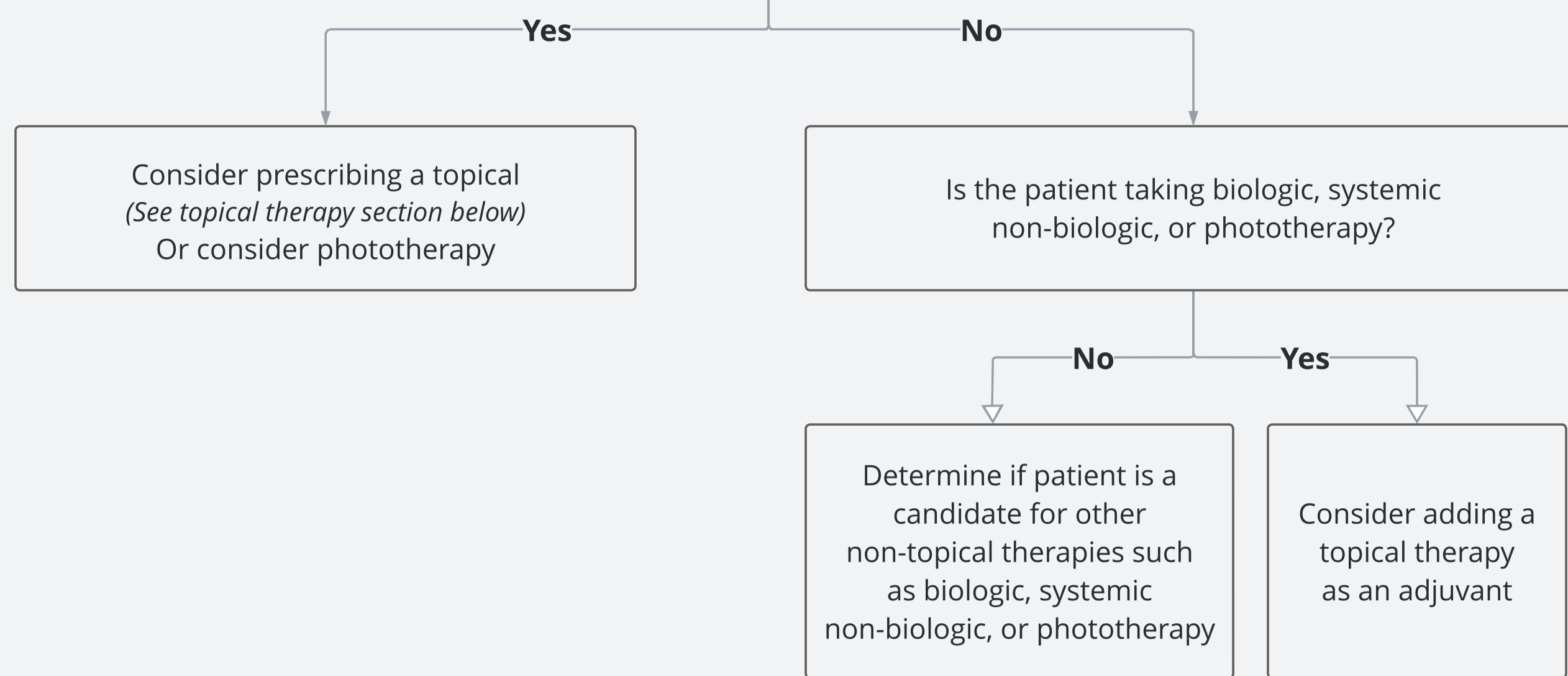


Management of Adult Psoriasis with Topicals

