risk ratio; IGA: Investigator Global Assessment; IGADA: Investigators' Global Atopic Dermatitis Assessment; VAS: Visual analog scale; AE: Adverse event

#### Explanations

a. Outcome data is minimally reported for itch reduction.b. Very wide CI consistent with no risk difference and substantial benefit and harm.

c. One study suggests increased risk with tacrolimus and one study suggests reduced risk with tacrolimus. However, the effect estimates largely overlap suggesting borderline inconsistency.

d. CI consistent with the possibility of no risk difference and important benefit and harm; however, the evidence of low discontinuation rates is indicative of a non-important increase in risk with the intervention leading to no important concerns about safety, so the evidence was not downgraded.

#### Analysis 9a. Investigator assessment of "clear" or "almost clear" (IGA/IGADA)



#### Analysis 9b. Withdrawal due to adverse event.



#### Bibliography

- 1. Draelos Z, Nayak A, Pariser D, et al. Pharmacokinetics of topical calcineurin inhibitors in adult atopic dermatitis: a randomized, investigator-blind comparison. *J Am Acad Dermatol.* 2005;53(4):602-609.
- 2. Fleischer AB, Jr., Abramovits W, Breneman D, Jaracz E. Tacrolimus ointment is more effective than pimecrolimus cream in adult patients with moderate to very severe atopic dermatitis. *J Dermatolog Treat*. 2007;18(3):151-157.
- 3. Paller AS, Lebwohl M, Fleischer AB, Jr., et al. Tacrolimus ointment is more effective than pimecrolimus cream with a similar safety profile in the treatment of atopic dermatitis: results from 3 randomized, comparative studies. *J Am Acad Dermatol.* 2005;52(5):810-822.

#### e-Table 10. Very High Potency TCS vs Vehicle

			Certainty as	ssessment			Nº of p	atients	Effec	t		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	very high potency TCS	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change in	n severity as	assessed by i	nvestigators (fo	llow up: 2 weel	ks; assessed v	vith: participants consi	ider by investiga	tors to be clear o	or almost clear/n	nild severity)	1	
3 <sup>1-3</sup>	randomized trials	not serious	not serious	not serious	not serious	none	305/454 (67.2%)	37/166 (22.3%)	<b>RR 2.76</b> (1.91 to 3.99)	<b>392 more</b> <b>per 1,000</b> (from 203 more to 666 more)	⊕⊕⊕⊕ HIGH	CRITICAL

#### Withdrawal due to adverse events (follow up: 2 weeks; assessed with: participants discontinuing treatment due to AE)

2 <sup>2,3</sup>	randomized	not serious	not serious	not serious	not serious <sup>a</sup>	none	2/262 (0.8%)	17/151 (11.3%)	RR 0.13	98 fewer	$\oplus \oplus \oplus \oplus$	CRITICAL
	trials								(0.01 to 1.55)	per 1,000	HIGH	
										(from 111		
										fewer to 62		
										more)		

AD: Atopic dermatitis; TCS: Topical corticosteroid; RR: Risk ratio; AE: Adverse event

#### Explanations

a. CI consistent with no risk difference, and important benefit and harm; however the low discontinuation rate in the intervention group suggests no concerns about the safety of the intervention, so the evidence was not downgraded.

#### Table. Study Treatment Characteristics

Study	Intervention	Comparator
Breneman 2005	Clobetasol propionate lotion or Clobetasol propionate cream b.i.d, 2 weeks	Vehicle lotion b.i.d, 2 weeks
Del Ross 2009	Fluocinonide 0.1% cream q.d or b.i.d, 2 weeks	Vehicle cream q.d or b.i.d, 2 weeks
Guzzo 1991	Halobetasol propionate 0.05% ointment, b.i.d, 2 weeks	Vehicle ointment b.i.d, 2 weeks

	TCS Vehicle			Risk Ratio	Risk Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
Breneman 2005	144	196	12	33	36.2%	2.02 [1.28, 3.20]	
Del Ross 2009	122	211	16	102	35.7%	3.69 [2.32, 5.86]	
Guzzo 1991	39	47	9	31	28.1%	2.86 [1.62, 5.03]	
Total (95% CI)		454		166	100.0%	2.76 [1.91, 3.99]	•
Total events	305		37				
Heterogeneity: Tau <sup>2</sup> = 0.04; Chi <sup>2</sup> = 3.36, df = 2 (P = 0.19); l <sup>2</sup> = 40% Test for overall effect: Z = 5.39 (P < 0.00001)						%	0.01 0.1 1 10 100 Favours Vehicle Favours TCS

#### Analysis 10a. Investigator assessment of global response of "clear" or "almost clear/mild" (Global Severity Score/Physician Global Assessment)

#### Analysis 10b. Withdrawal due to adverse events

	TCS	5	Vehic	le		Risk Ratio	Risk Ratio R			
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl			
Del Ross 2009	2	211	3	102	59.0%	0.32 [0.05, 1.90]	_			
Guzzo 1991	0	51	14	49	41.0%	0.03 [0.00, 0.54]	← ■			
Total (95% CI)		262		151	100.0%	0.13 [0.01, 1.55]			-	
Total events	2		17							
Heterogeneity: Tau <sup>2</sup> = 1.94; Chi <sup>2</sup> = 2.36, df = 1 (P = 0.12); l <sup>2</sup> = 58%						%		+		100
Test for overall effect:	Z = 1.62 (	(P = 0.1	1)				0.01 F	Favours TCS	Favours Vehicle	100

#### Bibliography

- 1. Breneman D, Fleischer AB, Jr., Kaplan D, et al. Clobetasol propionate 0.05% lotion in the treatment of moderate to severe atopic dermatitis: a randomized evaluation versus clobetasol propionate emollient cream. *J Drugs Dermatol.* 2005;4(3):330-336.
- 2. Del Rosso JQ, Bhambri S. Daily application of fluocinonide 0.1% cream for the treatment of atopic dermatitis. *J Clin Aesthet Dermatol.* 2009;2(9):24-32.
- 3. Guzzo CA, Weiss JS, Mogavero HS, et al. A review of two controlled multicenter trials comparing 0.05% halobetasol propionate ointment to its vehicle in the treatment of chronic eczematous dermatoses. *J Am Acad Dermatol.* 1991;25(6 Pt 2):1179-1183.

#### e-Table 11. High Potency TCS: Betamethasone dipropionate vs Vehicle (bid)

	Certainty assessment									Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	high potency TCS	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

## Change in severity from baseline as assessed by investigators (follow up: 3 weeks; assessed with: Participants with excellent or good clinical response (50-100% improvement) based on PGA severity scale of 0=none to 4=very severe)

<b>1</b> <sup>1</sup>	randomized	not serious	not serious	not serious	serious <sup>a</sup>	none	16/17	2/16 (12.5%)	RR 4.36	420 more per 1,000	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trial						(94.1%)		(1.13 to	(from 16 more to 1,000	MODERATE	
									16.89)	more)		

#### Reduction in itch (follow up: 4 days; assessed with: Change in VAS itch score)

1 <sup>2</sup>	randomized trial	serious <sup>b</sup>	not serious	not serious	serious <sup>c</sup>	none	For 26 adult AD patients treated according to a crossover protocol with placebo cream for 4 days then betamethasone dipropionate (concentration not provided) for 4 days bid following a 9–10-day washout period, during treatment with TCS itch intensity as determined via VAS was significantly lower than with placebo	⊕⊕⊖⊖ Low	CRITICAL
							(days 3-4 p<0.0001; nights 3-4 p<0.005).		

AD: Atopic dermatitis; TCS: Topical corticosteroid; CI: Confidence interval; RR: Risk ratio

#### Explanations

a. CI consistent with a clinically unimportant and clinically important benefit.

b. Study is of a moderate risk of bias due to loss to follow-up, reporting bias, and other sources of bias.

c. Small, intra-individual sample suggests imprecision.

#### Study Treatment Characteristics

Study	Intervention	Comparator
Vanderploeg 1976	Betamethasone dipropionate 0.05% ointment bid, 3 weeks	Vehicle ointment bid, 3 weeks
Wahlgren 1988	Betamethasone dipropionate bid, 4 days	Vehicle cream bid, 4 days

#### Bibliography

- 1. Vanderploeg DE. Betamethasone dipropionate ointment in the treatment of psoriasis and atopic dermatitis: a double-blind study. *South Med J.* 1976;69(7):862-863.
- 2. Wahlgren CF, Hagermark O, Bergstrom R, Hedin B. Evaluation of a new method of assessing pruritus and antipruritic drugs. *Skin Pharmacol.* 1988;1(1):3-13.

#### e-Table 12. Medium Potency TCS vs vehicle

	Certainty assessment						Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	medium potency TCS	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

## Change from baseline in severity as assessed by investigators (follow up: 4 weeks; assessed with: Participants experiencing "Treatment success" defined as ≥50% lesional clearance plus stable/improved scores from baseline in ≥75% of 20 sign/symptom assessments)

<b>1</b> <sup>1</sup>	randomized trial	not serious	not serious	not serious	not serious	none	156/221 (70.6%)	62/217 (28.6%)	<b>RR 1.86</b> (1.45 to 2.39)	<b>246 more per 1,000</b> (from 129 more to 397 more)	⊕⊕⊕⊕ HIGH	CRITICAL
			• • •									

## Change in severity as assessed by investigators (follow up: 22 days; assessed with: Difference in TIS scores: TIS score is the sum of 3 intensity items (erythema, oedema/papulation, excoriation) scored on a 4-point scale from 0 to 3 (0 = none, 1 = mild, 2 = moderate, 3 = severe) with a maximum of 9 points.)

1 <sup>2</sup>	randomized	not	not serious	not serious	serious <sup>a</sup>	none	For 15 adult AD patients randomized to the treatment of a lesion with FP 0.05% and 25	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trial	serious					patients randomized to the treatment of a lesion with vehicle cream, FP vs vehicle displayed a significant reduction of the TIS score: -1.51 (95%CI -2.65, -0.36).	MODERATE	

#### Flare prevention (follow up: 16 weeks; assessed with: Risk of flare following disease stabilization)

3 3-5	randomized trials	not serious	not serious	not serious	not serious	none	For 117 adult AD patients randomized to maintenance therapy with daily emollients and either intermittent FP 0.05% or vehicle, once daily 4 days per week for 4 weeks followed by once daily 2 days per week for 16 weeks following achievement of treatment success with up to 4 weeks of FP 0.05% 2x daily, those treated with FP were 7.0 times less likely to have an AD relapse (95%CI 3.0, 16.7, p<0.001). For 23 adult AD patients randomized to maintenance therapy with FP 0.005%, qd 2 times a week for 16 weeks and 31 patients randomized to vehicle for the same regimen following an initial 4-week FP treatment period that resulted in "complete healing" of AD, patients receiving FP maintained their improvement, whereas the vehicle group deteriorated. The difference between treatments in the change in SCORAD values was statistically significant (difference= 13.4;95% CI: 2.66, 24.3; p=0.017). Overall, 21 of 31 patients (68%) in the placebo group and nine of 23 (39%) in the FP group withdrew because of recurrence and relapse of their AD. For 138 AD patients (mean age 28.1yo) randomized to maintenance therapy with daily emollient plus twice-weekly FP cream or ointment and 157 patients randomized to daily emollient plus twice-weekly base cream or ointment for 16 weeks following stabilization of AD after initial treatment with FP 0.05% cream or FP 0.005% ointment qd or bid for 4 weeks, 40/138 FP-treated patients experienced a flare compared to 95/157 vehicle- treated patients. The HR for FP cream compared to vehicle cream was 5.8 (95%CI 3.1, 10.8, p<0.001). The HR for FP ointment compared to vehicle ointment was 1.9 (95%CI 1.2, 3.2, p=0.010).	⊕⊕⊕ HIGH	CRITICAL
-------	----------------------	----------------	-------------	-------------	-------------	------	--	-------------	----------

AD: Atopic dermatitis; TCS: Topical corticosteroid; CI: Confidence interval; RR: Risk ratio; FP: Fluticasone propionate

#### Explanations

a. Study relied on small, intraindividual lesion-focused samples.

