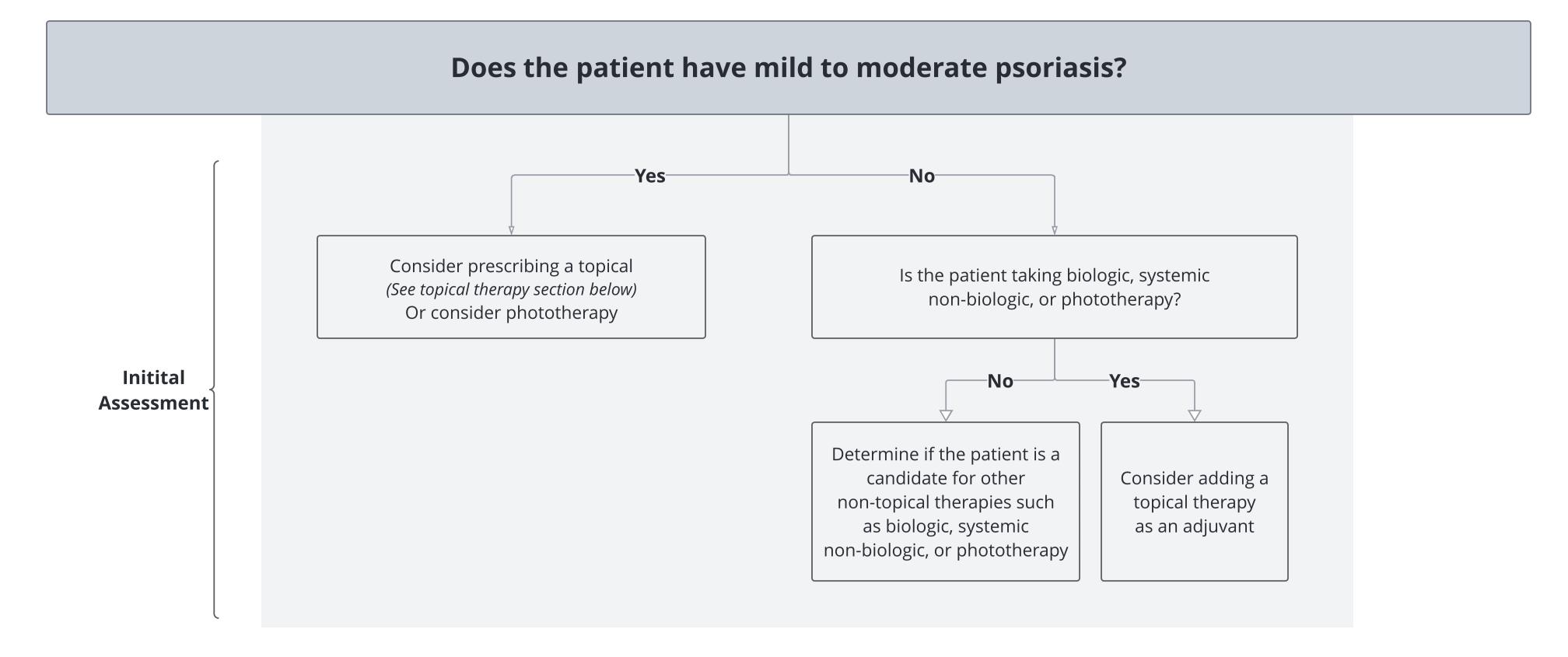
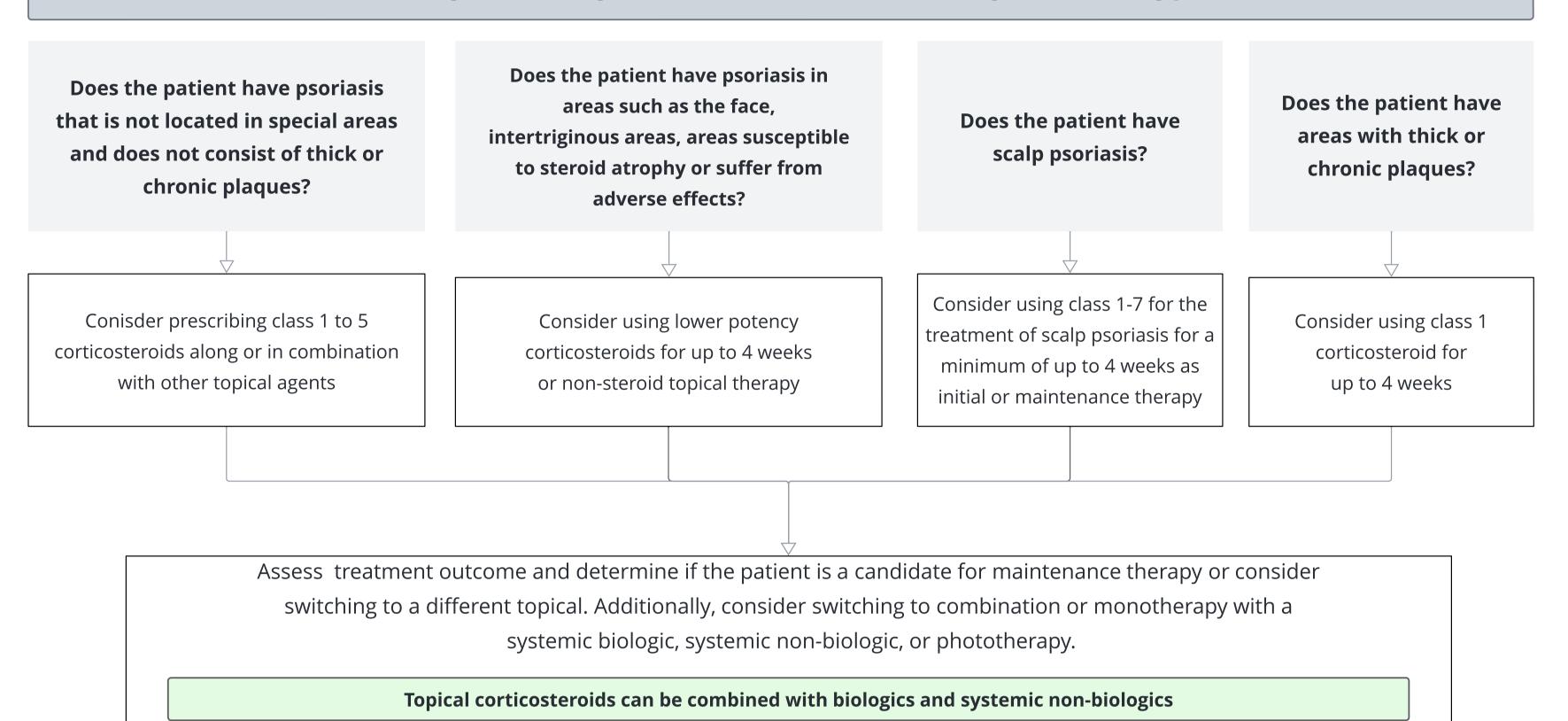