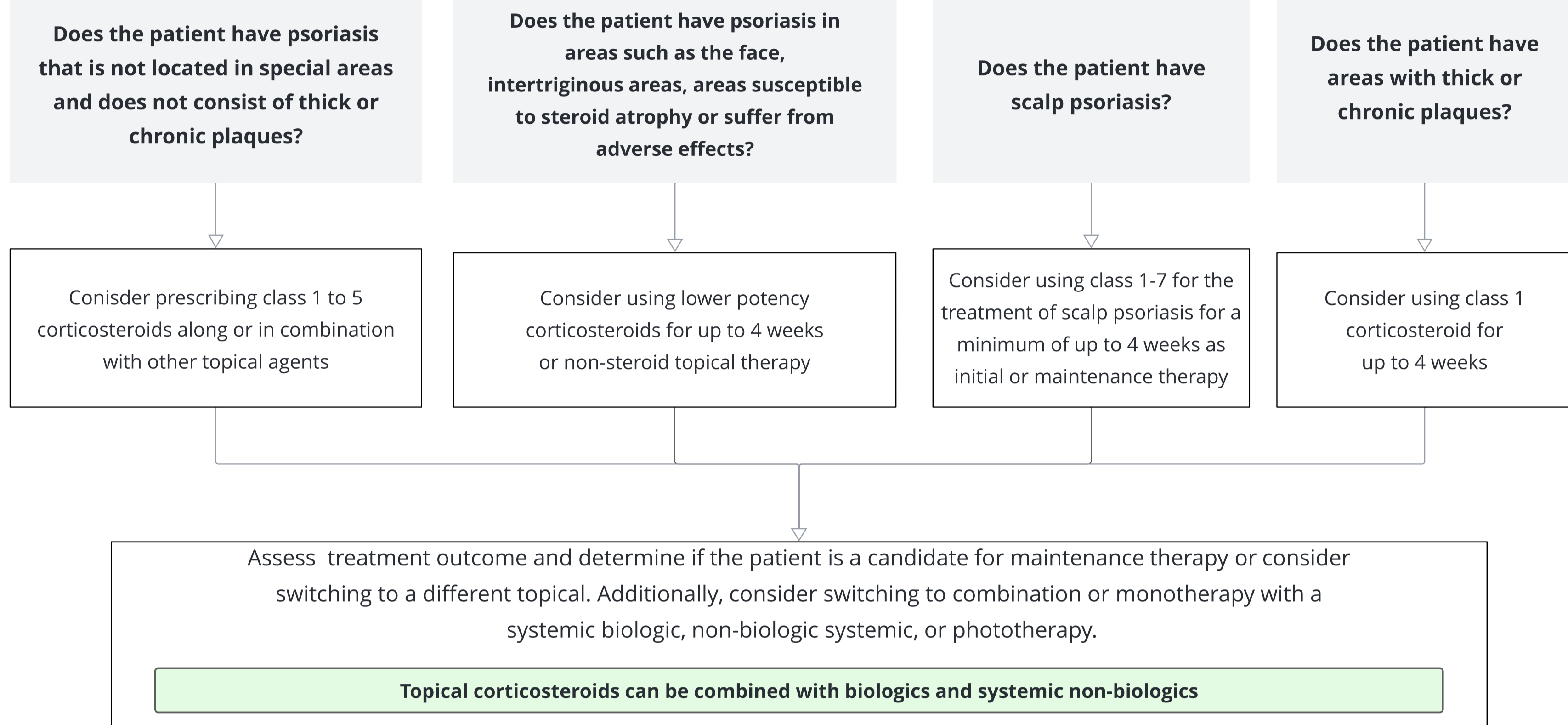
Does the patient have mild to moderate psoriasis?