Study Treatment Characteristics

Study	Intervention	Comparator
Berth-Jones 2003	Fluticasone propionate cream or ointment twice weekly + emollient qd, 16 weeks	Base cream twice weekly + emollient qd, 16 weeks
Dolle 2015	Fluticasone propionate 0.05%, qd, 21+/- 2 days	Placebo cream, qd, 21+/- 2 days
Eichenfield 2006	Fluticasone propionate, 0.05%, qd, 4 weeks	Placebo cream, qd, 4 weeks
Hanifin 2002	Fluticasone propionate (FP) cream 0.05%, qd, intermittent 4 days per week for 4	Vehicle, qd, intermittent 4 days per week for 4 weeks, followed by once daily 2 days per week for 16
	weeks, followed by once daily 2 days per week for 16 weeks; emollient cream, qd, 20	weeks; emollient cream, qd, 20 weeks
	weeks	
Van Der Meer 1999	Fluticasone propionate 0.005%, qd, 2 times a week, for 16 weeks	Placebo, qd, 2 times a week, for 16 weeks

#### Bibliography

- 1. Eichenfield LF, Miller BH. Two randomized, double-blind, placebo-controlled studies of fluticasone propionate lotion 0.05% for the treatment of atopic dermatitis in subjects from 3 months of age. *J Am Acad Dermatol.* 2006;54(4):715-717.
- 2. Dölle S, Hielscher N, Bareille PJ, Hardes K, Robertson J, Worm M. Clinical efficacy and tolerability of a novel selective corticosteroid in atopic dermatitis-two randomised controlled trials. *Skin Pharmacol Physiol.* 2015;28(3):159-166.
- 3. Berth-Jones J, Damstra RJ, Golsch S, et al. Twice weekly fluticasone propionate added to emollient maintenance treatment to reduce risk of relapse in atopic dermatitis: randomised, double blind, parallel group study. *Bmj.* 2003;326(7403):1367.
- 4. Hanifin J, Gupta AK, Rajagopalan R. Intermittent dosing of fluticasone propionate cream for reducing the risk of relapse in atopic dermatitis patients. *Br J Dermatol.* 2002;147(3):528-537.
- 5. Van Der Meer JB, Glazenburg EJ, Mulder PG, Eggink HF, Coenraads PJ. The management of moderate to severe atopic dermatitis in adults with topical fluticasone propionate. The Netherlands Adult Atopic DermatitisStudy Group. *Br J Dermatol*. 1999;140(6):1114-1121.

#### e-Table 13. Lower Medium Potency TCS: Hydrocortisone buteprate 0.1% vs Vehicle (qd)

Certainty assessment						№ of patients		Effect				
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	lower medium potency TCS	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change in severity from baseline as assessed by investigators (follow up: 2 weeks; assessed with: Mean difference in change in total lesion scores from baseline: Total lesion score calculated as 7 disease signs (infiltration, scaling, erythema, lichenification, vesicles, papules, and excoriation) evaluated on a 4 point scale: absent (0), mild (1), moderate (2), and severe (3). Disease severity was determined by the total score for the seven signs.)

<b>1</b> <sup>1</sup>	randomized trials	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	121 MD -6.38 ±	73 MD -3.39 ±	MD <b>2.99 lower</b> (4.26 lower to 1.72 lower)	⊕⊕⊖⊖ LOW	CRITICAL
							3.90	3.46			

Serious adverse events (follow up: 2 weeks; assessed with: participants experiencing a serious adverse event)

Certainty assessment							№ of patients		Effect			
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	lower medium potency TCS	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
1 <sup>1</sup>	randomized trials	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	0/121 (0.0%)	0/73 (0.0%)	<b>RR 0.660</b> (0.012 to 30.250)	0 fewer per 1,000 (from 0 fewer to 0 fewer)	⊕⊕⊖⊖ Low	CRITICAL

AD: Atopic dermatitis; TCS: Topical corticosteroid; CI: Confidence interval; RR: Risk ratio; MD: Mean difference

#### Explanations

a. Study is of a moderate risk of bias due to potential selection, attrition, and reporting bias.b. Study relied on a small sample.

#### Bibliography

1. Sears HW, Bailer JW, Yeadon A. Efficacy and safety of hydrocortisone buteprate 0.1% cream in patients with atopic dermatitis. Clin Ther. 1997;19(4):710-719.

	1 0		
KQ2 Topical corticosteroids	AD	Alclometase depropionate 0.05%	Erythema, induration and pruritus
Duke, 1983 <sup>1</sup>	N: 68	ointment, bid, for 3 weeks	Clinical sign scores improved continuously during the study period and at the end of therapy,
NR	NR% female	Control:	ravored alciometasone conclusively over clobetasone
Article	Inclusion criteria: Patients	Comparator: Other topical	2 transient adverse events to alclometasone and 3 to clobetasone
Parallel trial	over 15 years old with atopic	Clobetasone butvrate 0.05%	
Age group: Adults and	dermatitis	ointment, bid, for 3 weeks	
children			
		Low vs Moderate potency steriods	
KQ2 Topical corticosteroids	Moderate-severe AD	Alclometasone dipropionate cream	Physician's global evaluation
Bagatell, 1983 <sup>2</sup>	N: 249	0.05%, tid, for 3 weeks	Intervention patients showed a significantly better therapeutic effect for all measures of
NR	64% female	Control:	efficacy, except erythema, compared to comparator group
Article	Inclusion criteria: 12 years or	Comparator: Other topical	Pruritus
Parallel trial	older; AD pre-established for	Hydrocortisone cream 1.0% tid. for 3	Intervention was more effective than comparator in producing rapid improvement as
Age group: Adults and	at least one year and	weeks	evidenced by significantly better results for pruntus
children	diagnosed as stable or as		Dropout due to AE
	worsening for more than one	Low vs Very Low Potency	3 w
	week		I: 3/127,
			Comp: 0/122
KQ2 Topical corticosteroids	acute or subacute eczema	Amcinonide 0.1%, bid, 2 weeks	Investigator's Evaluation of Overall Improvement (1-5); 1= Cleared, 5= Poor
Bicker, 1984 <sup>3</sup>	N: 33	Control	2w
		Control.	1: 2.0 (0.18)

#### e-Table 14. Studies Comparing TCSs

NR Article Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Savin, 1976 <sup>4</sup> NR Article Parallel trial Age group: Adults	24% female Inclusion criteria: 17-84 years old; acute or subacute eczematous dermatitis; minimum baseline score of 6 based on sign and symptom rating scale AD N: 27 NR% female Inclusion criteria: Patients with atopic dermatitis	Comparator: Other topical Halcinonide 0.1%, bid, two weeks <b>High vs High potency</b> Betamethasone dipropionate ointment 0.05%, bid, for 3 weeks Control: Comparator: Other topical Hydrocortisone ointment 1%, bid, for 3 weeks	Comp: 1.77 (0.28) Amcinonide treatment group had significantly better improvement of edema at week 2 than halcinonide group; no differences in any other signs or symptoms Total symptom score Betamethasone dipropionate 0.05% ointment was found to be significantly than 1% hydrocortisone in the treatment of atopic dermatitis
		High vs Low potency steroids	
KQ2 Topical corticosteroids Reidhav, 1996 <sup>5</sup> NR Article Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Nilsson, 1992a <sup>6</sup> Nilsson, 1992b <sup>7</sup> Study 1 Article Parallel trial Age group: NR	Symmetrical AD N: 30 NR% female Inclusion criteria: Consecutive patients between 15 and 66 years with atopic dermatitis Mild to moderate AD N: 70 NR% female Inclusion criteria: Patients with mild to moderate atopic dermatitis	Betamethasone valerate, qd, for 4 weeks Control: mometasone furoate Cream, qd, for 4 weeks Comparator: Medium potency vs medium potency Clobetasol propionate 0.05% cream, bid, for 2 weeks (high potency) Control: Comparator: Other topical Alclometasone, bid, for 2 weeks (low potency) Other topical Clobetasone, bid, for 2 weeks Other topical Betamethasone with neomycin, bid, for 2 weeks	Clinical effectiveness No significant difference in clinical effectiveness between 2 treatment groups Betamethasone was significantly superior with respect to several cosmetic properties and was greatly preferred for its overall cosmetic quality Severity score Both corticosteroids reduced the severity score significantly after week 1 but there was no significant difference between 2 groups Effects of treatment on self-assessment evaluation 2 w I: 0.5 (0.9) Comp: 1.9 (1.4), Comp 2: 2.2 (2.0), Comp 3: 1.7 (1.6)
KQ2 Topical corticosteroids Nilsson, 1992b <sup>7</sup> Nilsson, 1992a <sup>6</sup> Study 2 Article Parallel trial Age group: Adults and children	Moderate to severe atopic eczema N: 30 NR% female Inclusion criteria: Patients with moderate to severe atopic eczema	Corticosteroid Clobetasol propionate 0.05% cream, bid, for the first week and qd for the second week Control: Comparator: Betamethasone valerate 0.1% cream + neomycin, bid, for the first week and qd for the second week Very High vs Medium Potency	Severity score Both groups showed significantly reduce in severity score but no significant difference between 2 groups
KQ2 Topical corticosteroids Trookman, 2011 <sup>8</sup> NR Article	Mild to moderate AD N: 46 NR% female	Desonide hydrogel 0.05%, gel, bid, for 4 weeks Control: Comparator: Other topical	EASI, BSA, ADSI, Target lesion assessment, TWEL Whole body EASI decreased significantly from baseline at weeks 2 and 4 for desonide hydrogel and desonide ointment; overall BSA declined in the treatment groups (significant for desonide ointment at week 4); no significant difference in BSA between desonide hydrogel and ointment groups; overall ADSI decreased significantly from baseline at weeks 2 and 4 for

Parallel trial Age group: Adults and children	Inclusion criteria: Patients older than 12 with mild to moderate atopic dermatitis	Desonide ointment, bid, for 4 weeks Low potency gel vs ointment	desonide hydrogel and ointment. Overall target lesion assessment of severity decreased significantly from Baseline at Weeks 2 and 4 for desonide hydrogel and ointment Patient preference Significantly more patients were generally pleased with the attributes and efficacy of desonide hydrogel than ointment SAEs 4 w 1: 0/22, Comp: 0/22
KQ2 Topical corticosteroids Fisher, 1979 <sup>9</sup> NR Article Parallel trial Age group: Adults and children	AD N: 107 63% female Inclusion criteria: NR	Fluocinonide 0.05% cream, tid, 3 weeks Control: Comparator: Other topical Betamethasone valerate 0.1% cream, tid, 3 weeks High vs Medium Potency	Clinical response (1-5 scale) Clinical response favored intervention significantly over comparator at 3 weeks. Dropout due to AE 3w I: 0/53, Comp: 0/54
KQ2 Topical corticosteroids Bleehen, 1995 <sup>10</sup> NR Article Parallel trial Age group: Adults and children	Moderate-severe AD N: 270 NR% female Inclusion criteria: Between 1 and 65 yeas old; diagnosis of AD confirmed by dermatologist; eczema score of at least moderate severity (not less than 6)	Fluticasone propionate 0.05%, qd, 4 weeks Control: Comparator: Other topical Fluticasone propionate 0.05%, bid, 4 weeks Medium Potency qd vs bid	Investigators' overall assessment of the target area The majority of the intent-to-treat population was classified a treatment success according to investigators' overall assessment of the target area, however there was no significant difference between groups Hospitalization 4w I: 1/137, Comp: 1/133 Dropout due to AE 4w I: 3/137, Comp: 3/133
KQ2 Topical corticosteroids EI-Hefnawi, 1978 <sup>11</sup> NR Article Same person trial Age group: Adults and children	AD N: 5 NR% female Inclusion criteria: Aged 5 months to 65 years; patients with inflammatory dermatoses; rated moderately severe to severe	Halcinonide 0.1% + neomycin sulfate 0.25% + amphotericin 1%, tid, up to 3 weeks Control: Comparator: Other topical Hydrocortisone 1%, tid, up to 3 weeks	Overall Comparative Clinical Response No statistically significant difference between the two drugs was found for AD patients
KQ2 Topical corticosteroids Fattah, 1976 <sup>12</sup> NR Article Same person trial Age group: Adults and children KQ2 Topical corticosteroids	AD N: 4 NR% female Inclusion criteria: Presence of bilateral, symmetrical lesions of similar etiology and severity	Halcinonide 0.1% cream, tid, 2-3 weeks Control: Comparator: Other topical Hydrocortisone 1% cream, tid, 2-3 weeks High potency vs Lowest potency Halcinonide 0.1%, bid, 2 weeks	SAE 3w I: 0/4, Comp: 0/4 Withdrawal from treatment due to AE 3w I: 0/4, Comp: 0/4 Intervention was markedly superior in two patients and slightly superior in one patient, with comparator slightly superior in one patient Efficacy

