

Resident International Grant Rotation in Lima, Peru

Introduction

Residents will rotate in the dermatology department of the Universidad Peruana Cayetano Heredia, located in Lima, Peru. Cayetano Heredia Hospital and the adjacent Alexander von Humboldt Tropical Medicine Institute are the major tropical diseases referral centers for Peru. Each year, the Tropical Medicine Institute hosts the renowned Gorgas tropical medicine diploma course. More recently, the Institute and the dermatology department have hosted a week-long course in tropical dermatology. The concentration of a wide spectrum of tropical medicine cases and the well-established teaching tradition at Cayetano make it an incredible opportunity to learn first-hand from expert dermatologists and patients.

Tropical diseases seen at Cayetano include anthrax, bartonellosis, brucellosis, chancroid, leprosy, HTLV-1, leishmaniasis, Chagas disease, strongyloidiasis, cysticercosis, echinococcosis, paragonimiasis, histoplasmosis, sporotrichosis, paracoccidioidomycosis, and chromomycosis.

Language

Fluency or near-fluency in Spanish is required to rotate at this site. Although most of the faculty and trainees speak English, patient interactions, lectures, and most day-to-day conversations will be in Spanish.

Basic Rotation Structure

Residents will attend clinic and lectures with Cayetano faculty and trainees Monday-Friday. This is an observership rotation. Residents will not have local medical licenses and thus are not permitted to provide direct patient care.

Living in Lima and Traveling

Lima, the capital city of Peru, is a large, vibrant, modern city located on the Pacific coast. There is an incredible food scene with diverse, excellent restaurants. There are plenty of cultural activities available including historical tours and museums as well as beautiful parks, promenades along the ocean, and surfing.

Residents stay in rented local apartments or lodgings in the Miraflores area of Lima. Cayetano administrators and RIG directors will assist in obtaining these reservations.

Travel excursions can be easily arranged through local Peruvian tour operators - both weekend trips to nearby locations and longer excursions after the rotation is complete (Macchu Picchu, Amazon cruises, Colca Canyon, Manu National Park, etc). Travel must not interfere with attending all of the scheduled rotation activities.

Costs

The grant covers the cost of lodging, transport to and from the airport, and evacuation insurance (if not provided by the recipient's home institution). Airfare is also covered, and booked directly through the AAD Travel Desk.

Safety

Crime in Lima is similar to many major US cities. Residents will live in a neighborhood that is a low-crime, upscale suburban area.