Initial Assessment

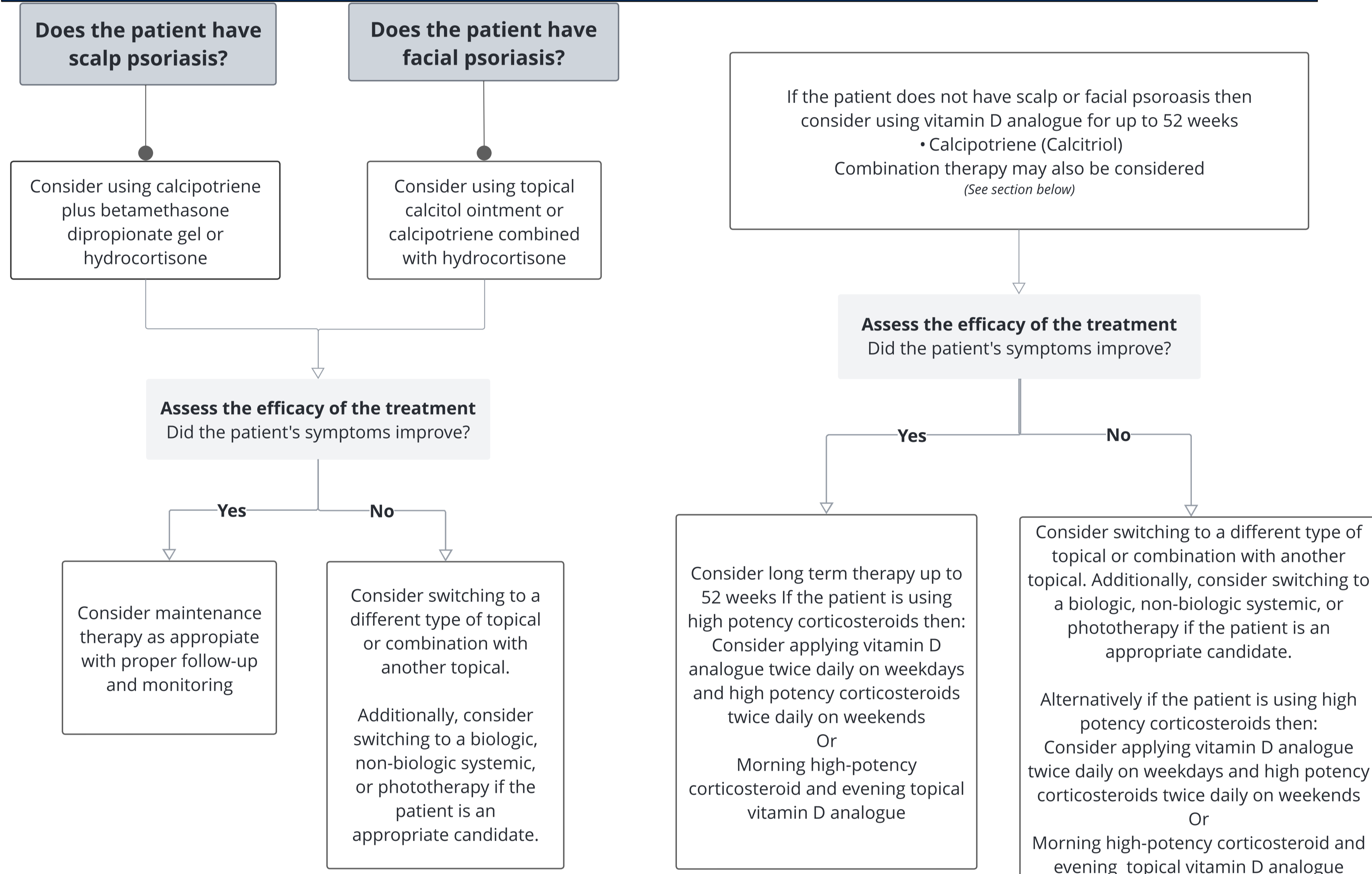


Topical Corticosteroid Therapy (Class 1-7)