Bleeker, 1975 <sup>13</sup>	N: 27		Both treatments were similar in their efficacy and rapid onset of action, the clinical response
NR	NR% female	Control:	was a very high order
Article	Inclusion criteria: NR	Comparator: Other topical	
Same person trial		Clobestasol propionate 0.05%, bid, 2	
Age group: Adults		Weeks	
		Very High vs High potency	
KQ2 Topical corticosteroids	AD	Halcinonide cream, tid, for 3 weeks	Clinical responses
Leibsohn, 1974 <sup>14</sup>	N: 9	Control:	Mixed results across patients
NR	51% female		Adverse events (including SAE)
Article	Inclusion criteria: NR	Comparator: Other topical	3w
Same person trial		tid. for 3 weeks	l: 0/8,
Age group: Adults and			Comp. 0/8
children		High vs Medium potency	•
KQ2 Topical corticosteroids	Atopic eczema	Hydrocortisone (1% UHc powder	State of lesions State of lesions after 4 weaks, later continue, Excellent: 25, Good: 10, No Improvement: 1
Almeyda, 1974 <sup>15</sup>	N: 36	instances 4 weeks)	Deterioration: 0: Comparator- Excellent: 18, Good:16, No Improvement: 2, Deterioration: 0
INFS Anti-ta-	50% female		
Article	Inclusion criteria: NR	Control:	Patient comment 14 patients preferred the LIHc powder-cream
Same person trial		Comparator: Other topical	
Age group: Adults and		0.1% betamethasone 17-valerate, tid,	
cilluren		2 weeks (in a lew instances 4 weeks)	
		Medium vs Lowest Potency	
KQ2 Topical corticosteroids	AD	Hydrocortisone 17-butyrate (HC), bid,	Clinical efficacy
Yasuda, 1976 <sup>16</sup>	N: 144	for 1 week (lower-medium potency)	The overall effectiveness at days 3 and 7 showed HC to be superior to HA and TA
NR	NR% female	Control:	
Article	Inclusion criteria: Patients	Comparator: Other topical	
Parallel trial	with atopic dermatitis	Triamcinolone acetonide (TA), bid, for	
Age group: NR		1 week (Medium potency)	
		Other topical	
		Hydrocortisone 21-acetate (HA) 1%,	
KOO Tasiaal aadiaa taasida	Madagata ta angene AD	bid, for 1 week (lowest potency)	Obtailer we'r Er the we
KQ2 Topical corticosteroids	Moderate to severe AD	Hydrocortisone 17-butyrate (Locoid)	Global severity, Erythema Global severity was significantly reduced on both treated sides: score reductions on sides
Rajka, 1986''	N: 30	bid, until the clearance less than 4	treated with Locoid were found to be more marked than Apolar
Article	NR% female	weeks	One patient experienced elight itabing mainly on the side treated with Appler cintment and
Same person trial	Inclusion criteria: Patients	Control:	another patient found Apolar ointment some- what sticky in comparison with Locoid fatty
	moderate to severe	Comportation Other tonical	cream
children	dermatitis	Desonide (Apolar) 0 1% ointment	
ormaren		bid, until the clearance less than 4	
		weeks	
KQ2 Topical corticosteroids	Mild to moderate AD	Hydrocortisone 17-butyrate 0.1%	SAFs
Wake Forest University	N: 26	cream, bid, for 2 weeks	2 w
2006 <sup>18</sup>	56% female	Control	l: 0/6,
NCT00693693	50 /0 ICIIIAIC		Comp: 0/7, Comp 2: 0/8
Trial record		Comparator: Other topical	

Parallel trial	Inclusion criteria: Adult	Hydrocortisone 17-butyrate 0.1%	
Age group: Adults	patients with mild to		
		Other topical Hydrocortisone 17-butyrate 0.1%	
		Lipocream, bid, for 2 weeks	
		Lower-medium potency creams vs ointments	
KQ2 Topical corticosteroids	AD	Hydrocortisone valerate cream 0.2%,	Overall judgement
Roth, 1978a <sup>19</sup>	N: 29	tid, until clearing or up to 4 weeks	Overall judgement showed HCV)to be statistically superior to HC
Study 1	NR% female	Control:	Significant side effects
Article	Inclusion criteria: Aged 2-75	Comparator: Other topical	4 w
Same person trial	years; bilateral lesions	Hydrocortisone 1.0% cream, tid, until	1: 0/29, Comp: 0/20
Age group: Adults and	typical of chronic AD,	clearing or up to 4 weeks	
children	involving primarily the limbs	Lewer medium ve Lewest notenev	
KQ2 Topical corticosteroids	AD	Hydrocortisone valerate cream 0.2%	Overall therapeutic response
Roth $1978h^{20}$	N: 19	tid, until clearing or up to 4 weeks	With the exception of a slightly more rapid response to HCV (intervention) in some patients,
HCV vs BMV	NR% female	Control	the effect of the two medications appeared to be essentially the same
Study 2	Inclusion criteria: Aged 2-75		Significant side effects
Article	years; bilateral lesions	Comparator: Other topical	4 w
Same person trial	typical of chronic AD,	tid, until clearing or up to 4 weeks	l: 0/19, Ctrl: 0/19
Age group: Adults and	involving primarily the limbs	3	
children		Medium vs Lower-medium potency	
KQ2 Topical corticosteroids	AD	Methylprednisolone aceponate 0.1%	Healing, marked improvement
Haneke, 1992 <sup>21</sup>	N: 276	cream, bid, for 4 weeks	I here were no differences between MPA used once and twice daily, respectively, with 66% complete bealing and 27% marked improvement as compared with BMV twice daily with 68%
NR	NR% female		complete healing and 20% marked improvement
Article	Inclusion criteria: Patients	Control: Other topical alone	The local and systemic tolerance was excellent
Same person trial	with atopic dermatitis	0.1 % Diviv, bid, for 4 weeks	
Age group: NR		Comparator: Other topical	
		0.1% BMV, bid, for 4 weeks	
		High vs Medium potency	
KQ2 Topical corticosteroids	Mild to moderate AD	Mometasone furoate fatty cream	Clinical efficacy
Rajka, 1993 <sup>22</sup>	N: 153	U.1%, qa, tor 3 weeks	Difference regarding clinical efficacy was statistically significantly in favor of mometasone
NR	50% female	Constrals	
	5370 lemale	Control:	3 adverse events in mometasone furoate and 1 in betamethasone
	Inclusion criteria: Patients	Control: Comparator: Other topical	3 adverse events in mometasone furbate and 1 in betamethasone
Parallel trial	Inclusion criteria: Patients with atopic dermatitis	Comparator: Other topical Betamethasone valerate cream 0.1%,	3 adverse events in mometasone furoate and 1 in betamethasone
Parallel trial Age group: Adults and children	Inclusion criteria: Patients with atopic dermatitis	Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks	3 adverse events in mometasone furoate and 1 in betamethasone
Parallel trial Age group: Adults and children	Inclusion criteria: Patients with atopic dermatitis	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks Medium vs Medium potency	3 adverse events in mometasone furoate and 1 in betamethasone
Parallel trial Age group: Adults and children KQ2 Topical corticosteroids	Inclusion criteria: Patients with atopic dermatitis	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks Medium vs Medium potency Mometasone furoates 0.1% with a	TSS
Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Ruzicka, 2012 <sup>23</sup>	Mild to moderate AD N: 20	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks Medium vs Medium potency Mometasone furoates 0.1% with a water content of 33%, once daily, for	TSS 2 w b 2 0 (4 70) Oth 2 5 (4 70)
Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Ruzicka, 2012 <sup>23</sup> Almirall, 2010 <sup>24</sup>	Mild to moderate AD N: 20 NR% female	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks Medium vs Medium potency Mometasone furoates 0.1% with a water content of 33%, once daily, for 2 weeks	TSS 2 w I: 2.6 (1.76), Ctrl: 2.5 (1.76) The statistical comparison of the intraindividual outcomes did not show significant differences
Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Ruzicka, 2012 <sup>23</sup> Almirall, 2010 <sup>24</sup> EudraCT-No. 2009-017407-	Mild to moderate AD N: 20 NR% female Inclusion criteria: Patients	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks <u>Medium vs Medium potency</u> Mometasone furoates 0.1% with a water content of 33%, once daily, for 2 weeks Control: Other topical alone	TSS 2 w I: 2.6 (1.76), Ctrl: 2.5 (1.76) The statistical comparison of the intraindividual outcomes did not show significant differences between the treatments comparing mean corneometric values at baseline with day 8 and 15
Parallel trial Age group: Adults and children KQ2 Topical corticosteroids Ruzicka, 2012 <sup>23</sup> Almirall, 2010 <sup>24</sup> EudraCT-No. 2009-017407- 28; NCT 01119313	Mild to moderate AD N: 20 NR% female Inclusion criteria: Patients were older than 18 years	Control: Comparator: Other topical Betamethasone valerate cream 0.1%, bid, for 3 weeks Medium vs Medium potency Mometasone furoates 0.1% with a water content of 33%, once daily, for 2 weeks Control: Other topical alone	TSS 2 w I: 2.6 (1.76), Ctrl: 2.5 (1.76) The statistical comparison of the intraindividual outcomes did not show significant differences between the treatments comparing mean corneometric values at baseline with day 8 and 15 DLOI

Article Parallel trial Age group: Adults	with mild to moderate atopic dermatitis	0.1% mometasone furoate with a marginal water content below 5%, once daily, for 2 weeks Comparator: Medium potency TCS w/ high water content vs low water content	Quality of life could be improved by treating with both preparations         SAEs         2 w         I: 0/20, Ctrl: 0/20         The corneometry results (arbitrary units) showed considerable increase in skin moisturization with both preparations. No significant differences between the treatments comparing mean corneometric values at baseline with day 8 and 15
KQ2 Topical corticosteroids Hoybye, 1991 <sup>25</sup> NR Article Parallel trial Age group: Adults	AD N: 96 NR% female Inclusion criteria: Between 18-70 years old; clinical diagnosis of AD	Mornetasone furoate, qd, for 3 weeks, followed by qd, three consecutive days/week, an additional 3 weeks Control: Comparator: Other topical Hydrocortisone, bid, for 3 weeks, followed by bid, three consecutive days/week, an additional 3 weeks Medium potency vs Lowest potency	Physicians's Global Evaluation The results of the global evaluation carried out after a total treatment period of six weeks showed significantly greater improvement in the patients using intervention treatment Patient visual analogue scale (VAS) A comparison of the evaluations made by the patients on a visual analog scale after three and six weeks of treatment showed no difference in efficacy between the two groups Pruritus severity Both groups experienced statistically significant improvement during the initial three weeks of treatment; intervention improved pruritus significantly better than comparator
KQ2 Topical corticosteroids Aliaga, 1996 <sup>26</sup> NR Article Parallel trial Age group: Adults	AD N: 67 64% female Inclusion criteria: Adult patients with atopic dermatitis	Prednicarbate 0.25%, bid for 3 weeks Control: Other topical alone Fluocortin butyl ester 0.75%, bid, for 3 weeks Comparator:	Overall efficacy Evaluations by investigators and patients of the overall efficacy of treatment were significantly higher for prednicarbate than for fluocortin butyl ester Two patients treated with fluocortin butyl ester manifested possible adverse reactions to the medication: probable irritant contact dermatitis in one case and pigmentation in the other; No adverse reactions were observed in the patients treated with prednicarbate
KQ2 Topical corticosteroids Draelos, 2015 <sup>27</sup> NR Article Same person trial Age group: Adults	Mild AD or eczema N: 50 76% female Inclusion criteria: 18 or older; symmetrical mild eczema or AD on the arms or legs	Medium vs Medium potency Triamcinolone acetonide 0.2% spray (2 second spray) +rubbing in, tid, 2 weeks Control: Comparator: Other topical Triamcinolone acetonide 0.2% spray (2 second spray) + no rubbing in, tid, 2 weeks Medium potency TCS rubbed in vs not rubbed in	Investigator assessment 5-point scale for irritation, erythema, desquamation, roughness, dryness, and overall skin appearance Highly clinical and statistical improvement in all investigator parameters with no difference between groups Patient 5-point scale to evaluate irritation, redness, itching, discomfort, and overall skin appearance Highly clinical and statistical improvement in all patient parameters with no difference between groups SAE 2w I: 0/50, Comp: 0/50 Dropout due to AE 2w I: 0/50, Comp: 0/50
KQ2 Topical corticosteroids Koopmans, 1995 <sup>28</sup> NR Article	Atopic eczema N: 150 63% female	Locoid lipocream fatty cream, bid, for 4 weeks (Hydrocortisone butyrate 0.1%) Control: Other topical alone	Clearance rate Both treatments significantly reduced all clinical features equally, but the clearance rate was significantly higher with the twice daily regimen Adverse events occurred in eight patients, 4 in each group