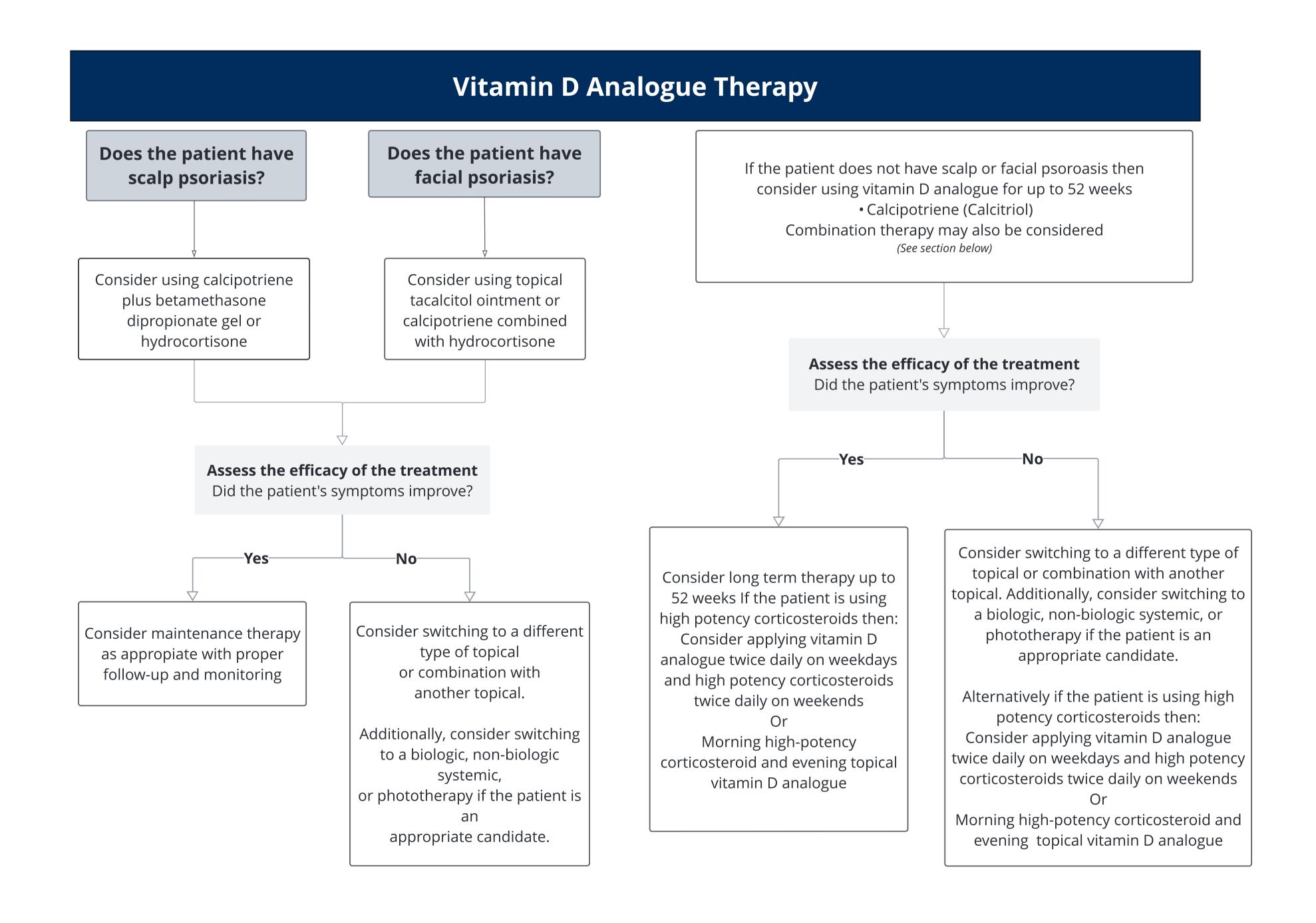
## Management of Adult Psoriasis with Topicals



