

COMBINATION	DRY	OILY
<ul style="list-style-type: none"> <li>• Combination of oily and dry skin</li> <li>• T-zone: Forehead, nose, and chin are oily</li> <li>• Cheeks tend to be dry</li> </ul>	<ul style="list-style-type: none"> <li>• May have dry, flaky skin</li> <li>• Eczema prone</li> <li>• Sometimes itchy</li> </ul>	<ul style="list-style-type: none"> <li>• Prone to acne and breakouts</li> <li>• Shiny skin</li> </ul>

## SKIN CARE SUGGESTIONS

### FACE CLEANSER

- **Combination:** Mild cleanser
- **Dry:** Gentle or creamy cleanser
- **Oily:** Oil-free, non-comedogenic (does not block pores) foaming cleanser that contains salicylic acid or benzoyl peroxide

### MOSTURIZING

- **Combination:** Medium-weight moisturizer with broad-spectrum sunscreen
- **Dry:** Moisturizer with broad-spectrum sunscreen applied right after washing face while face is still damp
- **Oily:** Lightweight and non-comedogenic (does not block pores) that contain broad-spectrum sunscreen; there are oil-free moisturizers and broad-spectrum sunscreens that may be used.

### FREQUENCY

- The number of times you wash your face will depend on your skin type. Two people may have dry skin but varying degrees of dryness. Speak with your dermatologist about this and about the types of products you should be using.