



# Preventing Comorbid Disease in Psoriasis

2025 Annual Meeting of the American Academy of Dermatology (AAD) | Orlando, Florida, United States

Thursday, March 6, 2025 | 14:00 – 17:00 EST

Orange County Convention Center | Room W204ABC, Level 2, West Concourse

## PROGRAM CO-CHAIRS

**Bruce Strober, MD, PhD** – *Yale University and Central Connecticut Dermatology, Cromwell, Connecticut, United States*

**Kenneth Gordon, MD** – *Medical College of Wisconsin, Milwaukee, Wisconsin, United States*

## PROGRAM FACULTY

**April Armstrong, MD, MPH** – *University of California Los Angeles, Los Angeles, California, United States*

**Jaqueline Barboza da Silva, MD** – *Santa Cruz University, Santa Cruz do Sul, Brazil – IPC 2021 Fellow*

**Álvaro González-Cantero, MD, PhD** – *Hospital Ramón y Cajal, Madrid, Spain*

**Bryan Guevara, MD, FPDS, FDSP** – *Southern Philippines Medical Center, Davao City, Philippines – IPC 2024 Fellow*

**Joe Merola, MD, MMSc** – *University of Texas Southwestern Medical Center, Dallas, Texas, United States*

**Mio Nakamura, MD, MS, FAAD** – *University of Michigan, Ann Arbor, Michigan, United States – IPC 2023 Fellow*

**Shikha Singla, MD** – *Medical College of Wisconsin, Milwaukee, Wisconsin, United States*

**Jennifer Soung, MD** – *Southern California Dermatology, Santa Ana, California, United States*

## AGENDA

14:00	Welcome and Introduction	Bruce Strober
14:10	The Impact of Psoriasis Therapy on Depression	April Armstrong
14:30	Case Presentation: Psoriasis and Depression	Mio Nakamura
14:40	Panel Discussion	
14:50	The Impact of Psoriasis Therapy on Cardiovascular Disease	Álvaro González-Cantero
15:10	Case Presentation: Psoriasis and Cardiovascular Disease	Bryan Guevara
15:20	Panel Discussion	
15:30	The Impact of Obesity Treatments on Psoriasis	Jennifer Soung
15:50	Case Presentation: Psoriasis and Obesity	Jaqueline Barboza da Silva
16:00	Panel Discussion	
16:10	Debate: Can Psoriatic Arthritis be Prevented in Patients with Psoriasis?	Shikha Singla, Joe Merola
16:50	Panel Discussion	
17:00	Closing Comments	Kenneth Gordon