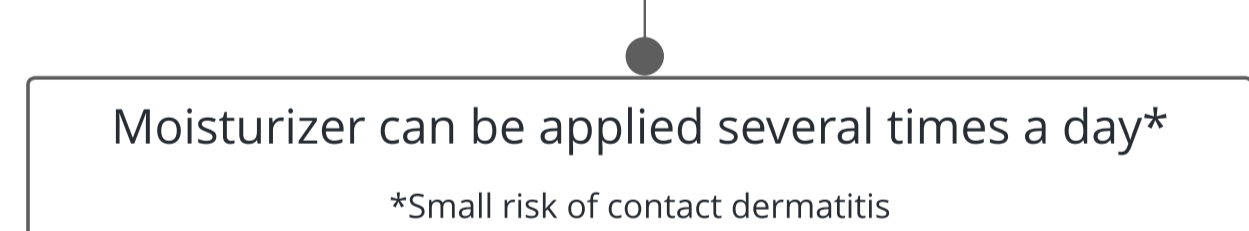
Is the patient a potential candidate for topical therapy?



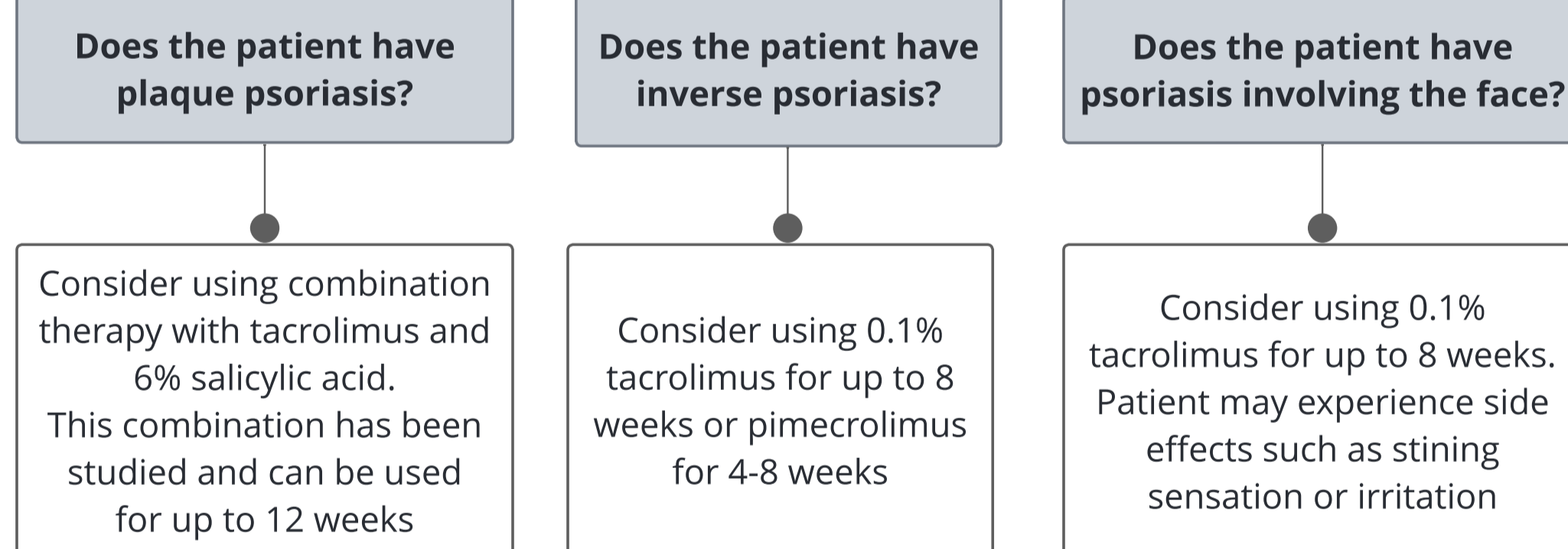