Parallel trial	Inclusion criteria: Patients	Locoid lipocream, qd, for 4 weeks	Data provided for active treatment arms but not control (Locobase) arm
Age group: Adults and o children e	over 12 years old with atopic eczema	Comparator: Other topical Locobase ( <b>OTC moisturizer</b> ), qd, for 4 weeks Lower-medium potency	

- 1. Duke EE, Maddin S, Aggerwal A. Alclometasone dipropionate in atopic dermatitis: a clinical study. *Curr Ther Res Clin Exp* 1983;33(5):769–774.
- 2. Bagatell FK, Barkoff JR, H.J. C, et al. A multi-center comparison of alclometasone dipropionate cream 0.05% and hydrocortisone cream 1.0% in the treatment of atopic dermatitis. *Curr Ther Res Clin Exp.* 1983;33(1):46-52.
- 3. Bickers DR. A comparative study of amcinonide and halcinonide in the treatment of eczematous dermatitis. *Cutis.* 1984;34(2):190-194.
- 4. Savin RC. Betamethasone dipropionate in psoriasis and atopic dermatitis. *Conn Med.* 1976;40(1):5-7.
- 5. Reidhav I, Svensson A. Betamethasone valerate versus mometasone furoate cream once daily in atopic dermatitis. *J Dermatol Treat* 1996;7:87-88.
- 6. Nilsson EJ, Henning CG, Magnusson J. Topical corticosteroids and Staphylococcus aureus in atopic dermatitis. *J Am Acad Dermatol.* 1992a;27(1):29-34.
- 7. Nilsson EJ, Henning CG, Magnusson J. Topical corticosteroids and Staphylococcus aureus in atopic dermatitis. *J Am Acad Dermatol.* 1992b;27(1):29-34.
- 8. Trookman NS, Rizer RL. Randomized Controlled Trial of Desonlde Hydrogel 0.05% versus Desonide Ointment 0.05% in the Treatment of Mild-tomoderate Atopic Dermatitis. *J Clin Aesthet Dermatol.* 2011;4(11):34-38.
- 9. Fisher M, Kelly AP. Multicenter trial of fluocinonide in an emollient cream base. *Int J Dermatol.* 1979;18(8):660-664.
- 10. Bleehen SS, Chu AC, Hamann I, Holden C, Hunter JA, Marks R. Fluticasone propionate 0.05% cream in the treatment of atopic eczema: a multicentre study comparing once-daily treatment and once-daily vehicle cream application versus twice-daily treatment. *Br J Dermatol.* 1995;133(4):592-597.
- 11. el-Hefnawi H, el-Shiemy S, Paris R, Tadros SS. Double-blind paired comparison clinical trial of halcinonide and hydrocortisone. *Cutis.* 1978;22(1):97-99.
- 12. Fattah AA, El-Shiemy S, Faris R, Tadros SS. A comparative clinical evaluation of a new topical steroid 'halcinonide' and hydrocortisone in steroid-responsive dermatoses. *J Int Med Res.* 1976;4(4):228-231.
- 13. Bleeker J. Double-blind comparison between two new topical corticosteroids, halcinonide 0.1% and clobetasol propionate cream 0.05%. *Curr Med Res Opin.* 1975;3(4):225-228.
- 14. Leibsohn E, Bagatell FK. Halcinonide in the treatment of corticosteroid responsive dermatoses. *Br J Dermatol.* 1974;90(4):435-440.
- 15. Almeyda J, Burt BW. Double blind controlled study of treatment of atopic eczema with a preparation of hydrocortisone in a new drug delivery system versus betamethasone 17-valerate. *Br J Dermatol.* 1974;91(5):579-583.
- 16. Yasuda T. Clinical experiences with hydrocortisone 17-butyrate. *Dermatologica*. 1976;152 Suppl 1:221-229.
- 17. Rajka G, Verjans HL. Hydrocortisone 17-butyrate (Locoid) 0.1% fatty cream versus desonide (Apolar) 0.1% ointment in the treatment of patients suffering from atopic dermatitis. *J Int Med Res.* 1986;14(2):85-90.
- 18. Wake Forest University, Sciences WFUH. Adherence to Topical Hydrocortisone 17-butyrate 0.1% (Locoid®) Using Different Vehicles in Adults With Atopic Dermatitis. In:2006.
- 19. Roth HL, Brown EP. Hydrocortisone valerate. Double-blind comparison with two other topical steroids. *Cutis.* 1978;21(5):695-698.
- 20. Roth HL, Brown EP. Hydrocortisone valerate. Double-blind comparison with two other topical steroids. *Cutis.* 1978b;21(5):695-698.
- 21. Haneke E. The treatment of atopic dermatitis with methylprednisolone aceponate (mpa), a new topical corticosteroid. *J Dermatol Treat* 1992(3 Suppl 2):13–15.

- 22. Rajka G, Avrach W, Gartner L, Overgaard-Petersen H. Mometasone furoate 0.1% fatty cream once daily versus betamethasone valerate 0.1% cream twice daily in the treatment of patients with atopic and allergic contact dermatitis. *Curr Ther Res Clin Exp* 1993;54:23–29.
- 23. Ruzicka T, Willers C, Wigger-Alberti W. Efficacy and patient-reported outcomes of a new mometasone cream treating atopic eczema. *Skin Pharmacol Physiol.* 2012;25(6):305-312.
- 24. Almirall SA. Study to Investigate Skin Conditions and Patient Assessment of LAS 41002 in the Treatment of Atopic Eczema. In:2010.
- 25. Hoybye S, Balk Moller S, De Cunha Bang F, Ottevanger V, Veien NK. Continuous and intermittent treatment of atopic dermatitis in adults with momethasone furoate vs. hydrocortisone 17- butyrate. *Curr Ther Res Clin Exp* 1991;50:67–72.
- 26. Aliaga A, Rodriguez M, Armijo M, et al. Double-blind study of prednicarbate versus fluocortin butyl ester in atopic dermatitis. *Int J Dermatol.* 1996;35(2):131-132.
- 27. Draelos ZD. Triamcinolone spray: no-rub application as effective as rub application. *J Cosmet Dermatol.* 2015;14(4):286-290.
- 28. Koopmans B, Lasthein Andersen B, Mork NJ, Austad J, Suhonen RE. Multicentre randomized double-blind study of locoid lipocream fatty cream twice daily versus locoid lipocream once daily and locobase once daily. *J Dermatol Treat*. 1995;6(2):103-106.

#### e-Table 15. Mupirocin + Topical corticosteroid vs Topical corticosteroid + Vehicle

	Certainty assessment					№ of patients		Effect				
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	mupirocin + TCS	TCS + Vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change from baseline in severity as assessed by investigators (follow up: 4 weeks; assessed with: Change in mean EASI score)

<b>1</b> <sup>1</sup>	randomized	not serious	not serious	not serious	serious <sup>a</sup>	none	58	61	MD 1.39 higher	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trials						MD 12.50	MD 11.11	(1.9 lower to 4.68 higher)	MODERATE	
							(10.24, 14.77)	(8.62, 13.61)			

## Change from baseline in clinical severity as assessed by investigator (follow up: 8 weeks; assessed with: Patients were assessed clinically on a 0-3 scale for six features (extent, erythema, pustulation, excoriations, dryness and cracking) at 16 body sites.)

1 <sup>2</sup> ra	andomized trials	not serious	not serious	not serious	serious <sup>a</sup>	none	Forty-five AD patients (mean age 20.4 yo) started 0.5% clobetasol butyrate ointment b.i.d for 2 weeks pre-trial then q.d during the trial, then were randomly allocated to receive placebo or mupirocin ointment q.d in addition to the TCS for 2 weeks, crossing over to the alternative treatment (placebo or mupirocin) for weeks 2-4. After the first trial period, clinical severity was virtually unchanged in the P/M group (using placebo) mean score 68.0 (baseline mean score±SEM 69.9±6.9) but fell significantly in the M/P group (using mupirocin) to a mean of 37.6 (baseline score 59.5±6.4). This was significantly different both from the M/P group pretreatment baseline (P < 0.001) and from the P/M group (p<0.002). After the cross-over period at 4 weeks, the P/M group improved significantly (p < 0.05) whereas the M/P group, (now on placebo) showed a slight, but not statistically significant deterioration. Clinical activity then remained stable in both groups for the remainder of the trial (through week 8). Calculation of the change in clinical severity scores over the whole trial period taking visit o as the baseline value showed that the change in clinical severity	⊕⊕⊕⊖ MODERATE	CRITICAL
-------------------	---------------------	-------------	-------------	-------------	----------------------	------	---	------------------	----------

	Certainty assessment					№ of patients		Effect				
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	mupirocin + TCS	TCS + Vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

#### Serious adverse events (follow up: 8 weeks; assessed with: Participants experiencing a serious AE)

1 <sup>2</sup>	randomized	not serious	not serious	not serious	serious <sup>a</sup>	none	For 45 AD patients (mean age 20.4 yo) started on 0.5% clobetasol butyrate	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trials						ointment b.i.d for 2 weeks pre-trial then q.d during the trial, then were randomly	MODERATE	
							allocated to receive placebo or mupirocin ointment q.d in addition to the TCS		
							for 2 weeks, crossing over to the alternative treatment (placebo or mupirocin)		
							for weeks 2-4., over the 8-week study period no serious adverse events were		
							reported.		

AD: Atopic dermatitis; CI: Confidence interval; MD: Mean difference; TCS: Topical corticosteroid; AE: Adverse event; EASI: Eczema Area and Severity Index

#### Explanations

a. Study relied on a small sample.

#### Study Treatment Characteristics

Study	Intervention	Comparator
Lever 1988	Mupirocin bid in polyethylene glycol ointment base + 0.5% clobetasol butyrate ointment, each qd, for 2 weeks	Polyethylene glycol ointment base cream base + 0.5% clobetasol butyrate ointment, qd, for 2 weeks
Gong 2006	Mupirocin + hydrocortisone butyrate ointment, each qd, 4 weeks	Vehicle ointment + hydrocortisone butyrate ointment, each qd, 4 weeks

#### Bibliography

- 1. Gong JQ, Lin L, Lin T, et al. Skin colonization by Staphylococcus aureus in patients with eczema and atopic dermatitis and relevant combined topical therapy: a double-blind multicentre randomized controlled trial. *Br J Dermatol.* 2006;155(4):680-687.
- 2. Lever R, Hadley K, Downey D, Mackie R. Staphylococcal colonization in atopic dermatitis and the effect of topical mupirocin therapy. *Br J Dermatol.* 1988;119(2):189-198.

## e-Table 16. Gentamicin + Topical corticosteroid (betamethasone valerate) vs Topical corticosteroid (betamethasone valerate) alone vs

#### Gentamicin alone

Certainty assessment									l .
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance

Change from baseline in severity as assessed by investigators (follow up: 22 days; assessed with: Change in mean overall severity scores (0=complete absence to 10=very severe-worst case ever seen))

			Certainty as	ssessment					
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance
1	randomized trials	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	For 25 AD patients (age NR) treated with gentamicin + betamethasone valerate cream, 27 treated with betamethasone valerate alone, and 27 treated with gentamicin alone t.i.d for 3 weeks, mean overall severity scores decreased from 6.1 to 1.0, 6.1 to 1.8, and 6.6 to 4.2, respectively.	⊕⊕⊕⊖ MODERATE	CRITICAL

AD: Atopic dermatitis; NR: Not reported

#### Bibliography

1. Wachs GN, Maibach HI. Co-operative double-blind trial of an antibiotic/corticoid combination in impetiginized atopic dermatitis. *Br J Dermatol.* 1976;95(3):323-328.

#### e-Table 17. Tacrolimus 0.1% + Clocortolone pivalate 0.1% vs Clocortolone pivalate 0.1% alone vs Tacrolimus 0.1% alone

			Certainty as	ssessment					Importance
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	
Change f	rom baseline	e in severity as	assessed by in	vestigators (fol	llow up: 21 day	ys; assessed with: Ch	ange in mean DSS -the sum of scores for excoriation, induration, a	and erythema)	
11	randomized trial	not serious	not serious	not serious	serious <sup>a</sup>	none	For 19 AD patients (aged 16-65 yo; primarily >18yo) randomized to treatment with clocortolone pivalate cream 0.1% and tacrolimus ointment 0.1%, 19 patients randomized to TCS alone, and 19 patients randomized to tacrolimus alone bid for 21 days, reduction in the mean DSS from baseline (computed as actual change from day 21) was statistically significant (<0.001) for each treatment group (TCS+TCI, -1.53; TCS alone, -0.76; and TCI alone, -1.42).	⊕⊕⊕⊖ MODERATE	CRITICAL

AD: Atopic dermatitis; DSS: Dermatologic Sum Score; TCS: Topical corticosteroid; TCI: Topical calcineurin inhibitors

#### Explanations

a. Study relied on a small sample.

