

DID YOU KNOW?

Hair Lice Handout, ages 8-10



“Lice” is plural for “louse”.

If you are only talking about one of the bugs, it is called a louse!



Lice don’t fly or jump.

They spread when people share hats, pillows, clothes, or get close with each other.



Getting lice really common!

About 6-12 million children from ages 3-12 get lice every year—but of course adults can get lice to! Anyone can!



You will find lice and their eggs, called nits, in your hair.

Nits are really small and hard to scrape off. You can use a special lice comb to get them out.



You should wash everything!

If you have lice, make sure you wash all your bedding and clothes. If someone you know has lice make sure a parent or guardian looks through your hair and clothes carefully for nits or lice.



Lice like all hair.

It does not matter if you have the cleanest hair or the dirtiest hair, lice like all of it!



You can easily treat them.

Just make sure your parent or guardian buys the special shampoo to treat lice. It will come with a special comb to help you get those stubborn nits out as well!

