

Can Psoriasis Affect MORE THAN MY SKIN?

Studies show that psoriasis increases the risk of developing other medical conditions. Be sure to tell your dermatologist if you have any of these signs or symptoms.

Eye Problems

- Eyelids stick together and are difficult to open, especially when you wake up — or are swollen, itchy, or sore
- Eyelashes: Crusty or greasy
- Redness, tearing, or a thick, yellow discharge from your eyes
- Dry eyes or eyes that are red, painful, and light sensitive
- Blurry vision or seeing dark, floating spots

Diarrhea, pain in abdomen, fever

Psoriasis may increase the risk of developing Crohn's disease.

Weight gain

Many people who have psoriasis gain a substantial amount of weight. Also, overweight patients are more likely to get psoriasis. The extra weight and psoriasis put you at risk for developing other conditions like:

- High blood pressure
- Unhealthy cholesterol levels
- Heart and blood vessel disease
- Diabetes

Mood changes

Feeling anxious, sad, or having thoughts of suicide.

Swollen or bleeding gums, gums pulling away from your teeth

These are signs of periodontal disease, which has been found to occur more often in people who have psoriasis.

Fatigue, pain in the upper right abdomen, unexpected weight loss

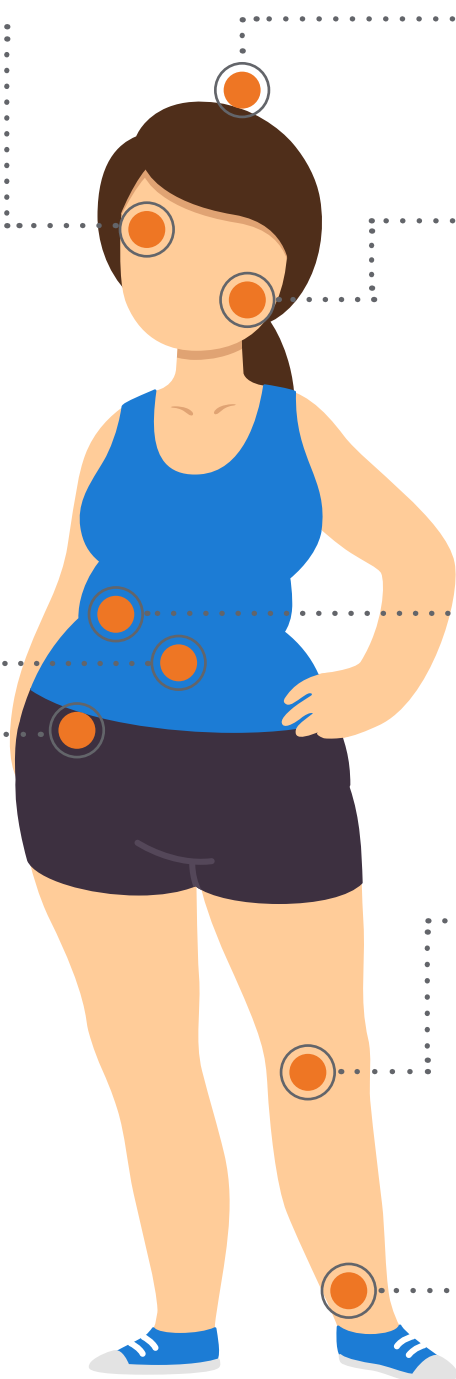
Psoriasis increases the risk of developing liver disease.

Painful, stiff joints

One or more swollen or stiff joints, especially when you wake up, could be a sign of psoriatic arthritis. Early diagnosis and treatment can prevent severe arthritis.

Urinating less, retaining fluid (swollen legs, ankles, or feet), feeling drowsy or fatigued

Severe psoriasis may increase the risk of developing kidney disease.



If you have questions about how to care for your skin, talk to a board-certified dermatologist. Learn more at [aad.org/public](https://www.aad.org/public).