Vitamin D Analogue Therapy



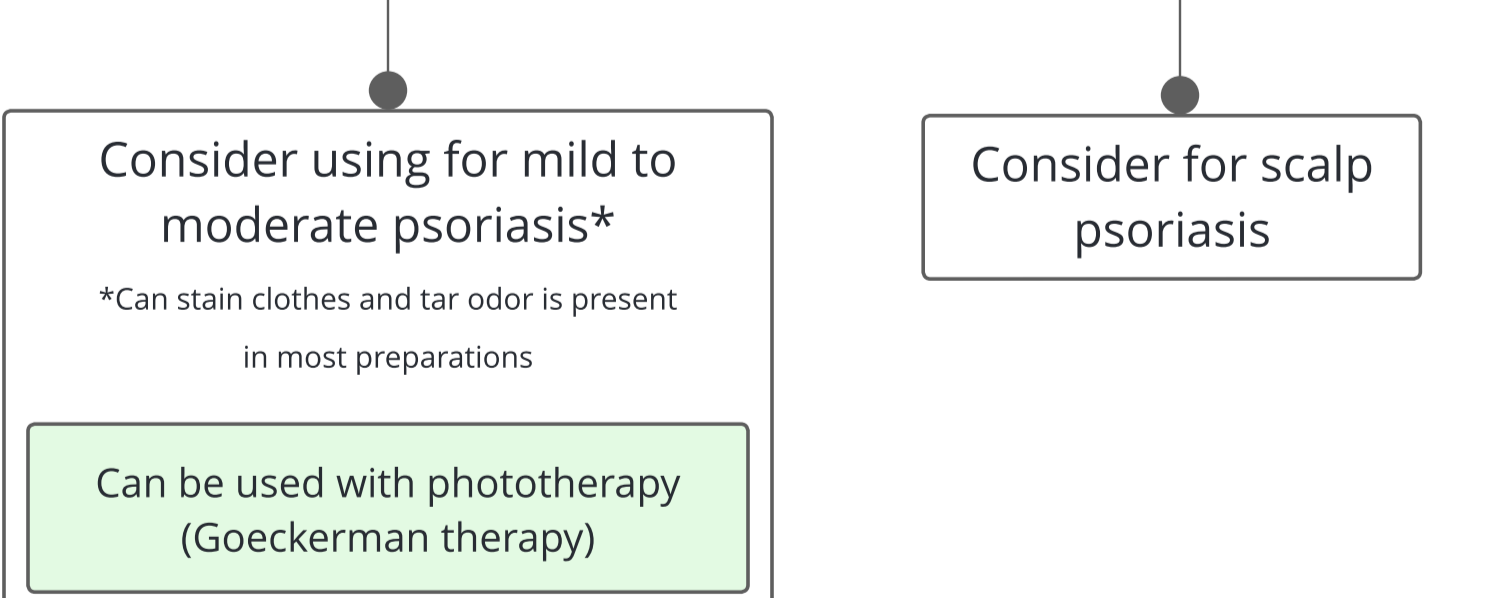
Moisturizer



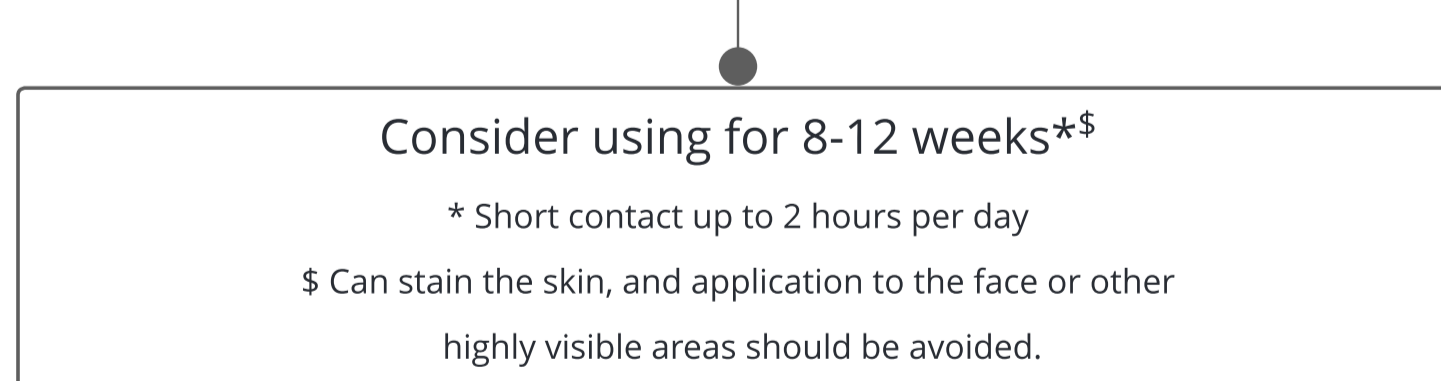
Calcineurin Inhibitor Therapy [Off-Label]



