

# SKIN HEALTH

**Subtopic:** Hair Lice **Age Group:** 8-10 **Time:** 45 min

## OBJECTIVE: SWBAT

- State lice can affect anyone and enjoy both clean and dirty environments
- Identify that lice are bugs
- State that lice are easily treatable

## MATERIALS

- *What A Lice Day* handout (enough for all the students)
- *Lice Day Follow-Up Questions* (only 1 for Facilitator)
- *Lice Facts* handout
- Something to pass around like hot potato (small ball, stuffed animal, even a crumpled piece of paper)
- Music (optional)

## ASSESSMENT

- During Guided Practice, Facilitator will assess discussion and whether students understand the ideas of the *What A Lice Day* handout.
- During the Closing, Facilitator will be able to evaluate if students grasped the subject matter based on students' answers to True or False questions.

## OPENING

**3 min**

1. Facilitator asks students, "Do you like bugs?"
  - a. Facilitator allows students to respond/react.
2. Facilitator then asks, "How about bugs in your hair?"
  - a. Facilitator allows students to respond/react.
3. Facilitator explains today they will be learning about lice. S/he asks if anyone has ever heard of lice and/or what they know about it.
4. Facilitator says they are going to learn more about it today because there are a lot of misconceptions about lice.

## INTRODUCTION TO NEW MATERIAL

**10 min; Materials: *What A Lice Day* handout**

1. Facilitator hands out *What A Lice Day* handout to students.
2. Depending on group, Facilitator can read it out loud, students can take turns reading, or students can read in pairs.
  - a. If Facilitator reads out loud, s/he should emphasize bold sentences and read enthusiastically.

## GUIDED PRACTICE

**10-15 min; Materials: *Lice Day Follow-Up Questions*, *Lice Facts* handout**

1. Facilitator then asks some or all of the follow-up questions:
  - a. Why did Squeaky decide to go to the nurse?
  - b. What are lice?
  - c. Do you know anyone who has ever had lice?
    - i. What did you think when you found out?
  - d. Why do you think the other kids called him "gross" and "disgusting?"

- 
- e. How do you think Squeaky felt when the other kids made fun of him?
    - i. Was it okay for them to do that?
  2. Facilitator then passes out *Lice Facts* handout and goes through each fact with students. Students can read out loud or Facilitator can go through each one.
- 

## INDEPENDENT PRACTICE

None.

---

## LOSING

**5-10 min; Materials: Ball/crumpled paper/small object to pass around, Music (optional)**

1. Facilitator asks all the students to stand up and get in a circle/sit in a circle/arrange desks in a circle.
2. Facilitator explains they will be playing True or False Hot Potato. Students will pass around ball (or whatever is being used to be passed around) until either music stops or Facilitator says, "Stop." Student who has the item has to answer the question. If it is False, they have to say the correct answer.
3. Facilitator hands item to be passed around to a student. Facilitator turns around and either turns on music, hums, or just waits.
4. When ready, Facilitator turns off music or says, "Stop!"
5. Facilitator then finds student with item and asks question before repeating steps 3 and 4.
6. Sample True or False questions:
  - a. Baby lice are called nits. (False: Eggs are nits.)
  - b. Lice don't jump or fly. (True: Spread from clothes by crawling.)
  - c. Only kids get lice. (False: Anyone can get lice.)
  - d. Lice like both clean and dirty hair. (True.)
  - e. The boy's name from the story was "Jumpy." (False: Squeaky.)
  - f. Lice is only one bug. (False: louse is only one bug.)
  - g. Nits come out easily from your hair. (False: You have to scrape out nits with a special comb.)
  - h. You can use hot water to treat lice. (False: You need special shampoo.)
  - i. You should wash all your clothes and bedding if you find out you have lice. (True.)
  - j. Lice make your head itchy when they bite you. (True.)
  - k. Lice is not common. It is very rare for people to get lice. (False: It is very common. Extra info for Facilitator to reinforce: 6-12 million kids age 3-13 get it every year.)
  - l. People get lice because they are dirty. (False: Anyone can get lice. Even if you shower three times a day!)