#### Bibliography

1. Torok HM, Maas-Irslinger R, Slayton RM. Clocortolone pivalate cream 0.1% used concomitantly with tacrolimus ointment 0.1% in atopic dermatitis. *Cutis*. 2003;72(2):161-166.

#### e-Table 18. Very High Potency: Pimecrolimus 1% vs Clobetasol propionate 0.05% (qd)

	Certainty assessment					№ of patients		Effect				
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus 1%	clobetasol 0.05%	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change fr	change from baseline in severity as assessed by investigators (follow up: 15 days; assessed with: Change from baseline in Total Sign Score (0= absent: 18= severe))											

				<b>.</b> .		•	<u> </u>				
1 <sup>1</sup>	randomized trial	not serious	not serious	not serious	serious <sup>a</sup>	none	30 MD -2.93±2.37	30 MD -5.59±2.37	MD <b>2.66 higher</b> (1.46 higher to 3.85 higher)	⊕⊕⊕⊖ MODERATE	CRITICAL

AD: Atopic dermatitis; CI: Confidence interval; MD: Mean difference

#### Explanations

a. Study relied on a small, intraindividual sample.

#### Bibliography

1. Guttman-Yassky E, Ungar B, Malik K, et al. Molecular signatures order the potency of topically applied anti-inflammatory drugs in patients with atopic dermatitis. *J Allergy Clin Immunol.* 2017;140(4):1032-1042.e1013.

#### e-Table 19. Pimecrolimus 1% vs Betamethasone dipropionate 0.05% (qd)

			Certainty as	ssessment			Nº of ∣	patients	Effec	t				
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus 1%	betamethasone dipropionate 0.05%,	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance		
Change f	Change from baseline in severity as assessed by investigators (follow up: 15 days; assessed with: Change from baseline in Total Sign Score (0=absent;18=severe))													
1 <sup>1</sup>	randomized trials	not serious	not serious	not serious	serious <sup>a</sup>	none	30	30	MD <b>2 hi</b> (0.8 higher to	gher 3.2 higher)	⊕⊕⊕⊖ MODERATE	CRITICAL		

AD: Atopic dermatitis; CI: Confidence interval; MD: Mean difference

#### Explanations

a. Study relied on a small, intraindividual sample.

#### Bibliography

1. Guttman-Yassky E, Ungar B, Malik K, et al. Molecular signatures order the potency of topically applied anti-inflammatory drugs in patients with atopic dermatitis. *J Allergy Clin Immunol.* 2017;140(4):1032-1042.e1013.

#### e-Table 20. Pimecrolimus 1% vs Medium Potency Steroids (bid)

			Certainty ass	essment			№ of patient	s		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus 1%	medium potency TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change from baseline in severity as assessed by investigators (follow up: range 3 weeks to 4 weeks; assessed with: participants moderately clear or better determined by IA score of 0 to 3 or PGA score indicating >50% improvement)

2 1.2	randomized trials	serious <sup>a</sup>	not serious	not serious	not serious	none	For 328 adult AD patients randomized to pimecrolimus 1% and 330 patients randomized to 0.1% triamcinolone acetonide cream (on trunk & limbs) plus 1% hydrocortisone acetate cream (on face, neck and intertriginous areas) bid until complete clearance, at 4 weeks, 186/328 (56.7%) and 251/330 (76.1%), respectively were assessed as moderately clear or better according to IA scores: RR 0.84 95%Cl 0.72, 0.97. <sup>2</sup> For 45 adult AD patients randomized to pimecrolimus 1% and 42 patients randomized to 0.1% betamethasone valerate cream bid for 3 weeks, 24/45 (53.3%) and 37/42 (88.1%), respectively were assessed as moderately clear or better according to PGA scores: RR 0.74 95%Cl 0.50, 1.11. <sup>1</sup>	⊕⊕⊕⊖ MODERATE	CRITICAL
-------	----------------------	----------------------	-------------	-------------	-------------	------	--	------------------	----------

Change from baseline in severity as assessed by investigators (follow up: range 22 days to 29 days; assessed with: change in pEASI scores)

2 <sup>3,4</sup>	randomized trials	serious <sup>b</sup>	not serious	not serious	serious <sup>c</sup>	none	For 15 adult AD patients randomized to pimecrolimus 1% on one arm and 0.1% betamethasone valerate cream on the contralateral arm bid for 29 days, as assessed via the pEASI, considerable improvement with seen in both groups after 8 days; symptoms of those on betamethasone continued to improve (no quantitative data provided). <sup>3</sup>	⊕⊕⊖⊖ Low	CRITICAL
							For 15 adult AD patients randomized to pimecrolimus 1% on one arm and 0.1% triamcinolone acetonide cream on the contralateral arm bid for 22 days, scoring via pEASI revealed a faster improvement in the TA-treated group compared with the pimecrolimus-treated group: at day 8 there was a significant difference between the treatment groups ( $p = 0.022$ ). The difference was even more pronounced at day 22 ( $p = 0.0008$ ) (no quantitative data provided). <sup>4</sup>		

#### Change from baseline in severity as assessed by investigators (follow up: 13 months; assessed with: participants moderately clear or better determined by IA score of 0 to 3)

1 <sup>2</sup>	randomized	serious d	not serious	not serious	serious <sup>e</sup>	none	267/328 (81.4%)	293/330	RR 0.95	44 fewer per 1,000	$\oplus \oplus \bigcirc \bigcirc$	CRITICAL
	trial							(88.8%)	(0.84 to 1.08)	(from 142 fewer to 71	LOW	
										more)		

Itch reduction (follow up: range 7 days to 22 days; assessed with: VAS 10cm or NRS 0= no itch; 3= severe itch)

			Certainty ass	essment			№ of patient	S		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	pimecrolimus 1%	medium potency TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
3 1,3,4	randomized trials	serious <sup>f</sup>	not serious	not serious	serious <sup>g</sup>	none	For 15 adult AD patients ran- betamethasone valerate crea- pimecrolimus group experier (p=0.0003) and the TCS group (p=0.0015). <sup>3</sup> For 15 adult AD patients ran- triamcinolone acetonide crea- patients in both groups repor- there was a transitory increa (p = 0.0010). The TA-treated between the treatment group < 0.05). <sup>4</sup> For 45 adult AD patients ran- to 0.1% betamethasone vale (82.9%), respectively reporte 3=severe itch). <sup>1</sup>	domized to pime am on the contra need a mean red up experienced a domized to pime im on the contral ted a reduction i se in pruritus foll l arm improved c os was statistical domized to pime rate cream bid for ad no or mild itch	crolimus 1% on a lateral arm bid a uction from base a mean reduction crolimus 1% on a ateral arm bid fo n itch. For the pi owed by a signif ontinuously (p < y significant at n crolimus 1% and or 3 weeks, 21/4: according to NF	one arm and 0.1% t 1 week, the sline in VAS scores of -2.6 n from baseline of -2.4 one arm and 0.1% or 22 days, using the VAS, mecrolimus-treated side, icant decrease in pruritus 0.0001). The difference nost of the time-points (p 441 patients randomized 5 (46.7%) and 34/41 RS scoring (0=no itch,	⊕⊕⊖⊖ Low	CRITICAL

#### Serious adverse events (follow up: 13 months; assessed with: participants experiencing a serious AE)

1 <sup>2</sup>	randomized	serious d	not serious	not serious	serious h	none	16/328 (4.9%)	21/330 (6.4%)	RR 0.78	14 fewer per 1,000	$\oplus \oplus \bigcirc \bigcirc$	CRITICAL
	trial							. ,	(0.41 to 1.46)	(from 38 fewer to 29	LOW	
										more)		

#### Withdrawal due to adverse events (follow up: 22 days; assessed with: participants discontinuing treatment due to AE)

1 <sup>1</sup>	randomized	serious d	not serious	not serious	serious <sup>e</sup>	none	3/45 (6.7%)	1/42 (2.4%)	RR 2.69	40 more per 1,000	$\oplus \oplus \bigcirc \bigcirc$	CRITICAL
	trial								(0.29 to 24.88)	(from 17 fewer to 569	LOW	
										more)		

#### Withdrawal due to adverse events (follow up: 13 months; assessed with: participants discontinuing treatment due to AE)

1 <sup>2</sup>	randomized	serious d	not serious	not serious	not serious	none	28/328 (8.5%)	5/330 (1.5%)	RR 5.27	65 more per 1,000	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trial								(2.06 to 13.49)	(from 16 more to 189	MODERATE	
										more)		

#### Infection (follow up: 13 months; assessed with: participants experiencing at least 1 skin infection)

1 <sup>2</sup>	randomized trial	serious <sup>d</sup>	not serious	not serious	serious h	none	69/328 (21.0%)	80/330 (24,2%)	<b>RR 0.89</b> (0.67 to 1.19)	27 fewer per 1,000 (from 80 fewer to 46	⊕⊕⊖⊖ LOW	CRITICAL
										more)		

AD: Atopic dermatitis; TCS: Topical corticosteroid; IA: Investigator assessment (7-point scale 0=clear; 6=very severe disease); PGA: Physician's Global Assessment; pEASI: partial Eczema Area and Severity Index; CI: Confidence interval; RR: Risk ratio; VAS: Visual analog scale; AE: Adverse event

#### Explanations

a. Both studies are of a moderate risk of bias due to unclear allocation methods and high attrition.

- b. Minimal reporting of severity outcome data across the studies.
- c. Studies rely on small, intraindividual samples.
- d. Study is of a moderate risk of bias due to unclear allocation methods and high attrition.
- e. CI consistent with the possibility of no difference and important harm and moderate benefit.
- f. One study is of a moderate risk of bias due to unclear allocation methods reporting and high attrition and two studies minimally reported outcome data.
- g. All studies rely on small samples.
- h. CI consistent with the possibility of no difference and equitable harm and benefit.

#### Bibliography

- 1. Luger T, Van Leent EJ, Graeber M, et al. SDZ ASM 981: an emerging safe and effective treatment for atopic dermatitis. *Br J Dermatol.* 2001;144(4):788-794.
- 2. Luger TA, Lahfa M, Fölster-Holst R, et al. Long-term safety and tolerability of pimecrolimus cream 1% and topical corticosteroids in adults with moderate to severe atopic dermatitis. *J Dermatolog Treat.* 2004;15(3):169-178.
- 3. Jensen JM, Pfeiffer S, Witt M, et al. Different effects of pimecrolimus and betamethasone on the skin barrier in patients with atopic dermatitis. *J Allergy Clin Immunol.* 2009;123(5):1124-1133.
- 4. Jensen JM, Weppner M, Dähnhardt-Pfeiffer S, et al. Effects of pimecrolimus compared with triamcinolone acetonide cream on skin barrier structure in atopic dermatitis: a randomized, double-blind, right-left arm trial. *Acta Derm Venereol.* 2013;93(5):515-519.

#### e-Table 21. Tacrolimus 0.1% vs fluticasone 0.005%

			Certainty as	sessment			Nº of p	oatients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus 0.1%	fluticasone 0.005%	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change from baseline in disease severity as assessed by investigators (follow up: 21 days; assessed with: percentage of participants with ≥60% reduction in modified local eczema and severity Index score; lower score indicates decreased severity)

1 <sup>1</sup>	randomized	not serious	not serious	not serious	serious <sup>a</sup>	none	264/283	245/279	RR 1.03	26 more per 1,000	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trial						(93.3%)	(87.8%)	(0.91 to	(from 79 fewer to	MODERATE	
									1.17)	149 more)		

Withdrawal due to adverse event (follow up: 21 days; assessed with: participants discontinuing treatment due to AE)

1	randomized	not serious	not serious	not serious	serious <sup>b</sup>	none	7/288 (2.4%)	8/280 (2.9%)	RR 0.85	4 fewer per 1,000	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trial								(0.31 to	(from 20 fewer to	MODERATE	
									2.33)	38 more)		

AD: Atopic dermatitis; CI: Confidence interval; RR: Risk ratio; AE: Adverse event

#### Explanations

a. CI consistent with the possibility of no difference and both small benefit and harm.

#### Bibliography

1. Doss N, Reitamo S, Dubertret L, et al. Superiority of tacrolimus 0.1% ointment compared with fluticasone 0.005% in adults with moderate to severe atopic dermatitis of the face: results from a randomized, double-blind trial. *Br J Dermatol.* 2009;161(2):427-434.