## **Topical Corticosteroid Therapy (Class 1-7)**



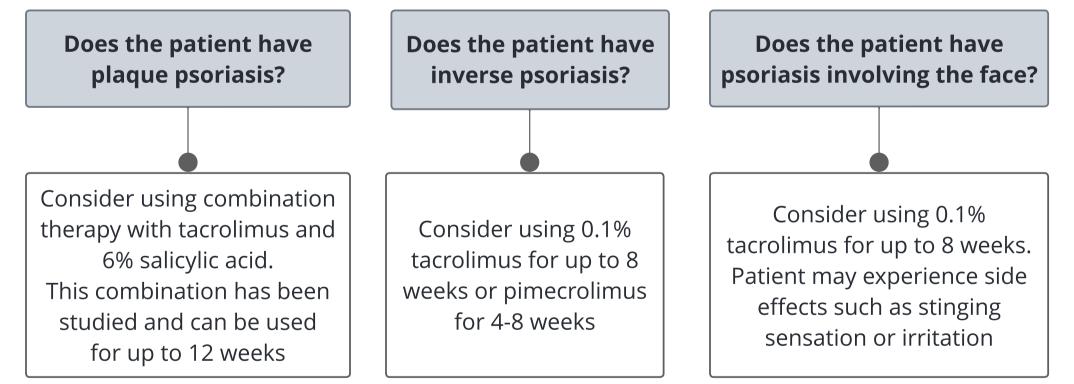




## Moisturizer

Moisturizer can be applied several times a day\* \*Small risk of contact dermatitis