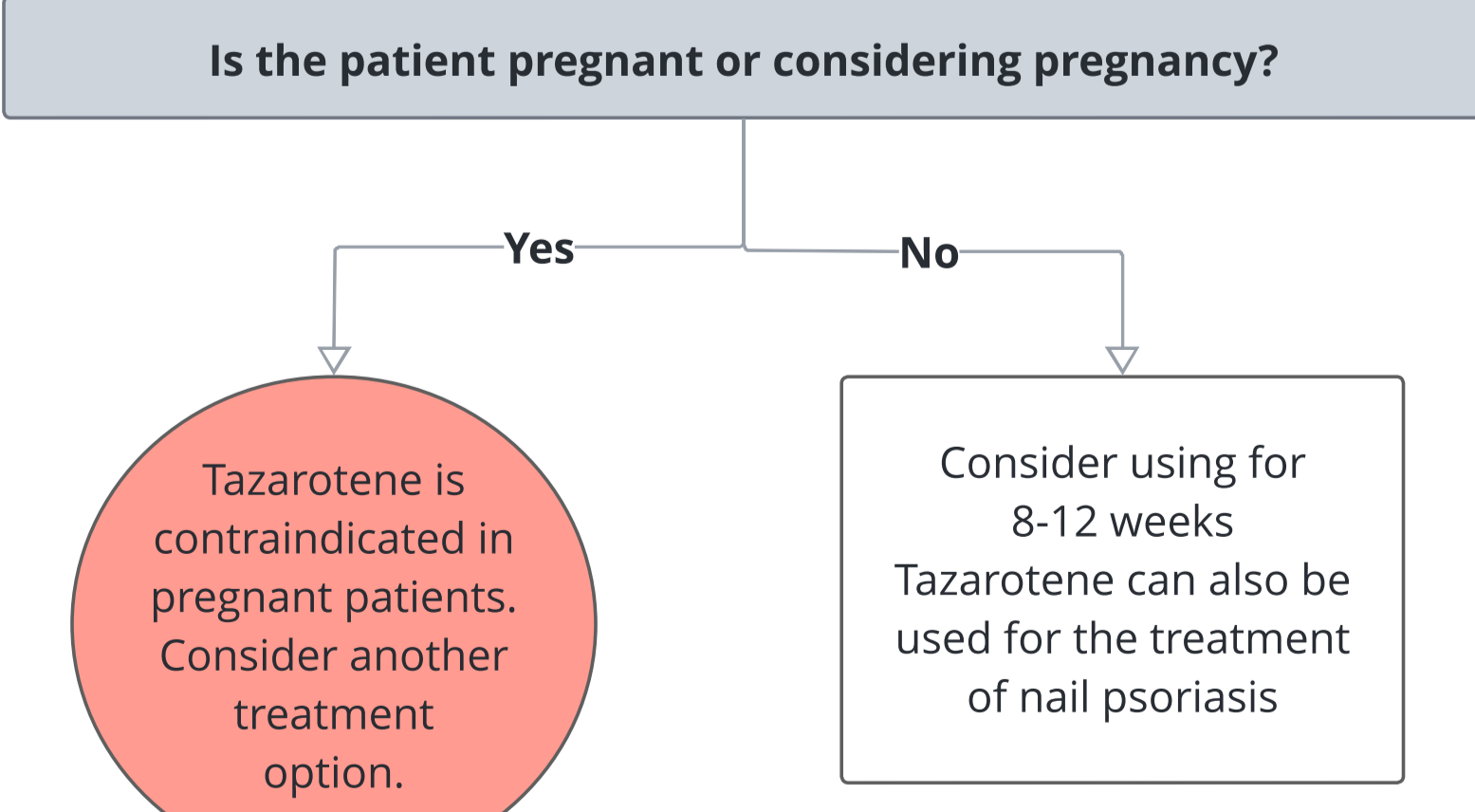
Coal tar/LCD therapy



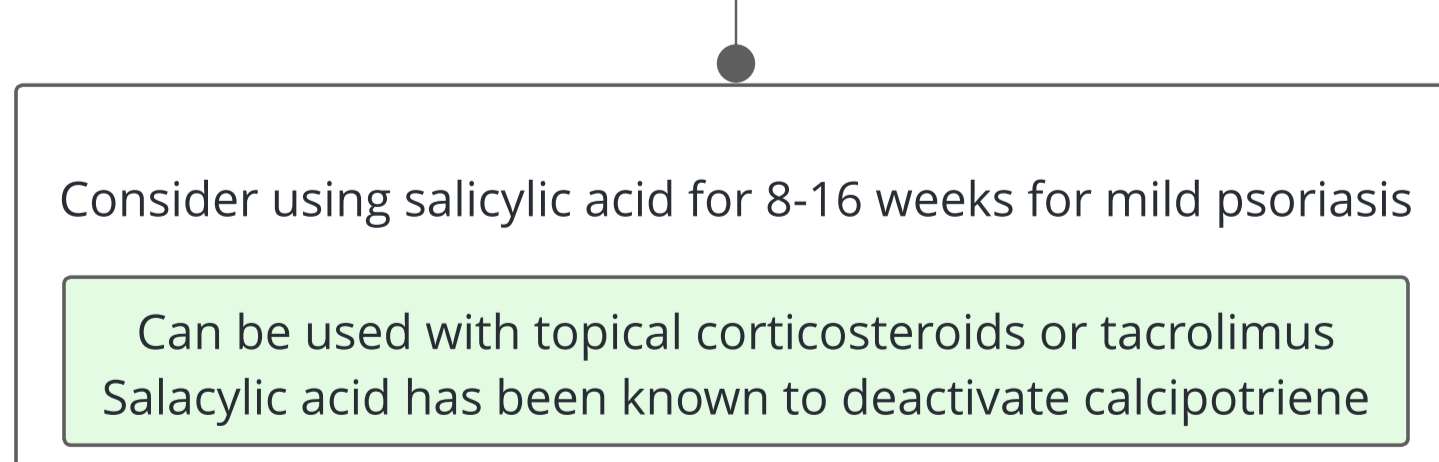
Anthralin Therapy



Tazarotene Therapy



Topical Salicylic Acid



Post-treatment and combination therapy

- Consider patient quality of life when assessing treatment success. Additionally, consider patient satisfaction with the treatment outcome and use shared decision for treatment.
- Expert opinion may be used to determine adequate treatment combinations based on individual patient characteristics and risk factors.

Patient Education & Long-term Treatment of Psoriasis

- Patient Education**
- Education regarding the etiology, natural history, triggers, potential comorbidities, treatment options, and risk profiles
 - Educate patient on the impact of lifestyle on disease severity
 - Consider best educational media sources for patient/family and provide tools. Advise about support groups, such as National Psoriasis Foundation
- Long-term Treatment**
- Shared-decision making is important for the long-term treatment of psoriasis. Additionally, consider patient satisfaction with current treatment
 - Patients should be monitored according to their treatment protocol
 - Consider patient quality of life to select appropriate long-term treatment
 - Consider patient's ability to adhere to treatment protocol to maintain control