#### e-Table 22. Tacrolimus 0.1% vs Class I-III Steroids

			Certainty as	sessment			№ of pati	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus	class I- III TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

#### Change from baseline in severity as assessed by investigators (follow up: mean 335 days; assessed with: Change in EASI score)

<b>1</b> <sup>1</sup>	randomized	not	not serious	not serious	serious <sup>a</sup>	none	For 20 adults with AD randomized to 0.1% tacrolimus and 20	$\oplus \oplus \oplus \bigcirc$	CRITICAL
	trials	serious					randomized to topical treatment with a class I to class III steroid*	MODERATE	
							applied per "usual treatment habits" and followed for a mean of		
							335 days, mean improvement in EASI score from 14.35 to 6.4		
							(p=0.0057) was reported in the tacrolimus group and from 17.4 to		
							9.8 in the TCS group (p=0.0137). No significant difference in		
							improvement between treatment groups was noted (p=0.2816).		

AD: Atopic dermatitis; TCS: Topical corticosteroid; EASI: Eczema Area and Severity Index

\*Class I-III topical steroids in the German classification according to Niedner (no citation provided).

#### Explanation

a. Study relied on a small sample.

#### Bibliography

1. Neumann E, Amtage D, Bruckner-Tuderman L, Mockenhaupt M. A single-center open-label long-term comparison of tacrolimus ointment and topical corticosteroids for treatment of atopic dermatitis. *J Dtsch Dermatol Ges.* 2008;6(7):548-553.

#### e-Table 23. Tacrolimus 0.1% vs Lower medium potency steroids (bid)

			Certainty ass	essment			Nº of pa	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus 0.1%	lower-medium potency TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change from baseline in severity as assessed by investigators (follow up: 3 weeks; assessed with: SCORAD and mEASI)

			Certainty ass	essment			Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	tacrolimus 0.1%	lower-medium potency TCS	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
2 1.2	randomized trials	not serious	not serious	not serious	serious <sup>a</sup>	none	For 11 adults with AD butyrate bid for 3 wee reduced from 44.3 (ra patients median SCO baseline to 10.2 (rang For 191 adults (aged randomized to 0.1% h patients experienced and the TCS group ex significant difference i	randomized to tacroli ks, for tacrolimus trea nge 27.4-57.2) at bas RAD scores were redu e 2.3-23.9).1 16-70) with AD randor ydrocortisone butyrat a median improvemer perienced a median in s reported; p-value nc	mus 0.1% and 10 ted patients medi eline to 3.8 (rang- uced from 40.1 (ra- nized to tacrolimu e bid for 3 weeks at in mEASI score mprovement from t provided). <sup>2</sup>	to 0.1% hydrocortisone an SCORAD scores were e 0-21.9). For TCS treated ange 25.4-58.3) at us 0.1% and 186 tacrolimus treated s from baseline of 63.5% baseline of 63.9% (no	⊕⊕⊕⊖ MODERATE	CRITICAL
Change	from baselin	e in severity a	as assessed by i	nvestigators (f	ollow up: 6 m	onths; assessed v	with: mEASI)					
1 <sup>3</sup>	randomized trials	not serious	not serious	not serious	not serious	none	For 487 adults with Al hydrocortisone acetat extremities) bid, at 6 r was -87.7% in the tac	D randomized to 0.1% e (head and neck) and nonths, the median pe rolimus group and -82	tacrolimus and 4 d 0.1% hydrocorti ercentage change .5% in the TCS g	85 randomized to 1% sone butyrate (trunk and in mEASI from baseline roup (p<0.008).	⊕⊕⊕⊕ HIGH	CRITICAL
Serious	adverse evei	nts (follow up	: 6 months; asse	essed with: par	ticipants expe	riencing a seriou	s AE related to treatm	nent)			·	·
1 <sup>3</sup>	randomized trials	not serious	not serious	not serious	serious <sup>b</sup>	none	5/487 (1.0%)	9/485 (1.9%)	<b>RR 0.56</b> (0.19 to 1.65)	8 fewer per 1,000 (from 15 fewer to 12 more)	⊕⊕⊕⊖ MODERATE	CRITICAL
Withdray	val due to ad	lverse event (	follow up: 3 wee	ks; assessed v	with: participa	nts discontinuing	treatment due to AE)					
1 <sup>2</sup>	randomized trials	not serious	not serious	not serious	serious <sup>c</sup>	none	8/191 (4.2%)	3/186 (1.6%)	<b>RR 2.53</b> (0.68 to 9.40)	<b>25 more per 1,000</b> (from 5 fewer to 135 more)	⊕⊕⊕⊖ MODERATE	CRITICAL
Withdray	val due to ad	lverse events	(follow up: 6 mc	onths; assesse	d with: partici	pants discontinui	ng treatment due to A	E)			•	•
1 3	randomized trials	not serious	not serious	not serious	serious <sup>d</sup>	none	10/487 (2.1%)	16/485 (3.3%)	<b>RR 0.63</b> (0.29 to 1.37)	<b>12 fewer per 1,000</b> (from 23 fewer to 12 more)	⊕⊕⊕⊖ MODERATE	CRITICAL
Skin infe	ctions (follo	w up: 3 week	s; assessed with	: participants e	experiencing a	skin infection)	· · · · · · · · · · · · · · · · · · ·					
1 <sup>2</sup>	randomized trials	not serious	not serious	not serious	serious <sup>c</sup>	none	15/191 (7.9%)	13/186 (7.0%)	<b>RR 1.11</b> (0.54 to 2.28)	8 more per 1,000 (from 32 fewer to 89 more)	⊕⊕⊕⊖ MODERATE	CRITICAL
Skin infe	ctions (follo	w up: 6 mont	hs; assessed wit	h: participants	experiencing	a skin infection)						
1 <sup>3</sup>	randomized trials	not serious	not serious	not serious	serious <sup>e</sup>	none	60/487 (12.3%)	58/485 (12.0%)	<b>RR 1.03</b> (0.73 to 1.44)	4 more per 1,000 (from 32 fewer to 53 more)	⊕⊕⊕⊖ MODERATE	CRITICAL

AD: Atopic dermatitis; TCS: Topical corticosteroid; RR: Risk ratio; AE: Adverse event; mEASI: Modified Eczema Area and Severity Index; SCORAD: SCORing Atopic Dermatitis

#### Explanations

a. One study relies on a very small sample and one study relies on a moderate sample.

- b. CI consistent with no difference and both moderate increase and a small decrease in risk.
- c. CI consistent with no difference and a large increase in risk.
- d. CI consistent with no difference and both a moderate decrease and small increase in risk.
- e. CI consistent with no difference and both a moderate increase and decrease in risk.

#### Bibliography

- 1. Antiga E, Volpi W, Torchia D, Fabbri P, Caproni M. Effects of tacrolimus ointment on Toll-like receptors in atopic dermatitis. *Clin Exp Dermatol.* 2011;36(3):235-241.
- 2. Reitamo S, Rustin M, Ruzicka T, et al. Efficacy and safety of tacrolimus ointment compared with that of hydrocortisone butyrate ointment in adult patients with atopic dermatitis. *J Allergy Clin Immunol.* 2002;109(3):547-555.
- 3. Reitamo S, Ortonne JP, Sand C, et al. A multicentre, randomized, double-blind, controlled study of long-term treatment with 0.1% tacrolimus ointment in adults with moderate to severe atopic dermatitis. Br J Dermatol. 2005;152(6):1282-1289.

#### e-Table 24. All topical antimicrobial agents versus vehicle

Certainty assessment							Nº of	patients	Effect			
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other conside rations	antimicrobials/a ntiseptics	vehicle	Relative (95% Cl)	Absolute (95% CI)	Certainty	Importanc e
Change	from baselir	ne in disea	ase severity as	assessed by i	investigators	(follow u	p: range 28 days	to 42 days; assess	sed with: SCORA	D and EAS	51)	
4 <sup>1-4</sup>	randomized trials	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	113	117	SMD <b>0.05 SD Io</b> (0.52 lower to 0.	w <b>er</b> 41 higher)	⊕⊕⊖⊖ LOW	CRITICAL
Change	from baselir	ne disease	e severity as as	sessed by par	rticipants (fol	llow up: 4	2 days; assessed	with: POEM)				
1 <sup>1</sup>	randomized trial	serious <sup>c</sup>	not serious	not serious	serious <sup>d</sup>	none	32 MD -1.79±6.32	34 MD -1.09±6.68	MD <b>0.7 ld</b> (3.84 lower to 2	<b>wer</b> .44 higher)	⊕⊕⊖⊖ LOW	CRITICAL
Change 10=most	from baselir severe itch	ne in itch ( ))	follow up: rang	je 28 days to 4	42 days; asse	essed with	n: Numeric Rating	g Scales (lower sco	ore indicates les	s itch) & VA	AS 10cm (0=nc	itch;
3 <sup>1,2,4</sup>	randomized trials	not serious	not serious	not serious	serious <sup>e</sup>	none	91	95	SMD <b>0.18 SI</b> (0.47 lower to 0	<b>D lower</b> .11 higher)	⊕⊕⊕⊖ MODERATE	CRITICAL
Flare pre	evention (fol	low up: 84	4 days; assess	ed with: Numb	per of doctor-	reported	flares)					
1 <sup>1</sup>	randomized trial	serious <sup>c</sup>	not serious	not serious	serious <sup>f</sup>	none	For 43 adult AD patients randomized to topical endolysin treatment against S. aureus and 44 patients randomized to placebo bid, there was no significant difference in the number doctor-reported flares: 14 vs 17, respectively, p=0.55.				⊕⊕⊖⊖ LOW	CRITICAL

Serious adverse events (follow up: range 28 days to 42 days; assessed with: number of participants experiencing at least one serious AE)

			Certainty assess	sment			Nº of	patients	Effect	t		
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other conside rations	antimicrobials/a ntiseptics	vehicle	Relative (95% CI)	Absolute (95% Cl)	Certainty	Importanc e
2 <sup>1,3</sup>	randomized trials	not serious	serious <sup>g</sup>	not serious	serious <sup>h</sup>	none	40/64 (62.5%)	40/65 (61.5%)	<b>RR 1.01</b> (0.72 to 1.42)	<b>6 more</b> <b>per 1,000</b> (from 172 fewer to 258 more)	⊕⊕⊖⊖ Low	CRITICAL

#### Change from baseline in quality of life (follow up: 42 days; assessed with: Skindex-29- higher scores indicate lower levels of health-related quality of life)

1 <sup>1</sup>	randomized s	serious <sup>c</sup>	not serious	not serious	serious <sup>i</sup>	none	43	44	MD 3.72 lower	$\Theta \Theta \bigcirc \bigcirc$	CRITICAL
	trial						MD -8.38±12.98	MD -4.66±13.87	(9.36 lower to 1.92 higher)	LOW	

SCORAD: SCORing Atopic Dermatitis; EASI: Eczema Area and Severity Index; POEM: Patient Oriented Eczema Measure; CI: Confidence interval; SMD: Standardized mean difference; MD: Mean difference; RR: Risk ratio; VAS: Visual analog scale

#### Explanations

a. Two studies are of a low risk of bias; two studies are of moderate risk of bias due to unclear randomization and masking methods and unclear loss to follow-up and missing outcome data.

b. CI compatible with no difference and both appreciable benefit and harm.

c. This study is of a moderate risk of bias due to unclear randomization and masking methods.

d. CI compatible with no difference, important benefit and moderate harm.

e. CI consistent with moderate effect to small harmful effect.

f. A small sample of 87 is concerning for precision.

g. One study suggests the majority of participants experienced serious AEs and one study suggests no participants experienced serious AEs.

h. CI consistent with no risk difference and appreciable benefit and harm.

i. CI consistent with no difference and clinically meaningful benefit and small harmful effect.