## **Calcineurin Inhibitor Therapy [Off-Label]**





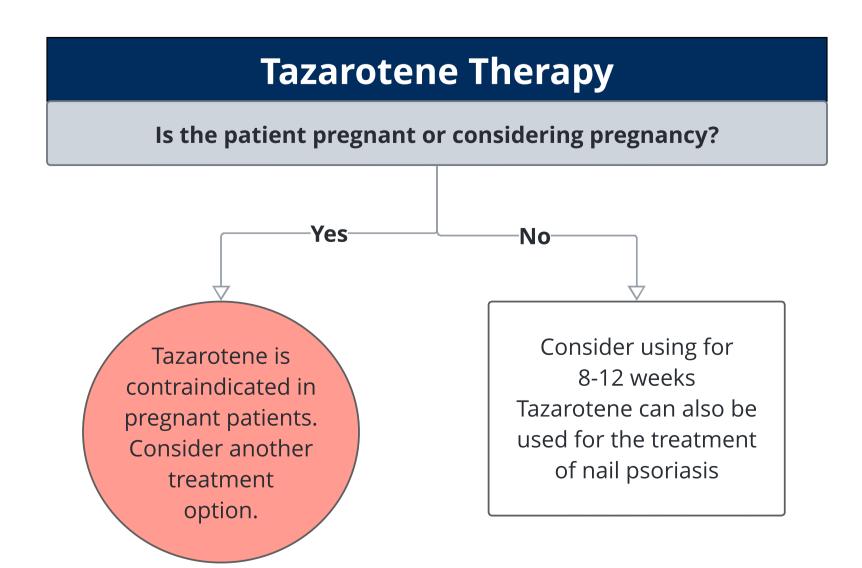


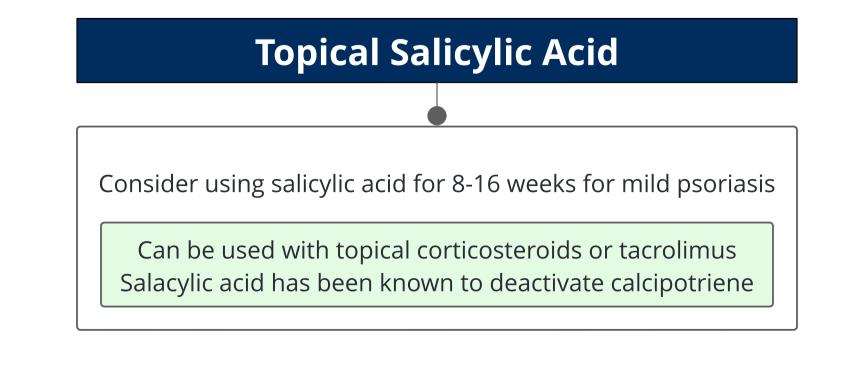
in most preparations

Can be used with phototherapy (Goeckerman therapy)



\* Short contact up to 2 hours per day \$ Can stain the skin, and application to the face or other highly visible areas should be avoided.





Post-treatment   · Consider patient quality of life when assessing treatment success. Additionally, consider patient satisfaction with the treatment outcome and us	e shared
assessment and decision for treatment.	
combination 🛛 🖉 • Expert opinion may be used to determine adequate treatment combinations based on individual patient characteristics and risk factors.	
therapy	

	Patient Education
	• Education regarding the etiology, natural history, triggers, potential comorbidities, treatment options, and risk profiles
	• Educate patient on the impact of lifestyle on disease severity
Patient Education	• Consider best educational media sources for patient/family and provide tools. Advise about support groups, such as National Psoriasis Foundation
& Long-term 🏻	
Treatment of	Long-term Treatment
Psoriasis	• Shared-decision making is important for the long-term treatment of psoriasis. Additionally, consider patient satisfaction with current treatment
	Patients should be monitored according to their treatment protocol
	Consider patient quality of life to select appropiate long-term treatment
l	• Consider patient's ability to adhere to treatement protocol to maintain control

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