#### Analysis 24a. Change in disease severity as assessed by investigators (SCORAD & EASI)

	Antir	nicrobials			Vehicle			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
2.1.1 SCORAD									
Schempp 2003	-5.4	4.9	22	-2.3	3.3	22	23.2%	-0.73 [-1.34, -0.12]	
Stander 2016	3.3	15.4971	32	-0.9	13.3904	38	27.7%	0.29 [-0.18, 0.76]	
Subtotal (95% CI)			54			60	50.9%	-0.20 [-1.20, 0.80]	<b>•</b>
Heterogeneity: Tau <sup>2</sup> =	0.44; Chi <sup>a</sup>	²= 6.65, df	'= 1 (P	= 0.010)	; I² = 85%				
Test for overall effect: 2	Z = 0.39 (F	° = 0.69)							
2.1.2 EASI									
de Wit 2019	0.43	7.83	43	-1.71	7.26	44	29.3%	0.28 [-0.14, 0.70]	<b>+</b>
Mayser 2006 (1)	-128.22	119.19	16	-98.81	123.06	13	19.8%	-0.24 [-0.97, 0.50]	
Subtotal (95% CI)			59			57	49.1%	0.11 [-0.36, 0.59]	◆
Heterogeneity: Tau <sup>2</sup> =	0.04; Chi <sup>a</sup>	<sup>2</sup> = 1.43, df	'= 1 (P	= 0.23);	I² = 30%				
Test for overall effect: .	Z=0.47 (ł	° = 0.64)							
Total (95% CI)			113			117	100.0%	-0.05 [-0.52, 0.41]	•
Heterogeneity: Tau <sup>2</sup> =	0.15; Chi <sup>a</sup>	<sup>e</sup> = 8.91, df	'= 3 (P	= 0.03);	I <b>²</b> = 66%				
Test for overall effect: .	Z = 0.23 (F	P = 0.82)							-10 -5 0 5 10 Eavoure antimicrobial Eavoure vehicle
Test for subgroup diffe	erences: (	Chi² = 0.31	, df = 1	(P = 0.5)	8), I² = 0%				
Footnotes									
(4) 0	manula I/E		A					h - i 4 000	

(1) Scores via EASI formula [(E + I + Ex + L) x area involvement], the maximum score being 1,200.

Analysis 24b. Ch	anget	from k	basel	ine in	itch.				
	Antir	nicrobia	s	1	<b>Vehicle</b>			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
2.2.1 VAS									
Stander 2016 Subtotal (95% CI)	-3.3	2.4502	32 <b>32</b>	-2.2	2.9338	38 <mark>38</mark>	37.1% <b>37.1%</b>	-0.40 [-0.87, 0.08] - <b>0.40 [-0.87, 0.08]</b>	- <u>-</u> ◆
Heterogeneity: Not ap	plicable								
Test for overall effect:	Z=1.65	(P = 0.1)	0)						
2.2.2 Numerical Ratin	ng Scale	s (lower	score	s indica	te less s	everei	itch)		
de Wit 2019	-0.05	2.23	43	0.14	1.98	44	47.3%	-0.09 [-0.51, 0.33]	<b>+</b>
Mayser 2006	-1	1.03	16	-1.08	1.19	13	15.6%	0.07 [-0.66, 0.80]	- <u>+</u> -
Subtotal (95% CI)			59			57	62.9%	-0.05 [-0.41, 0.31]	•
Heterogeneity: Tau² =	0.00; Cł	ni² = 0.14	, df = 1	(P = 0.3)	71); I² = 0	%			
Test for overall effect:	Z = 0.27	(P = 0.7	9)						
Total (95% CI)			91			95	100.0%	-0.18 [-0.47, 0.11]	•
Heterogeneity: Tau <sup>2</sup> =	0.00; Cł	ni² = 1.45	, df = 2	(P = 0.4)	49); I <sup>z</sup> = 0	%			
Test for overall effect:	Z=1.21	(P = 0.2)	2)						-10 -5 U 5 10
Test for subgroup diffe	erences:	Chi <sup>2</sup> = 1	.31, df	= 1 (P =	0.25), I <sup>2</sup>	= 23.69	%		Favours anumicrobiar Favours vehicle

#### Bibliography

- 1. de Wit J, Totté JEE, van Mierlo MMF, et al. Endolysin treatment against Staphylococcus aureus in adults with atopic dermatitis: A randomized controlled trial. *Journal of Allergy and Clinical Immunology*. 2019;144(3):860-863.
- 2. Mayser P, Kupfer J, Nemetz D, et al. Treatment of head and neck dermatitis with ciclopiroxolamine cream--results of a double-blind, placebo-controlled study. *Skin Pharmacol Physiol.* 2006;19(3):153-158.
- 3. Schempp CM, Windeck T, Hezel S, Simon JC. Topical treatment of atopic dermatitis with St. John's wort cream--a randomized, placebo controlled, double blind half-side comparison. *Phytomedicine*. 2003;10 Suppl 4:31-37.
- 4. Ständer S, Metz M, Ramos FM, et al. Anti-pruritic Effect of Sertaconazole 2% Cream in Atopic Dermatitis Subjects: A Prospective, Randomized, Double-blind, Vehicle-controlled, Multi-centre Clinical Trial of Efficacy, Safety and Local Tolerability. Acta Derm Venereol. 2016;96(6):792-796.

#### e-Table 25. Triclosan vs vehicle or placebo

			Certainty as	sessment					
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance

Change from baseline in clinical severity as assessed by investigator (follow-up: range 27 days to 42 days; assessed with: Change in mean SCORAD from baseline; Change from baseline in Investigator global evaluation (-5 severe worsening to 5 total clearing)

			Certainty as	sessment					
№ of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance
2 <sup>1,2</sup>	randomized trials	seriousª	not serious	not serious	serious <sup>b</sup>	none	For 30 patients (aged 12-40yo) with mild to moderate uninfected AD randomized to 1% triclosan emollient and 30 to vehicle emollient bid for 27 days (0.025% betamethasone valerate cream also provide for both groups), mean change in SCORAD from baseline was significantly reduced in the triclosan arm compared to the vehicle on day 14 (-8.86 vs -4.74, p<0.05) but not on day 27 (-11.46 vs -9.71, p>0.05). <sup>1</sup> For 50 patients (aged 12-74yo) with moderate to severe AD randomized to either daily bathing with 1.5% triclocarban soap or placebo soap (0.025% triamcinolone acetonide cream allowed) for 6 weeks, global improvement in AD was significantly greater in the triclosan soap group (no data provided). <sup>2</sup>	⊕⊕⊖⊖ Low	CRITICAL

Withdrawal due to adverse events (follow-up: 27 days; assessed with: participants discontinuing treatment due to AE)

11	randomized trials	not serious	not serious	not serious	serious <sup>b</sup>	none	For 30 patients (aged 12-40yo) with mild to moderate uninfected AD randomized to 1% triclosan emollient and 30 to vehicle emollient bid for 27 days (0.025% betamethasone valerate cream also provide for both groups), no participants withdrew from either	⊕⊕⊕⊖ MODERATE	CRITICAL
							group due to AE.		

Topical corticosteroid use (assessed with: amount of topical corticosteroids used)

2 <sup>1,2</sup>	randomized trials	seriousª	serious <sup>c</sup>	not serious	serious <sup>b</sup>	none	For 30 patients (aged 12-40yo) with mild to moderate uninfected AD randomized to 1% triclosan emollient and 30 to vehicle emollient bid for 27 days (0.025% betamethasone valerate cream also provide for both groups), there was a significantly lower amount of topical steroid application by patients in the treatment group compared to the control: 22 g and 44.2 g, respectively; p < $0.05$ ). <sup>1</sup>	⊕⊖⊖⊖ Very low	IMPORTAN
							For 50 patients (aged 12-74yo) with moderate to severe AD randomized to either daily bathing with 1.5% triclocarban soap or placebo soap (0.025% triamcinolone acetonide cream allowed) for 6 weeks, there was no significant difference in the amount of topical corticosteroid used by either treatment group (P=.86). <sup>2</sup>		

AD: Atopic dermatitis; SCORAD: SCORing Atopic Dermatitis

#### Explanations

a. One study is of a high risk of bias due to minimal methods reporting, minimal reporting of essential study information, and minimal reporting of outcome data.

b.Studies relied on very small samples suggesting imprecision. c.One study suggests steroid sparring effects, while the other study does not.

#### Bibliography

- 1. Tan WP, Suresh S, Tey HL, Chiam LY, Goon AT. A randomized double-blind controlled trial to compare a triclosan-containing emollient with vehicle for the treatment of atopic dermatitis. *Clin Exp Dermatol.* 2010;35(4):e109-112.
- 2. Breneman DL, Hanifin JM, Berge CA, Keswick BH, Neumann PB. The effect of antibacterial soap with 1.5% triclocarban on Staphylococcus aureus in patients with atopic dermatitis. Cutis. 2000;66(4):296-300.

#### e-Table 26. Topical doxepin 5% compared to vehicle cream

			Certainty as	ssessment			Nº of pa	atients	Effec	t		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	antihistamines	control	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

#### Change from baseline in itch (follow up: 7 days; assessed with: VAS 100-mm)

1 <sup>1</sup>	randomized trials	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	For 132 AD patients randomized to Doxepin 5%, bid baseline visit and qd remainder of days doxepin 5%, bid baseline visit and qd remainder of days and 138 randomized to vehicle cream	⊕⊕⊖⊖ LOW	CRITICAL
							for 7 days, VAS itch scores were reduced by a mean of 68.6 and 54.6, respectively (SD not reported; p<0.01)		

#### Withdrawal due to adverse events (follow up: 7 days; assessed with: participants discontinuing treatment due to AEs)

1 <sup>1</sup>	randomized	serious <sup>a</sup>	not serious	not serious	serious <sup>b</sup>	none	16/132 (12.1%)	3/138 (2.2%)	RR 5.08	89 more	$\Theta \Theta \bigcirc \bigcirc$	CRITICAL
	trials								(1.51 to 17.06)	per 1,000	LOW	
									. ,	(from 11		
										more to		
										349 more)		

AD: Atopic dermatitis; CI: Confidence interval; SMD: Standardized mean difference; RR: Risk ratio; VAS: Visual analog scale

#### Explanations

a. Study is of a moderate risk of bias due to minimal methods reporting and missing outcome data.

b. Study relies on a small sample not meeting optimal information size (>400).

#### Bibliography

1. Drake LA, Fallon JD, Sober A. Relief of pruritus in patients with atopic dermatitis after treatment with topical doxepin cream. The Doxepin Study Group. J Am Acad Dermatol. 1994;31(4):613-616.

#### e-Table 27. Crisaborole 2% bid vs vehicle

			Certainty as	sessment			№ of pati	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	crisaborole	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance

Change from baseline in disease severity as assessed by investigator (follow-up: range 15 days to 29 days; assessed with: Change from baseline in TSS or ADSI; ISGA success [participants assessed as clear (0) or almost clear (1) with ≥ 2-grade improvement from baseline])

4 1-4	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious	none	Across two identical trials, 1,016 AD patients (aged 2-79) were randomized to crisaborole ointment 2% b.i.d and 506 randomized to vehicle for 28 days. On day 29, significantly more crisaborole-treated patients achieved ISGA success (clear or almost clear with 2-grade or greater improvement from baseline): 326 (32.1%) vs 110 (21.7%); RR 1.80 95%CI 1.48, 2.18, p<0.0001. <sup>4</sup> In 21 AD patients (mean age 33.9 SD 11.0), two AD lesions of comparable severity were randomized to crisaborole ointment 2% or vehicle b.i.d for 15 days: mean reduction from baseline in lesional TSS was significantly greater with crisaborole: -4.8 (SE 0.53) vs -2.7 (SE 0.47), p<0.01. <sup>2</sup> In 40 adults with AD, two AD lesions of identical severity were randomized to crisaborole ointment 2% or vehicle b.i.d for 14 days. Mean reduction from baseline in lesional TSS at day 15 was greater for crisaborole-treated than vehicle-treated lesions: -4.5 vs -2.1, p < .0001. <sup>1</sup>	⊕⊕⊕ High	CRITICAL
							In 25 adults with AD, AD lesions of similar severity were randomized to crisaborole ointment 2% or vehicle b.i.d for 6 weeks. The mean difference in change from baseline in ADSI score at day 28 favored crisaborole: MD 2.2±2.99, p=0.001). <sup>3</sup>		

Change from baseline in itch (follow-up: 15 days; assessed with: Mean change in lesion pruritus numerical rating scale NRS (0=non itch; 10 worst itch))

			Certainty as	sessment			Nº of pati	ents		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	crisaborole	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
3 1.2.4	randomized trials	not serious	not serious	not serious <sup>b</sup>	not serious	none	Across two identi randomized to cri vehicle for 28 day patients achieved itch score of 0 or 640 (63%) vs 268 In 21 AD patients comparable seve vehicle b.i.d for 1 NRS itch scores vs -2.9 (0.46); MI In 40 adults with randomized to cri days. Mean chan greater for crisab 2.0, p < 0.0001.1	ical trials, 1, isaborole oii ys. On day 2 d improveme 1 with at lea 8 (53%), p=( s (mean age rity were rai 5 days: mea were greate D -0.80 95% AD, 2 AD le isaborole oii age from bas porole-treate	016 AD patien ntment 2% b. 29, significant ent in pruritus ast a 1-grade 0.002. <sup>4</sup> 33.9 SD 11.0 ndomized to c an reduction f r with crisabo oCI -2.09, 0.49 esions of iden ntment 2% or seline in lesion d than vehicle	nts (aged 2-79) were i.d and 506 randomized to ly more crisaborole-treated as assessed by an NRS reduction from baseline: 0), two AD lesions of crisaborole ointment 2% or from baseline in mean(SE) prole treatment: -3.7(0.47) 9.2 tical severity were vehicle for b.i.d for 14 nal itch NRS at day 15 was e-treated lesions: -3.9 vs -	⊕⊕⊕ High	CRITICAL

Serious adverse events (follow-up: range 15 days to 48 weeks; assessed with: Participants experiencing serious adverse events [as defined by investigators])

5 <sup>1-5</sup>	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious °	none	Across two identical trials, 1,016 AD patients (aged 2-79) were randomized to crisaborole ointment 2% b.i.d and 506 randomized to vehicle for 28 days. During treatment, 65% of patients reported at least 1 treatment-emergent AE of which 51.2% were mild and 44.6% were moderate and most were considered unrelated to treatment (93.1%). <sup>4</sup> A long term safety assessment of 517 participants of the trials who continued crisaborole treatment for 48 weeks found 7 patients experienced at least one serious AE as assessed by 12 week treatment period from 1 to 48 weeks. <sup>5</sup>	⊕⊕⊕⊕ High	CRITICAL
							Across three intraindividual trials, including 86 participants, that randomized individual AD lesions to crisaborole ointment 2% or vehicle b.i.d for up to 6 weeks, no serious adverse events were reported for lesions treated with either crisaborole or vehicle. <sup>1.3</sup>		

#### Withdrawal due to adverse event (follow-up: 48 weeks; assessed with: Participants discontinuing treatment due to AE)

2 <sup>4,5</sup>	randomized	not serious	not serious	not serious <sup>b</sup>	not serious d	none	Across two identical trials, 1,016 AD patients (aged 2-79) were	$\oplus \oplus \oplus \oplus$	CRITICAL
	trials						randomized to crisaborole ointment 2% b.i.d and 506 randomized to	High	
							vehicle for 28 days. The rates of study discontinuation because of		
							AEs were the same in the crisaborole (1.2%) and vehicle (1.2%)		
							treatment groups. <sup>4</sup> A long-term safety assessment of 517 participants		
							of the trials who continued crisaborole treatment for 48 weeks found 9		
							(1.7%) patients discontinued long-term crisaborole treatment due to		
							AEs. <sup>5</sup>		

AD: Atopic dermatitis; TSS: Total Sign Score; ADSI: Atopic Dermatitis Severity Index; ISGA: Investigator's Static Global Assessment; MD: Mean difference

#### Explanations

a. Three trials included adults and children; In one trial the mean age of participants was 33.9 suggesting alignment with the research question focused on adults and in 2 trials the response of adult and pediatric participants was considered similar, so the evidence was not downgraded for indirectness.

- b. Two trials included adults and children; in these trials the response of adult and pediatric participants was considered similar, so the evidence was not downgraded for indirectness.
- c. Across the evidence base serious adverse events are rare and indicative of a non-important increase in risk with the intervention so the evidence was not downgraded.

d. Across the evidence base, discontinuation of treatment is rare and indicative of a non-important increase in risk with the intervention, so the evidence was not downgraded.

#### Bibliography

- 1. Bissonnette R, Pavel AB, Diaz A, et al. Crisaborole and atopic dermatitis skin biomarkers: An intrapatient randomized trial. J Allergy Clin Immunol. 2019;144(5):1274-1289.
- 2. Fujita K, Yagi M, Moriwaki S, Yoshida M, Graham D. A phase 2b, randomized, double-blind, multicenter, vehicle-controlled study to assess the efficacy and safety of two crisaborole regimens in Japanese patients aged 2 years and older with mild-to-moderate atopic dermatitis. *J Dermatol.* 2021.
- 3. Murrell DF, Gebauer K, Spelman L, Zane LT. Crisaborole Topical Ointment, 2% in Adults With Atopic Dermatitis: A Phase 2a, Vehicle-Controlled, Proof-of-Concept Study. J Drugs Dermatol. 2015;14(10):1108-1112.
- 4. Paller AS, Tom WL, Lebwohl MG, et al. Efficacy and safety of crisaborole ointment, a novel, nonsteroidal phosphodiesterase 4 (PDE4) inhibitor for the topical treatment of atopic dermatitis (AD) in children and adults. J Am Acad Dermatol. 2016;75(3):494-503.e496.
- 5. Eichenfield LF, Call RS, Forsha DW, et al. Long-term safety of crisaborole ointment 2% in children and adults with mild to moderate atopic dermatitis. *Journal of the American Academy of Dermatology.* 2017;77(4):641-649.e645.

#### e-Table 28. Ruxolitinib Cream 1.5% bid vs vehicle

			Certainty as	sessment			Nº of p	atients		Effect		
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	ruxolitinib	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
Change in	clinical severit	ty as assesse	ed by investigator (	follow-up: 8 week	s; assessed with	: patients achieving	an IGA score o	f 0 to 1 who h	ave an improve	ement of 2 or more po	ints from bas	eline)
31,21	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious	none	277/531 (52.2%)	33/296 (11.1%)	<b>RR 4.60</b> (3.05 to 6.95)	<b>401 more per 1,000</b> (from 229 more to 663 more)	⊕⊕⊕⊕ High	CRITICAL
Change in	itch severity (f	ollow-up: 8 v	veeks; assessed wi	th: patients with ≧	≥ 4-point reduction	on in itch NRS score	from baseline)					
3 <sup>2,3</sup>	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious	none	270/519 (52.0%)	43/279 (15.4%)	<b>RR 3.38</b> (2.54 to 4.51)	<b>367 more per 1,000</b> (from 237 more to 541 more)	⊕⊕⊕⊕ High	CRITICAL
Change in	Health-Related	d Quality of L	ife (follow-up: 8 we	eks; assessed wit	th: mean percent	improvement from I	baseline in Skir	ndex-16 overal	ll scores)			
1 <sup>3</sup>	randomized trials	not serious	not serious	not serious	serious <sup>b</sup>	none	The mean perc overall scores i (n=50) was 63. 73.2% at week	cent improveme in patients treat 5% at week 2 ( 8 (vehicle, 19.	ent from baseline ed with 1.5% R vehicle n=52, 1 7%; p<0.001).	e in Skindex-16 UX cream twice daily 0.5%; p= 0.001) and	⊕⊕⊕⊖ Moderate	CRITICAL

Withdrawal from treatment due to treatment emergent adverse events (follow-up: 8 weeks; assessed with: Participants discontinuing treatment due to emergent adverse events)

			Certainty as	sessment	№ of patients		Effect					
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	ruxolitinib	vehicle	Relative (95% Cl)	Absolute (95% Cl)	Certainty	Importance
31,2	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious <sup>c</sup>	none	In a phase II tri (n=52) for 8 we treatment, and an AE. In poole receiving 1.5% vehicle arm dis 0.08, 0.82).	al comparing 1. eks, no particip 1 participant in ed results from 1 RUX BID for 8 continued treat	5% RUX BID (r ants receiving F the vehicle arm wo phase III tria weeks and 8/25 ment due to AE	=50) to a vehicle RUX discontinued discontinued due to als, 4/499 participants 0 participants in the (RR 0.25 95%CI	⊕⊕⊕⊕ High	CRITICAL
Serious tre	eatment emerge	ent adverse	events (follow-up: 8	weeks; assessed	d with: participan	ts experiencing an A	E considered	serious by inve	estigators)			
31,2	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious <sup>d</sup>	none	In a phase II tri (n=52) for 8 we serious AE. In participants rec participants in t 95%CI 0.13, 4.	al comparing 1. eeks, no particip pooled results f ceiving 1.5% RL the vehicle arm 47).	5% RUX BID (r ants in either ar rom two phase JX BID for 8 we experienced a s	=50) to a vehicle m experienced a II trials, 3/499 eks and 2/250 serious AE (RR 0.75	⊕⊕⊕⊕ High	CRITICAL
Most common treatment-related adverse events (follow-up: 8 weeks; assessed with: adverse events occurring in >0.5% or >1% of the total patient population)												
31,2	randomized trials	not serious	not serious	not serious <sup>a</sup>	not serious	none	In a phase II tri (n=52) for 8 we	al comparing 1. eks, application	5% RUX BID (r n site pain occu	=50) to a vehicle red in >1% of the	⊕⊕⊕⊕ Hiah	IMPORTANT

	trials				(n=52) for 8 weeks, application site pain occurred in >1% of the	High	
					total study population and in 1/50 participants randomized to RUX	_	
					and 2/52 participants randomized to vehicle. In pooled results from		
					two phase III trials, application site burning and application site		
l					pruritus occurred in >0.5% of the pooled study population occurring		
					in 0.8% and 0% of the RUX arm, respectively compared to 4.4%		
					and 2.5% of the vehicle arm, respectively.		
			1	1			

AD: Atopic dermatitis; CI: confidence interval; RUX: ruxolitinib; RR: risk ratio; AE: Adverse event

^ Three trials reported in two publications

#### Explanations

a. Two trials included participants aged 12 years and older but this was not considered important variation from the research question focused on adults.

b. Small study sample does not meet optimal information size.

c. Discontinuation was a rare event across studies and study populations indicating short-term safety was not a concern for the intervention so the evidence was not downgraded due to the low event rates.

d. Serious adverse events were rare and considered by investigators to be unrelated to treatment; the evidence was not downgraded for imprecision as the low rates across the studies suggest short-term safety is not a concern.

#### Intervention Notes:

a. As with some other drugs in the class, ruxolitinib cream carries boxed warnings for serious infections, mortality, cancer, major adverse cardiovascular events, and thrombosis.

b. Long term safety data is currently unavailable, so ruxolitinib cream was approved for the short-term and noncontinuous treatment of mild to moderate AD individuals 12 years of age or older whose disease is not controlled with topical prescription therapies, or when those therapies are not advisable (per FDA).

#### Analysis 28a. Investigator Global Assessment Response

	ruxolit	inib	vehic	le		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
Kim 2020 J Allergy Clin Immunol	24	50	5	52	18.4%	4.99 [2.07, 12.06]	<b>_</b>
Papp 2021 TRuE-AD1	136	253	19	126	51.2%	3.56 [2.32, 5.48]	
Papp 2021 TRuE-AD2	117	228	9	118	30.5%	6.73 [3.55, 12.77]	
Total (95% CI)		531		296	100.0%	4.60 [3.05, 6.95]	•
Total events	277		33				
Heterogeneity: Tau <sup>z</sup> = 0.04; Chi <sup>z</sup> = 2.75, df = 2 (P = 0.25); I <sup>z</sup> = 27% Test for overall effect: Z = 7.26 (P < 0.00001)							0.1 0.2 0.5 1 2 5 10 Favours vehicle Favours ruxolitinib

#### Analysis 28b. Clinically Relevant Itch Response

	ruxolit	inib	vehic	le		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
Kim 2020 JAAD	22	38	5	35	11.3%	4.05 [1.72, 9.54]	
Papp 2021 TRuE-AD1	132	253	19	126	44.4%	3.46 [2.25, 5.32]	
Papp 2021 TRuE-AD2	116	228	19	118	44.3%	3.16 [2.05, 4.86]	_ <b>_</b> _
Total (95% CI)		519		279	100.0%	3.38 [2.54, 4.51]	•
Total events	270		43				
Heterogeneity: Tau² = 0.00; Chi² = 0.28, df = 2 (P = 0.87); I² = 0%							
Test for overall effect: Z =	= 8.32 (P <	< 0.000	01)				Favours vehicle Favours ruxolitinib

#### Bibliography

- 1. Kim BS, Howell MD, Sun K, Papp K, Nasir A, Kuligowski ME. Treatment of atopic dermatitis with ruxolitinib cream (JAK1/JAK2 inhibitor) or triamcinolone cream. *Journal of allergy and clinical immunology*. 2020;145(2):572-582.
- 2. Papp K, Szepietowski JC, Kircik L, et al. Efficacy and safety of ruxolitinib cream for the treatment of atopic dermatitis: Results from 2 phase 3, randomized, double-blind studies. *Journal of the American Academy of Dermatology*. 2021;85(4):863-872.
- 3. Kim BS, Sun K, Papp K, Venturanza M, Nasir A, Kuligowski ME. Effects of ruxolitinib cream on pruritus and quality of life in atopic dermatitis: results from a phase 2, randomized, dose-ranging, vehicle- and active-controlled study. *Journal of the American Academy of Dermatology.* 2020;82(6):1305-1313.